Executive Message Metro North Health

Chief Executive Adj. Prof. Jackie Hanson



Dear colleagues,

Do you feel happy at work? I hope you do, but if you need some inspiration to find the extra bit of joy in each day, our Community and Oral Health Directorate might have the answer! COH has proclaimed this week the 'Week of Happiness and Staff Appreciation', with a list of activities rolling out from colourful shirts on Monday, to crazy hair and hats on Wednesday, through to footy final fever today, where staff have worn their jersey to work. While these novelty days don't take much to get involved, they bring cheer to our workspace and also to the patients around us. I encourage you to find your way of bringing some happiness to the workplace next week.

Celebrating excellence

Our Staff Excellence Award nominations are open across Metro North Health, so please <u>nominate someone</u> if you haven't already. The awards are open to admin, operational and clinical staff across the categories. Locally, the awards are rolling out across our facilities and I was fortunate enough to attend the CKW staff awards recently. They saw a whopping 180 nominations. I was truly impressed by the morale behind this and want to say congratulations to everyone nominated and who received an award. Dr Lindsay Cochrane took out the top gong – well done Lindsay!

I also attended the Pride in Metro North workshop just recently and was pleased to be involved with this group and to hear the ideas from those who are champions for Pride in the workplace. If there is an opportunity to join one of these groups to make Metro North Health a better place to work, please do.



Respect at work - important training for all staff

Earlier this year I communicated a new program of work underway which tackles our zero-tolerance approach to sexual harassment in the workplace – the <u>Respect@Work</u> initiative. The Respect@Work project aims to raise our standard when it comes to preventing and responding to sexual harassment, signalling a shift in collective mindsets and behaviours to systemically address the enablers of sexual harassment in our workplace.

Along with the newly adopted policy, which includes a swift and improved way of reporting an incident, two training packages have now been developed to empower our staff with the knowledge and awareness of what to do if they encounter sexual harassment in the workplace.

Training for employees

The **Respect@Work Employee Masterclass** is a 40-minute online learning module, developed for all Metro North employees to increase awareness and help staff understand our standards when it comes to preventing and responding to workplace sexual harassment. <u>Find out more and register</u>

Training for managers

The **Respect@Work Leader Masterclass** is an additional 40-minute online learning module that all people leaders are urged to complete on top of the Employee Masterclass module.

The leader masterclass specifically educates our leaders and executives on how to support employees affected by sexual harassment and the process of appropriately reporting an incident. <u>Find out more and register</u>

It is our collective responsibility to know our obligations, enhance our awareness and adopt a zero tolerance to sexual harassment. Please ensure you take the time to complete the training above as soon as possible.

Safe work month

October is National Safe Work Month. We make sure work is safe every day of the year, https://app.vision6.com.au/em/message/email/view.php?id=1839113&a=92002&k=TGZpmYVKUqMRXxe_wOMzo1p4z0JU7dn3i1llxtE4Z8w

but this month's focus on the topic reminds us of why we need a healthy and safe workplace, which is to remain free of physical and psychological harm. If we all commit to reducing work-related injuries and illnesses, we all benefit!

Keep your eyes peeled for local events and competitions, including safety walks and talks, safety morning teas, and webinars to learn more. You can check out all the events, here: <u>Health and Safety home | Health and Safety</u>.

CBCI forum

Our Comprehensive Breast Cancer Institute (CBCI) will hold a community forum on 10 October in line with National Breast Cancer Awareness Month. The forum will feature presentations and Q+A sessions with consumers, community groups, clinicians and researchers. Breast cancer affects many Australians, with 58 people diagnosed each day. Register to attend the forum if you feel you can contribute or this interests you as a healthcare worker or consumer.



CSDS take out top award

Our Clinical Skills Development Service had a 20-year celebration last Friday. This service not only enhances healthcare at Metro North Health but also across the State. The CSDS team also recently took out a top award for 'Outstanding Contribution to Al' at the QLD Al Awards, from over 170 submissions. They won it for their work with the 'Maskhelper Enterprise System'. Well done CSDS!

Brisbane City Nurse-led Walk-in Clinic

Our new Nurse-led Walk-in Clinic is ready for its first patients on Monday. Yesterday, staff and stakeholders such as local GPs were invited for a sneak peek of the new space, which will provide care to consumers in Brisbane's CBD. The clinic will be open from 8am - 10pm seven days a week and will offer nurse-led care for non-life-threatening illnesses and injuries. The clinic is expected to further decrease pressure on our busy EDs and provide another healthcare alternative for patients within Metro North.



Kind regards,

Jackie

Chief Allied Health Practitioner Mark Butterworth

Last week was Malnutrition Awareness Week, with dietitians across Metro North Health promoting the critical role that nutrition plays in patient care. This year's theme, *Be a Nutrition Champion*, empowered everyone—multidisciplinary team, patients, and families—to prioritise nutrition as part of a patient's holistic care, ensuring that food becomes a key aspect of their healing process. With 1 in 3 of our hospital patients malnourished, a focus on nutrition and food is a must for the entire health care team.





I was lucky enough to attend some of the RBWH team's Malnutrition Awareness Week events, where they were joined by Celebrity Chef Alastair McLeod who helped to spread the message that good food isn't just about sustenance; it brings comfort, improves mood, and plays a vital role in recovery. The panel discussion with Alastair, dietitian Elise Treleaven, consumer Dale Trevor and doctor Alison Mudge, was entertaining while driving home the value of good food and positive mealtime experiences for patients.

Other events at RBWH during the week included a recipe competition, crafting high-calorie, protein-rich snacks to meet the needs of malnourished patients, with the winning creations by Bruce (dietetic assistant), Brooke (dietitian) and Scott (cook) set to become permanent menu items. RBWH wards also got involved developing creative displays promoting nutrition and malnutrition prevention, competing in our annual ward competition (congratulations to winners 9BS and 7AN!)

The week was a powerful reminder of both the exceptional passion and ambition of dietetic and food service staff across our service and the vital role that nutrition plays in improving patient outcomes and ensuring they get the best possible care across Metro North Health.

Regards, Mark

A/Executive Director Clinical Services



Dear colleagues,

I am delighted to announce that recruitment is underway for the Metro North's Clinical Streams Executive Director roles. This recruitment presents an unparalleled opportunity for medical officers to lead and shape the future of healthcare delivery in a vibrant healthcare setting with a team of like-minded peers. The positions offer a unique blend of leadership, clinical expertise, and strategic vision, making it an exceptional opportunity for a dynamic clinical leader.

Located within Healthcare Excellence and Innovation (HEI), the core focus of the Clinical Streams and the role of the Executive Directors, is to enhance access, outcomes and experiences for patients, and ensure that all patients receive equitable, high-quality, person-centred care. The Clinical Streams Executive Director roles are pivotal in aligning each stream specific initiative with overarching health priorities, governance frameworks, and health equity strategies, while driving operational efficiency and workforce planning.

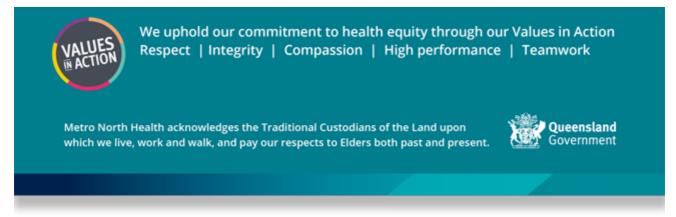
Recruitment is underway for the Executive Director roles within the following streams:

- Surgery Stream
- <u>Critical Care Stream Emergency</u>
- <u>Critical Care Stream Anaesthetics and Intensive Care</u>
- Medicine Stream
- Heart and Lung Stream
- Women's, Children's and Families Stream Women's and Families
- Women's, Children's and Families Stream Paediatrics

Please reach out if you are interested in hearing more about this exciting opportunity.

Kind regards, lla Stuer Acting Executive Director, Clinical Services





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