

# Correct use of high level PPE

How to fit and remove personal protective equipment in the correct order

## FIT IN THIS ORDER



1. Perform hand hygiene



2. Put on **long sleeved fluid impervious gown**



3. Put on **appropriate mask** i.e P2 (N95) or surgical mask



4. **Perform a fit check** of the mask if wearing a P2 (N95)



5. Put on **eyewear/ faceshield**



6. Put on **gloves**



## REMOVE IN THIS ORDER



1. Remove gloves



2. Perform hand hygiene



3. Remove gown



4. Perform hand hygiene



5. Remove protective eyewear/faceshield



6. Perform hand hygiene



7. Remove Mask



8. Perform hand hygiene

**For further information refer to your local Infection Control Unit**