

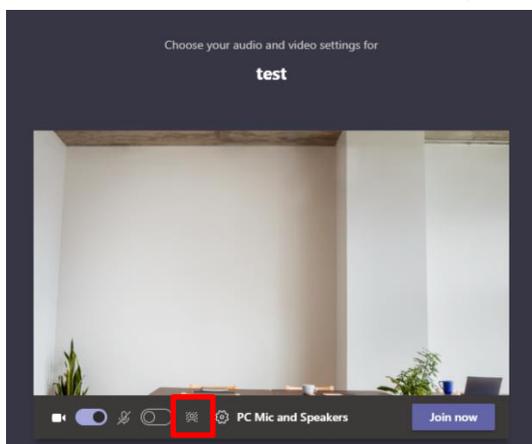
Microsoft Teams Meeting - Blur your background

We understand your need for privacy, blurring the background means you can participate in virtual meetings with comfort.

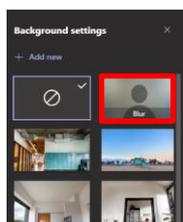
Important: Blurring might not prevent sensitive information from being visible to other meeting participants.

Blurring before a meeting

1. To blur your background before a meeting, click the icon of the person with the lines in the background.



2. The background settings panel will appear on the right-hand side, select the **blur effect**. There are other effects which can be used when suitable.



3. Click **Join now** to enter the meeting.

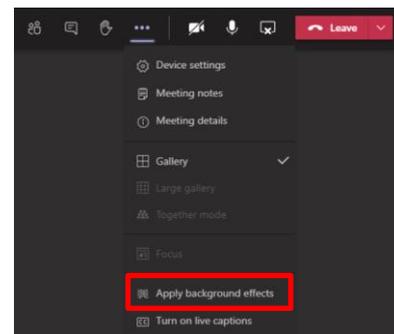


Blurring during a meeting

1. To turn on background blur during a meeting, go to your meeting toolbar and click on the **three dots**.



2. Click on **Apply background effects**.



3. On the right-hand side, the background settings panel will appear. Select the blur effect and click **Apply**.



Note: There are other background effects which can be used when suitable.

4. Close the **Background settings** by pressing the **X** in the top right corner.

