



**22 April 2022**

Dear colleagues,

- Current situation
- Close contact restrictions
- International arrival restrictions
- Staff testing

There are 8080 new COVID cases reported in Queensland.

### **Current situation**

We currently have 579 COVID patients in our care, including 91 inpatients with 4 in ICU. The numbers are gradually declining.

Today we still have 688 staff out of the workplace either as close contacts or COVID positive. We continue to work through the Critically Essential Worker process to bring people back when possible.

Metro North is still in [Tier 4](#) of our COVID response plan.

We will move to Tier 3 from 7am Tuesday 26 April, after the long weekend. This means an increase in planned care and some face-to-face training and meetings will resume.

### **Close contact restrictions**

From 6pm Thursday 28 April, quarantine requirements for close contacts are being removed.

A close contact of a COVID-19 case can go about their daily lives provided they:

- Have no COVID-19 symptoms
- Test negative every second day for a week from the day of becoming a close contact (days 0, 2, 4 and 6)
- Wear a mask outside of home for 7 days, indoors and outside where you can't socially distance
- Don't visit any vulnerable settings for 7 days (hospitals and aged care facilities)

- Let their employer know they are a close contact, and work from home if possible.

Please note, as all Metro North facilities are considered vulnerable, we will continue work through the Critically Essential Worker requirements for returning close contact staff to work.

Anyone who has any COVID-19 symptoms must isolate at home until symptoms resolve, even if they test negative on a RAT.

### **International arrival restrictions**

Also from 6pm Thursday 28 April, quarantine requirements for international arrivals (vaccinated and unvaccinated) will be lifted, provided they:

- Have no COVID-19 symptoms
- Test negative within 24 hours of arriving, or if any symptoms develop
- Don't visit any vulnerable settings for 7 days (hospitals or aged care facilities)

Anyone who has any COVID-19 symptoms must isolate at home until symptoms resolve, even if they test negative on a RAT.

Metro North staff must get approval from your local incident controller (via your EOC) to return to work within the first 7 days of returning from overseas.

### **Staff testing clinics**

If you have any COVID symptoms, please get tested.

Staff can access PCR tests at TPCH and Redcliffe fever clinics. Other sites have RAT kits available.

Details of where to get a COVID test are available on the [COVID extranet](#).

Regards,

Louise O'Riordan  
Metro North Health Incident Controller

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**Current Metro North Health tier activated – [Tier 4](#)**

### **Helpful links**

- [Register your positive RAT result](#)
- [Upload evidence of your vaccine or booster](#)
- [Vaccination locations](#)
- [Qld Health general COVID-19 page](#)
- [Metro North COVID-19 extranet](#)
- [COVID vidcast recordings on QHEPS](#)

**Metro North Health – overview of cases\***

HHS	Patients managed by HHS				Fever clinics		
	Total in-patients			Virtual ward/ HITH/ similar	Deaths**	No. of clinics	Presentations
	91	ICU patients					Yesterday
MN total		ICU not ventilated	ICU ventilated	488	63	3	165
	0	4					
Norfolk Island total ****	Total in-patients		HITH /Home monitored	Total cases including recovered	Deaths	Close Contacts in quarantine	
	0	ICU Not ventilated					ICU ventilated
			0	0	33	236	0

Data as at 22/4/2022

\*\*Metro North Health has 63 recorded deaths (one person a return traveller into NSW, who passed away in NSW)

\*\*\* As part of an Intergovernmental Agreement, from 1 January 2022 Metro North Health is providing a number of health support services to Norfolk Island. This includes advice and support to staff on island in terms of managing COVID patients. The numbers in this section of the table refer to COVID patients who remain on Norfolk Island and are receiving direct care by staff on Norfolk Island