



International Day of
People with Disability

BRIGHTON WELLNESS HUB

& REHAB!

Come and celebrate the strengths, abilities, and resilience of people with disabilities in our community!

This free event is designed to raise awareness, promote inclusion, and showcase the valuable services offered by the Brighton Rehabilitation Team and the Brighton Wellness Hub.

What to expect:

- Behind the Scenes Tour of the Brighton Rehabilitation unit
 - Guest speakers
- Walk along the Brighton waterfront between the Rehab gym and the Hub
 - Activities, food and drink at the Hub

When: Wednesday 4th December 2024

Where: Start at Brighton Dolphin House,
walk to Brighton Wellness Hub
(see map)

Time: 8:30am – 11:30am

Register : for a free ticket, click here >
[Eventbrite link to register](#)
or call Rebecka 3631 7568



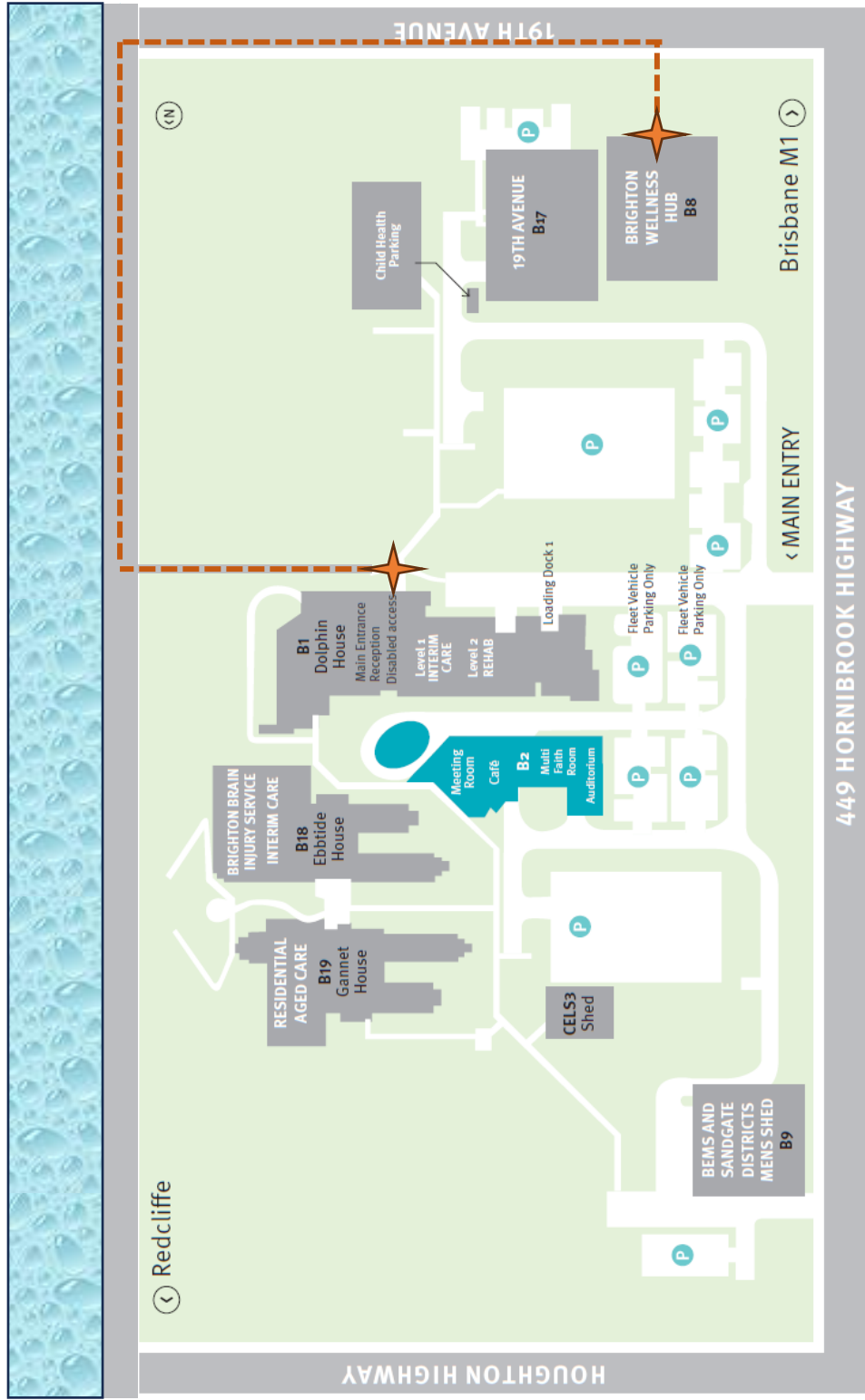
Learn how the Brighton Rehab team and the Brighton Wellness Hub can support your wellness goals!



Metro North
Health



Queensland
Government



Pick up at event end is from Brighton Wellness Hub

Meet at Dolphin House at 8:30am for Rehab tour. Café is open if you arrive earlier.