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Dear colleagues,

It's hard to believe we are already in September. We are turning our thoughts to the upcoming Christmas period, which will be here before we know it. Service lines are developing plans for the public holiday period and high leave period. We encourage staff to work with their managers in optimising the leave period as much as possible, while retaining a safe level of delivery of service.

2024 Herston Health Precinct Symposium

After so much planning and preparation, the three days of this wonderful event seem to go by so quickly, in a flurry of activity.

I would like to acknowledge the Symposium Steering Committee, headed by Associate Professor Joel Dulhunty and Susan Taylor, who led all that planning and brought this whole event together so successfully.

Their hard work over many months paid off, as the program this year was exceptional, and that was reflected in a great attendance across the three days – the Education Centre was buzzing.



There were hundreds of attendees present, as well as: 187 submitted abstracts, 70 printed posters on display, 61 e-posters on display, 45 reviewers of abstracts, 39 oral presentations and eight exhibition tables.

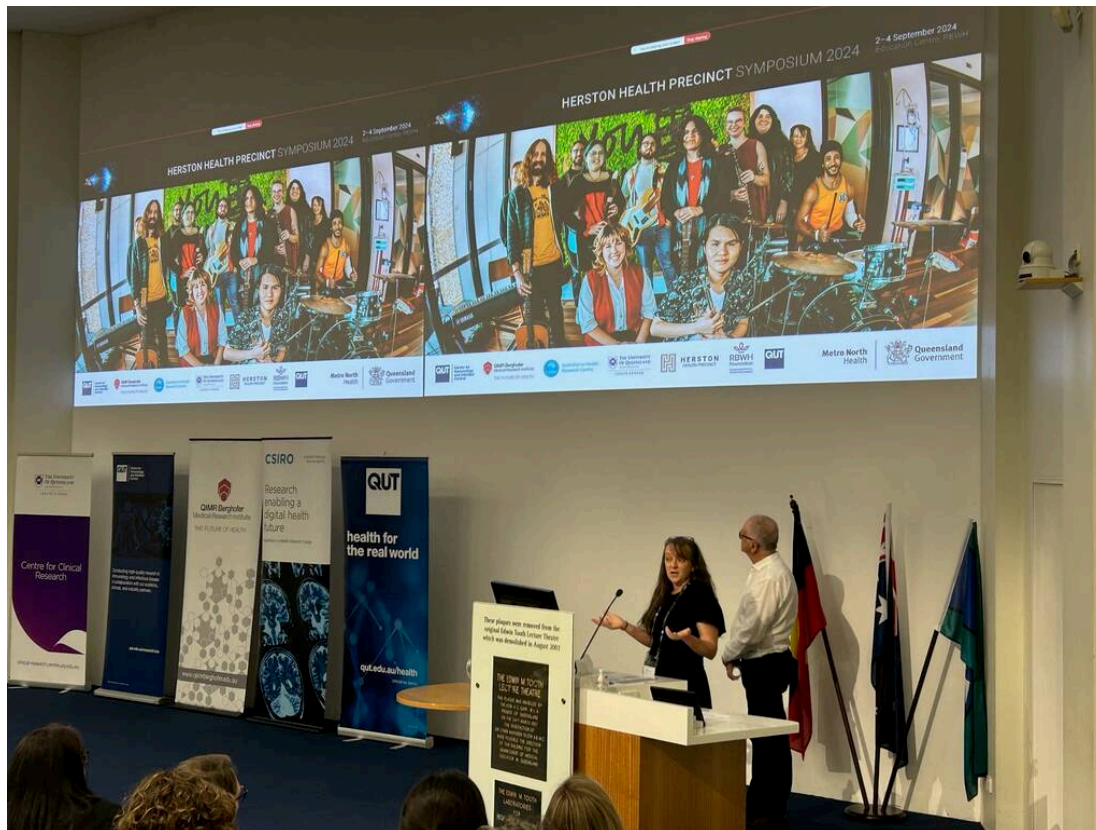
Other highlights included the panel discussion, 'Innovative research pathways for clinicians and consumers', The Great Debate on whether quantitative research is better than qualitative and the Keynote Presentation by Professor Elizabeth Powell, 'Aspiring clinician-researchers – the Herston Health Precinct needs you!'

Many people commented on the ambiance provided by the Stairwell Project Musicians throughout the event – a lovely touch!

Thank you to our presenters, organisers, sponsors and to everyone who participated.

Lastly I'd like to congratulate the award winners across the eight categories, all very deserving amid stiff competition:

- Early Career (Professor Lawrie Powell AC) Research Award — **Dr Aurélie Benfield**
- Higher Degree Research Award — **Hannah Olufson**
- Best Translational Research Into Practice (Professor Jeffrey Lipman AM) Award — **Dr Jen Setchell / Morgan Brodhurst-Hill / Caroline Zanussi**
- Best Clinical (Dr Stephen Morrison) Research Award — **Dr Julie Wixey**
- Best Discovery and Innovation (Professor William Egerton) Research Award — **Jaikrishna Balakittnen**
- Allied Health (Dr Jennifer Paratz) Research Award — **Elise Byrne**
- Nursing and Midwifery (Cecilia Brazil) Research Award — **Dr Deanne August**
- Consumer Partnership Research Award — **Dale Trevor**



Metro North Research Excellence Awards

Though I was unfortunately unable to attend last night, I would also like to congratulate our RBWH winners at the Metro North Research Excellence Awards. We were very well represented and took out some of the major honours.

Researcher of the Year Award — **Professor Leonie Callaway**

Rising Star Award — **Associate Professor Matthew Roberts**

Professor John Webster Award — **Professor Jed Duff**

Research Support Award — **RBWH Enhancing impactful research and QQuality improvement In Physiotherapy (EQUIP) team**

Clinical Research Award — **Optimising the perioperative care of patients with obesity**

Chief Executive Award — **Dr Tania Crough**

Discovery Research Award — **Technological Advances and Improved Patient Outcomes following Intraoperative Cell Salvage**

Partnering with Consumers in Research Award — **Jennifer Muller**

Research Implementation Award — **HELIX Implementation Capacity Building Program (HELIX4Implementation)**

Ask R U OK? any day

Although every day is an opportunity to check-in with your colleagues, the National Day of Action, **R U OK? Day** is coming up on Thursday 12 September, and a great reminder of the positive impact this question can have – at any time – on someone going through a tough time.

Training to help you navigate an R U OK? conversation

To support staff and leaders to ask, “are you ok?” and be prepared for how to deal with any response, People & Culture have developed a **one-hour informative training session** which is being held **virtually on 9 September at 1pm**. Spots are limited, so [register now](#).

The session will be recorded and housed on the [Metro North R U OK? extranet page](#) after this date.

You can find out about all the wellbeing resources available to you as a Metro North employee on the [Culture & Wellbeing extranet page](#).

Face-to-face sessions will also be occurring at RBWH, and there will be a staff presentation by Wellbeing Consultant Dr Liz Crowe on Thursday September 12 between 10am-10:45am in the RBWH Education Centre, Seminar Room 1&2 – ‘What to do if someone isn’t OK’.

Positive feedback

Here’s some nice feedback we received recently:

“I wanted to give feedback on my recent visit to RBWH. I was in the emergency ward several hours and was blown away by the level of care and professionalism by your nursing team. I felt so well cared for. I also witnessed the craziness that they deal with and was so appreciative of how they handled the difficult situations that occurred around me. Outstanding care and professionalism.

My nurse practitioner was truly amazing. Instilled confidence and showed me amazing empathy. Incredible nurses who showed care and patience with me.

Well done Qld Health and I really hope this feedback reaches the team members. Very well deserved. Thanks.”

Thank you, Team Royal, for all that you do for our community.

Kind regards,

Louise Oriti

Executive Director,

Royal Brisbane and Women’s Hospital

We respectfully acknowledge the Traditional Owners and Custodians of the land on which our facilities are built. We also pay respect and acknowledge Elders past, present and the future.



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