### COMMUNITY AND ORAL HEALTH BRIGHTON WELLNESS HUB

Metro North Health

Brighton Wellness Hub Bulletin - Bright 'N' Sparks Choir Countdown

Dear Bright 'N' Sparks choir family,

The countdown is on for the debut concert, and we couldn't be more excited!

Please see below everything you'll need to know about the concert.

Remember please to register for a free ticket (as a performer) so we can keep a track of who will be joining. Also please share the flyer with your friends and family and neighbours - we welcome any friendly faces to join us and be a part of celebrating your amazing progress this year. We just ask that they register for a free ticket, so we know how many chairs and how much morning tea to prepare.

At Brighton Wellness Hub, we're committed to providing you with the tools and resources needed to achieve a healthy life. We invite you to visit the hub, open from 8:30 AM to 4:00 PM weekdays, and embark on a path to holistic well-being with us.

See you soon at Brighton Wellness Hub!

#### Stay Updated at Brighton Wellness Hub!

What's on @ the Brighton Wellness Hub - Click here

Check our webpage for weekly schedules and details. Questions? Call Rebecka 3631 7568.

See you there!

**Bright "N" Sparks Choir** 



Come celebrate the choir's progress at their debut concert! Morning tea and refreshments included

When: Saturday 2nd November 2024

Time: 9:30am - 12noon

Where: Brighton Health Campus Auditorium

(449 Hornibrook Highway, Brighton, 4017)

Register: for a free ticket, click here >

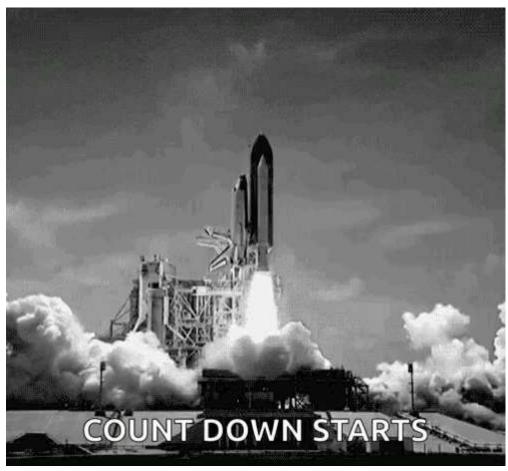
Eventbrite Concert link or call Rebecka 3631 7568



#### All welcome to attend!

Metro North Health





### **Bright 'N' Sparks**

"Brisbane North Dementia Choir"

### 3 weeks to go until the concert!

When: Saturday 2nd November 2024

Where: Brighton Health Campus Auditorium

**Time:** 9.30am - 12.00 pm

Cost: FREE

Bookings are required, please call Rebecka 3631 7568 or

Get your tickets here >>

# Instructions for singers

What to wear	Block (plain) colour shirt (see rainbow ^ for colour inspiration) Black bottoms with black shoes Uniform vest will be provided
Songs to sing	<ul> <li>1 - In My Life</li> <li>2 - I Still Call Australia Home</li> <li>3 - Top of the World</li> <li>4 - Amazing Grace</li> <li>7 - The Happy Wanderer</li> <li>8 - He's got the Whole World in His Hands</li> <li>11 - The Mickey Mouse March</li> <li>12 - Morning Has Broken</li> <li>16 - Snowbird</li> <li>18 - Supercalifragilisticexpialidocious</li> </ul>

## Agenda

Time	Activity
8:30 – 9:30am	Setting up
9:30am	Doors open
9:50am	Choir and audience find seats
10:00 – 10:05am	Introductions and welcome
10:05 – 10:50am	Choir performs
10:50 – 11:00am	Speeches
11:00 – 12noon	Morning tea and pack up

# "Spark Change: Volunteer with Community and Oral Health Today!"

Community & Oral Health (COH) offers a broad range of quality community-based health-care and support services to help people improve and maintain their well-being and independence. COH operates community health facilities across the Brisbane North region, from inner-city Red Hill to bayside Brighton.



The volunteer program manages Volunteers across the service. Our Volunteers work alongside health-care staff to provide support, companionship and care for our clients, patients and residents and their loved ones.

#### **Volunteer with us:**

Volunteers play an important role in helping us care for our patients and residents.









# COME JOIN US Brighton Wellness Hub











If you would like more information about the Brighton Wellness Hub

Please Contact our team:

Brighton Wellness Hub crn 19th Avenue and Hornibrook Highway, Brighton

Phone: 3631 7568

Email:COH-Engagement@health.qld.gov.au Web: <u>Brighton Wellness Hub - Community and Oral Health</u>