Welcome to Geriatric Evaluation and Management in the Home (GEMITH)

What is **GEMITH?**

GEMITH is a free Queensland Government funded service that provides care in your home. You will still be considered an inpatient of the hospital while on the GEMITH program. The aim of the service is to provide care at home instead of in hospital or a health clinic.

Hours and Contact information:

Services provided seven days a week from 7.00am-4.30pm

Phone: Weekdays: (07) 3049 1319 Weekends: (07) 3049 1414 After-hours: 1800 749 239

For urgent medical assistance call 000

What happens when I am discharged from GEMITH?

GEMITH staff will make any referrals to other services if you require longer term support, and handover care to your GP.

The team comprises of the following staff:

Geriatrician:

- Specialist doctor who provides care for older people.
- Provide oversight and management of your care under the service.
- Can request tests and scans as required.
- Liaise with your usual care team.

Nurses:

- Monitor health conditions following transfer from hospital.
- Manage intravenous medications and injections and wound dressings as directed by the Doctor.
- Provides education on health issues as necessary.
- Assess patient's suitability for hygiene assistance if needs indicate this is required.

Occupational Therapist:

- Review how you manage in your home environment.
- Advise on home safety including bathroom and toilet safety/equipment.
- Organise equipment loan (eg. shower chairs) for a trial period.
- Discuss different ways to maintain your independence at home.

Physiotherapist:

- Comprehensive assessment of your mobility, walking, equipment safety, and risk of falls.
- Physical rehabilitation through customised exercise program focussing on your strength, balance, optimising mobility and falls prevention.
- Loan appropriate mobility equipment (eg. wheelie walker) for a trial period.

Clinical Assistant:

- Assist with delivering and setting up loaned equipment at home.
- Supervise home exercise programs.
- Support activities prescribed by other staff members.

Social Worker:

- Provide information on government and non-government services available in the community (eg. Centrelink, ACAT and Carer Support services).
- Discuss legal documentation eg. Enduring Power of Attorney & Wills.
- Provide counselling and support to patients and their families as needed.

Pharmacist:

- Review your medications and dispense any new medications if required.
- Medication education and counselling.

Speech Pathologist:

- Assess and manage swallowing difficulties
- Assess and manage communication difficulties
- Provide education and support to patients and their families

Dietitian:

- Assessment, education and intervention on nutritional requirements
- Education and intervention for those with or at risk of malnutrition
- Nutrition supplement advice

Administration Officer:

- Available Monday to Friday 8.00am to 4.30pm on 3049 1414
- Be available to take your phone calls and messages for our staff members as required