Metro North Hospital and Health Service Putting people first

Come and try A Come and try B Come a

Thursday mornings 9am–11am

RE

Just bring a hat, sunscreen, a water bottle and heaps of enthusiasm.

All equipment provided.

Brighton Wellness Hub Cnr Nineteenth Avenue and Hornibrook Highway, Brighton Qld 4017 phone: 07 3631 7568 email: COH-Engagement@health.qld.gov.au https://metronorth.health.qld.gov.au/community/locations/brighton-wellness-hub

