

# BRIGHTON WELLNESS HUB

FREE

## Dementia Australia @ the Hub

Dementia Australia are the national peak body for people impacted by dementia in Australia. We work with the community to raise awareness, change perceptions, and challenge stigma and support people impacted by dementia, to enable them to live as well as possible.

We want to inspire a shift in the conversation about dementia and support people, local communities, and organisations by equipping them with the tools and knowledge needed to make our society more dementia friendly.

Families, carers, and friends play a crucial supporting role in the care of someone living with dementia. That's why we provide practical and emotional assistance to families, carers, and friends at every stage, from pre-diagnosis onwards.

When: Friday 1<sup>st</sup> March, 2024

Where: Brighton Wellness Hub  
(crn Nineteenth Ave, Brighton 4017)

Time: 9.30 am – 11.00 am  
Drop in Service



Together we can reshape  
the impact of dementia

Metro North  
Health



Queensland  
Government