



Dear colleagues

While the weather is warming up and we say goodbye to the last few days of winter, we still need to be mindful of respiratory illness in the community and the impact this has on our hospitals.

We know a surge of respiratory illness makes our hospitals busy places, so stay safe where you can – avoid coming into work if you are unwell, and ensure you wear a fit-tested mask in instances where you need to.

John is just one of our Fit Testing team at The Prince Charles Hospital, performing the important role of checking everyone’s mask is the right size for their specific face.



While sometimes we might need to remove our facial hair to ensure a proper fit – John says he has some answers for that, including a snazzy beard and moustache guide to assist! He reckons the ‘Zappa’, ‘Walrus’ or ‘Zorro’ still ensure an adequate seal.

Please be kind to our Fit Testing team and be sure to visit them at your nearest location if you are due for a follow-up check on your mask fit.

You can [make a booking here](#).



### Dignity at STARS patient clothing initiative

Some of our patients who may arrive at STARS without suitable rehabilitation attire can now receive donations of clothing and shoes to meet their needs through the Dignity at STARS program.

The initiative will see STARS partner with community organisation ‘Thread Together’, alongside funding from RBWH Foundation, to provide new clothing, shoes and toiletries for patients that arrive at STARS without the items they need.

In the rehabilitation space, having patients dress in clothing rather than the purple hospital gowns means a shift in mindset from ‘sick person’ to active participant in their own recovery. Congratulations to the team behind this patient-focused initiative!

### Wear It Purple Day

While we are moving rehabilitation patients out of their purple gowns where possible, we would love to see our staff in purple next Friday, 30 August 2024, for national Wear It Purple Day. Wear It Purple Day is a day to encourage Pride for LGBTQIA+ youth in Australia.

I hope to see as many of you as possible sporting your best purple looks on Friday in support of this important cause. Our Pride in Metro North team are calling for team photo submissions from the day, so be sure to dress up and snap a photo for [PrideInMetroNorth@health.qld.gov.au](mailto:PrideInMetroNorth@health.qld.gov.au).

Regards,

Jackie



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We respectfully acknowledge the Traditional Owners and Custodians of the land on which our facilities are built. We also pay respect and acknowledge Elders past, present and the future.



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