# MESSAGE FROM THE **ACTING DIRECTOR METRO NORTH MENTAL HEALTH**

Metro North Health

Liam Wishart



Dear Staff.

Our wonderful Mental Health Peer Responder Program continues to expand, with nine new Peer Responders recently joining including: Zjana Panebianco, Kaliopeta Tupou, Nhi Lam, Michelle Lingard, Jannette Newell, Janelle Fuiava, Jillian Johnson, Rhonda Bryan and Amaya Skelton.

The Metro North Peer Responder Program is designed to support staff wellbeing and promote help seeking behaviours. Peer Responders, who have been trained in Psychological First Aid, are available for staff at all hospital and community directorates across the HHS to provide support to colleagues experiencing distress of any kind (professional or personal).

The next Peer Responder training days will be held on Monday 19 August (TPCH) and Monday 2 September (Caboolture). If you are interested in becoming a Peer Responder or would like to more about the Program contact <a href="MNMHPeerResponders@health.qld.gov.au">MNMHPeerResponders@health.qld.gov.au</a>

If you would like to speak to a Peer Responder, click here.

### Supporting staff after incidents

In response to feedback in the Have Your Say survey, at the staff occupational violence forum last year, and after some critical incidents taking place across Metro North services, Metro North have developed a Post Critical Incident Staff Support Guideline.

The guideline provides a framework to ensure a consistent approach is taken to staff support across Metro North, minimising the harm from exposure to significant events such as serious workplace accidents, a tragic or grief-inducing incident, or occupational violence.

Watch this video for more information on the guide or visit the QHEPS page

#### **Metro North Research Excellence Awards**

A reminder that nominations for the Metro North Research Excellence Awards are currently open. Nominations are open to researchers of all stages including early career, wellestablished, and anywhere in between. It would be great to see the Mental Health Directorate well represented at the awards so get your nominations in. **Nominations close next Wednesday, 26 June at 5 pm**. NOMINATE NOW



# **Crisis Stabilisation Facility update**

With the buildings for the mental health Crisis Stabilisation Facility arriving on site earlier this month, the delivery of this important facility is on track. The facility is being funded under the Better Care Together program in direct response to meeting demand for increased mental health presentations, with a short-stay unit that offers a home-like environment and specialist mental health treatment.

We are looking forward to commencing recruitment over the coming weeks and beginning our services from mid-September. Staff will be able to get a sneak peek at the new facility prior to services commencing.



# Upcoming virtual mental health registrar showcase

On **Thursday 11 July, 5.30-6.30pm AEST**, we will be holding a virtual mental health showcase for registrars. The showcase will provide current and prospective Metro North psychiatric registrars with information about opportunities to work in the Mental Health Directorate. Metro North Mental Health Executive Director Dr Kathryn Turner will provide an overview, followed by representatives from RBWH, TPCH and Redcliffe-Caboolture, who will discuss facility specific opportunities. Please distribute the event details via your



professional networks. Those interested can register for the event here.

## **Happy Pride Month**

Today Metro North celebrated International Pride Month with a dress up day. Staff dressed in colourful outfits to show their support for the LGBTQIA+ community and to celebrate diversity and inclusion. Different services also decorated their spaces for the occasion, including this very colourful display at Caboolture Child and Youth Mental Health.



Kind regards

Liam