

**COMMUNITY AND ORAL HEALTH  
BRIGHTON WELLNESS HUB**

**Metro North Health**

**Brighton Wellness Hub Bulletin**

Hi All,

This is a friendly reminder that the Hub has now finished its formal activities for the year.

We hope you all can join us on Monday for our end of year celebrations.

Thank you for another amazing year.

**Brighton Wellness Hub - End of year celebration**



## BRIGHTON WELLNESS HUB

You're invited;


Please come along and join in the Christmas cheer as we celebrate another successful year at the Brighton Wellness Hub.

When: Monday 11<sup>th</sup> December

Where: Brighton Wellness Hub

Time: 10.00 am - 12.00 pm

Please bring along a plate to share



## Are you interested in becoming a Volunteer for Community and Oral Health?



Community & Oral Health (COH) offers a broad range of quality community-based health-care and support services to help people improve and maintain their well-being and independence. COH operates community health facilities across the Brisbane North region, from inner-city Red Hill to bayside Brighton.

The volunteer program manages Volunteers across the service. Our Volunteers work alongside health-care staff to provide support, companionship and care for our clients, patients and residents and their loved ones.

### **Volunteer with us:**

Volunteers play an important role in helping us care for our patients and residents.

[Find out more >>](#)

## Would you like to partner with us?

### Your voice matters in health!

We are seeking current or past patients of Queensland Health who are interested in helping design and deliver better community services. You may also be a family or a carer of a patient/client who has or is using health services.

Become a Consumer Representative today and share your voice and help us improve current and future service development.

Click This link: [Partner with us - Consumer Expression of Interest Form - Community and Oral Health](#)

### **Potential involvement opportunities:**

- reviewing and providing feedback on draft brochures/flyers;
- being invited to community events;
- participating in workshops/focus groups; and

- many more opportunities to be involved in different engagement activities.

[Find out more >>](#)



# Your Guide to Metro North Oral Health Services



Metro North  
Health



Queensland  
Government

## Metro North Oral Health Services



**COME JOIN US**

Brighton Wellness  
Hub



If you would like more information about the Brighton Wellness Hub

Please Contact our team:

Brighton Wellness Hub  
crn 19th Avenue and Hornibrook Highway, Brighton

Phone: 3631 7568

Email: [COH-Engagement@health.qld.gov.au](mailto:COH-Engagement@health.qld.gov.au)

Web: [Brighton Wellness Hub - Community and Oral Health](#)