Brighton Wellness Hub

Brighton Wellness Hub (Corner Nineteenth Avenue, Brighton)
Supporting our community to age in health and wellness
What's on at the Hub? December to January





NOV	DECEMBER												
mon	tue	wed	thu	fri	sat	sun	mon	tue	wed	thu	fri	sat	sun
30	1	2	3	4	5	6	7	8	9	10	11	12	13
Activities running							Activities running						
DECEMBER													
mon	tue	wed	thu	fri	sat	sun	mon	tue	wed	thu	fri	sat	sun
14	15	16	17	18	19	20	21	22	23	24	25	26	27
			AA		AA					AA		AA	
Staff may be onsite – call first					Hub Closed								
DECEMBER				JANUARY									
mon	tue	wed	thu	fri	sat	sun	mon	tue	wed	thu	fri	sat	sun
28	29	30	31	1	2	3	4	5	6	7	8	9	10
			AA		AA					AA		AA	
Hub Closed							Staff may be onsite – call first						

*AA continues to run regardless of closures of public holidays

Hub activities return January 11th!
See weekly schedules for specific details.
If you want to be kept up to date with monthly email newsletters – contact Rebecka before Friday 11th December

Phone: (07) 3631 7568 **Email: COH-Engagement@health.qld.gov.au**
Website: https://metronorth.health.qld.gov.au/community/locations/brighton-wellness-hub