

Community and Oral Health

Brighton Wellness Hub

Metro North Health

Bright 'N' Sparks Dementia Choir – Term 1 2026

Special message for the Bright 'N' Sparks Dementia Choir.

Happy New Year for 2026!

Starting rehearsals this Friday 30th January - we are so excited to welcome new and returning singers. Don't forget there is no charge this year! For now, we have funding to cover costs and are very happy to not need to charge a fee for participating.

Conductor Katie has kindly put together a bit of a practice list on Youtube for you to familiarise yourself with some of this year's songs. [Link here](#).

Being a new year, I have a new intake form to learn a little bit about you all and have some details that can be used in the case of an emergency.

If you'd like to complete online, [follow this link](#) - otherwise there will be paper copies available when you check in.

If you still have previous lyric folders, please return as we have all new songs and want to make sure there are enough folders to cover everyone. This year I'll be keeping a track of who has what number folder to minimise folders going missing.

See you soon at Brighton Wellness Hub!



Stay Updated at Brighton Wellness Hub!

[What's on @ the Brighton Wellness Hub - Click here](#)

See you there!

Important date reminders for the choir:
(Please see regular newsletter for other Hub dates)

- 30/01/2026 - Choir term 1 restarts!



Brighton Wellness Hub - Monthly Birthday Celebrations:

Hey there, party people! 🎉 Guess what?

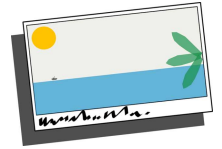
On the last Monday of every month, it's time to break out the cake and confetti because we're celebrating birthdays at Brighton Wellness Hub! 🍰 🎈

Calling all community members, clients and volunteers, come join the fun and let's make your special day extra memorable!

If you celebrate your birthday in February, please feel free to join us on Monday the 23rd February at 10.00am.



Choir Memories



A big thank you from SANDBAG community centre to the choir for singing at their community Christmas lunch. SANDBAG even donated \$150 to the choir in thanks!





Call Out for Donations

Do you have some spare, or know someone who does?

We are on the lookout for some supplies to help support activities at the Hub.

- Crochet hooks
- New small gifts - for bingo prizes



JPs in the Community



Are you in need of document certification?

Our Justice of the Peace (JP) drop-in service at the Brighton Wellness Hub is here to assist you!

Join us every Thursday from 10:00 am to 11:00 am for on-the-spot certification of your important documents.

Whether it's affidavits, statutory declarations, or other legal documents, our Justice of the Peace (JP) will be available to help.

No appointment necessary – just drop by during the designated hours and our friendly team will be happy to assist you

[more information here >>](#)

"Spark Change: Volunteer with Community and Oral Health Today!"

Community & Oral Health (COH) offers a broad range of quality community-based health-care and support services to help people improve and maintain their well-being and independence. COH operates community health facilities across the Brisbane North region, from inner-city Red Hill to bayside Brighton.



The volunteer program manages Volunteers across the service. Our Volunteers work alongside health-care staff to provide support, companionship and care for our clients, patients and residents and their loved ones.

Volunteer with us:

Volunteers play an important role in helping us care for our patients and residents.

[Find out more >>](#)

Join Us in Transforming Healthcare: Your Experience Can Make a Difference!

Become a Consumer Representative today and share your voice and help us improve current and future service development.

Click This link: [Partner with us - Consumer Expression of Interest Form - Community and Oral Health](#)

"Exciting Involvement Opportunities Await You:

- Review and Provide Feedback on Draft Brochures/Flyers
- Attend Exclusive Community Events
- Participate in Engaging Workshops/Focus Groups
- And Many More Ways to Get Involved in Various Engagement Activities!"

[Find out more >>](#)



Your Guide to Metro North Oral Health Services



Metro North
Health



Queensland
Government

Metro North Oral Health Services



COME JOIN US
Brighton Wellness
Hub





If you would like more information about the Brighton Wellness Hub

Please Contact our team:

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Web: [Brighton Wellness Hub - Community and Oral Health](#)