

# BRIGHTON WELLNESS HUB



FREE

Learn how to advocate for yourself or loved ones in the aged care system at our event - make sure your voice is heard!

At this information session, the independent expert will answer some key questions, about aged care such as:

- I don't want to go into a nursing home, what are my options?
  - How much does it cost, and can I afford it?
  - When should I look at getting aged care supports?
- I feel like people are making aged care decisions for me, shouldn't I be able to have a say?

When: Wednesday 29<sup>th</sup> May, 2024

Where: Brighton Wellness Hub  
(crn Nineteenth Ave, Brighton 4017)

Time: 10.00 am – 11.30 am

Tickets here: [ADA Australia ticket Brighton Wellness Hub](#)

