

## MESSAGE FROM THE ED METRO NORTH MENTAL HEALTH

Metro North Health

Dr Kathryn Turner



### Peer Responder planning day

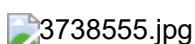
Recently the Mental Health Peer Responders came together for a professional development and planning day, and I had the pleasure of meeting with them in the afternoon.

Across Metro North, over the last two years, there has been an 870% increase in demand for this confidential staff support service. The Peer Responder program is an important support for staff wellbeing across Metro North Mental Health, and there are plans to continue to build on this.

We are very grateful for all of those people who have volunteered their time for this important service and also to line managers who support the volunteering. If you are empathetic, a good listener, and have a genuine interest in the wellbeing of your colleagues, recruitment is now open. Amy Duff, the Mental Health Peer Responder Coordinator, would love to hear from you ([amy.duff@health.qld.gov.au](mailto:amy.duff@health.qld.gov.au) or 0438 702 809)

A reminder, also, that if you are experiencing emotional stress for any reason, a Peer Responder can be a listening ear while facilitating connections to resources and additional support, should you need it.

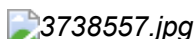
[Click here to contact a Peer Responder or find out more.](#)



*Mental Health Peer Responder professional development and planning day participants.*

### Insight new website launch

On Wednesday 1 February, Insight unveiled their new and improved website and introduced new team members funded under Better Care Together, at a morning tea at Biala.



#### *Insight website launch and welcome morning tea*

The updated Insight website now features a vastly improved search engine and a suite of new and/or updated eLearning modules covering the core knowledge and skill requirements recommended for all AOD and mental health workers, alongside separate content targeting specialist AOD practitioners.

The website also has a new 'Learning Portals' feature which allows individual HHS and non-government organisations to set-up and curate their own private, customised learning page that only employees of that entity can access. This already features the new Metro North ASPIRES Learning Portal which I know many of you have already accessed.

Insight also has a number of new staff appointments including James Hoey as the new permanent Clinical Education Coordinator, Imogen Malone as the new permanent Aboriginal and Torres Strait Islander AOD Educator, Karen Petty on secondment as the new Dovetail Program Manager and Laura Harriss as the new Projects and Contract Coordinator. In addition, Mat Tipping and Brett Hodges have started in brand new temporary AOD Lived Experience Educator roles, marking an exciting time of growth for the program.

There are also a range of new courses and workshops planned for rollout over 2023 and beyond, including new 'Mini-Classes', and the biennial Wows one day AOD Symposium scheduled for Friday 9 June at the RBWH Education Centre.

To learn more visit [www.insight.qld.edu.au](http://www.insight.qld.edu.au) or call 3837 5655.

**Best wishes,**

**Kathryn**