

STOP RACISM

It Starts with Me



Metro North Health does not tolerate any form of racism or discrimination within our hospitals and health services.

“It makes me feel small, unworthy, my voice is not heard. I feel isolated, judged, and not welcome in spaces. It also makes me anxious, fearful, and avoidant to certain places that are not culturally safe and may cause me mental, verbal, or physical harm. I find it exhausting most of all, that I have to worry about facing racism every day of my life”

Community Member

We all have a duty to eliminate racial discrimination and institutional racism against Aboriginal and Torres Strait Islander peoples.

This means:

- Providing culturally safe, inclusive care
- Supporting equal access to health services
- Listening to and respecting Aboriginal and Torres Strait Islander voices
- Challenging racism wherever it appears

SEE IT. CHANGE IT. TOGETHER WE CAN STOP RACISM.



If you see or experience racism, report it via our central reporting system RISKMAN or directly to the Respect@Work Team. Your feedback helps drive real change.

For further information and instructions on how to report search ‘stop racism’ on qheps.

metronorth.health.qld.gov.au/better-together-van/stop-racism



This initiative is supported by the Aboriginal and Torres Strait Islander Leadership Team, Metro North Health

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