

## MESSAGE FROM THE ED METRO NORTH MENTAL HEALTH

Metro North Health

Dr Kathryn Turner



Dear Staff,

Recently the Mental Health Executive Leads were afforded the opportunity to visit the leadership team at RedCab. This visit aligned with the monthly performance meeting, and it was wonderful to hear of the achievements of our team members. Some of the highlights are below.

### **Ben Jeffrey Memorial Award**

Non-government organisation, Connections Inc. awarded The Ben Jeffrey Memorial Award to Mark Fullerton, Team Leader, Caboolture Adult Mental Health Team (CAMHT). The award recognises individuals for their work and dedication to reducing stigma and discrimination of people experiencing mental health illness. Mark and CAMHT have developed strong working relationships with the Connections Inc. community which has helped forge effective pathways for local consumers to receive integrated care between the community and Mental North Mental Health. Congratulations Mark.



### **Strength with Immersion (SwIM) Program**

The Office of the Chief Nursing and Midwifery Officer provided a select amount of funding for initiatives within Metro North. The Strength with Immersion (SwIM) Program is one such initiative that facilitates a targeted education program for nurses outside of mental health to gain a greater understanding of exactly what we do and how we do it. Recently, Sonya Lee Jaynes successfully led this program through RedCab. The feedback from the attendees was overwhelmingly positive, highlighting the passion and enthusiasm of the team, and showcasing the welcoming, friendly staff across the service. We look forward to offering this program again in the future.

### **Caboolture Satellite Hospital opening**

Monday, 31 July 2023, saw the opening of the new Caboolture Satellite Hospital. The opening of this facility provides some exciting opportunities for Mental Health, including the Caboolture Mental Health Team and the Perinatal Wellbeing Team.

Elizabeth (Liz) Bennett and the Perinatal Wellbeing Team have been hard at work establishing the new service. This service will work in partnership with the Ngarrama Service to provide support to Aboriginal and Torres Strait Islander women and families through all stages of their journey with a focus on holistic, culturally sensitive, multidisciplinary integrated services.

The Aboriginal and Torres Strait Islander Peoples Perinatal Wellbeing service will work across the three satellite hospitals with Kallangur and Bribie Island still under development, due to open in the coming year.



*Muja Mundu Creations performing the smoking ceremony at the Caboolture Satellite Hospital opening.*

### **Metro North Research Excellence Award nominations**

Nominations for the annual Metro North Research Excellence Awards have now opened. Employees of Metro North Hospital and Health Service engaged in health and medical research are encouraged to nominate for the awards. There are seven categories reflecting the various stages of research: three individual awards and four project awards in addition to a new award, the Consumer in Research Award.

Nominations close on 28 August 2023 and finalists will be invited to an awards ceremony on Thursday 2 November 2023. For more information and to nominate, [click here](#).

Best wishes

Kathryn