



Dear team,

Thanks to those of you who have already submitted a nomination for our annual TPCH Staff Excellence Awards. So far, we've received just over 40 nominations with still a few days to go until nominations close on **Monday 9 September**. So there's still time!

Our Awards provide a great opportunity to acknowledge those staff members who do an exceptional job in their particular field of work while demonstrating our organisational values. I encourage staff to take the time to tell us who you believe deserves recognition for their performance by submitting a nomination against one of the 13 categories available this year.

For more information and to nominate, visit [TPCH Staff Excellence Awards QHEPS page](#).

TPCH Staff Forum

Staff are invited to attend an all **staff forum** next **Thursday 12 September, 11.30am – 12.30pm** via Teams to hear updates on our key infrastructure projects -TPCH Expansion Project including car parking changes, new Multistorey Car Park and the Crisis Stabilisation Unit.

[JOIN STAFF FORUM HERE](#)

Car parking update - Mandatory vehicle registration

Car parking continues to be a challenge for staff on our campus. We have daily incidents reported where staff are parking other staff in, parking in unmarked spaces, as well parking in areas which are impacting emergency vehicle access.

To support a more streamlined and safer approach to parking on our campus, there will be a mandatory requirement for all staff to update their vehicle registration details to continue their car park access via their swipe card.

To update your vehicle registration details:

- Please attend the Education Centre office, Monday to Friday, between 8am and 4pm.
- Once your vehicle registration details are updated, you will receive a parking permit sticker which must be displayed on your vehicle at all times while on campus.
- Staff have **two (2 weeks) only** to update their vehicle registration details. Those staff who have not updated their vehicle details by **COB Monday 23 September** will lose swipe card access to their respective car parks.

Thank you for your cooperation.

The Prince Charles Hospital

TPCH Staff Ice Cream Stall

The Executive team wants to say thank you for your excellent work and efforts!

What better way to show our appreciation and celebrate the start of Spring with some **FREE** ice cream.

WEDNESDAY 11 SEPTEMBER
From 11am – 1pm (or until ice creams run out)

Cafe of the Common Good

Note: 1 ice cream per staff member only, staff members must collect their ice cream in person.

VALUES IN ACTION

THE COMMON GOOD
PEOPLE POWERING MEDICAL DISCOVERIES

Metro North Health | Queensland Government



Good news

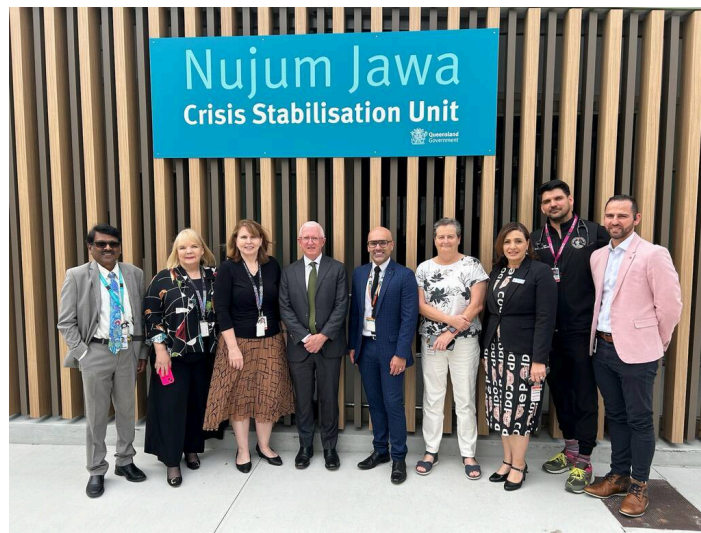
I'd like to share recent achievements of some of our teams:

Well done to the **Ward 1F** team whose active support of the Eat Walk Engage program designed to keep older patients mobile, well-nourished and cognitively engaged during their hospital stay, has resulted in some positive improvements in shared patient dining lunchtime over the last 12 months.

- 24 per cent increase in the number of patients sitting up in a chair to eat lunch
- 79 per cent of patients are eating more than half of their meal, an increase of 11 per cent
- 92 per cent of patients are receiving meal set up assistance in a timely manner.



This week, TPCH welcomed the Queensland Premier and Health Minister to officially announce the opening of the new **Crisis Stabilisation Unit (CSU)**. The CSU, which is located next to our TPCH Endoscopy Unit, provides a better alternative for those experiencing a mental health crisis than a busy emergency department and will help improve the flow of the emergency department. In contrast to a busy ED, the CSU will provide consumers in mental health crisis with a trauma-informed and more therapeutic space for acute mental health assessment and treatment. A valuable addition to mental health services at TPCH and for our community.



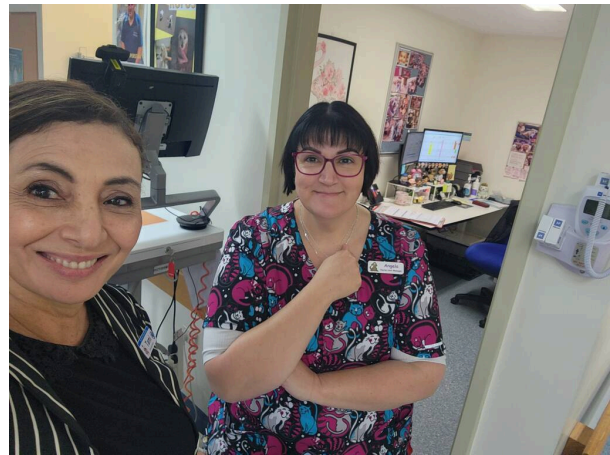
Executive update

Executive walkarounds

This week, Director of Operations for Heart Lung and EPIC, Drew Kear, Geoff Grima and I visited Wards 1C and 1D which have recently undergone a bed realignment to best match beds to the speciality that patients are admitted under. We also stopped into Ward 1E, our Infectious Disease Ward, to chat with Nurse Unit Manager, Angela Coram about current work activity and challenges.



Ward 1D



Ward 1E

One of our highlights was farewelling Annette Dent, longstanding Scientific Director, Respiratory Investigations Unit (RIU) after 43 years of service to TPCH. Annette, who joined the RIU in 1981 and became the Unit Director a decade later, has helped shaped the unit into one of the most prominent laboratories in Queensland. She has been nationally recognised for her leadership and research serving on many important scientific committees within the Thoracic Society of Australia and New Zealand Respiratory Scientists and regularly participated in national lab accreditation committees.

Annette is known for her exceptional commitment to patient and staff care, fair leadership and keen interest in developing and mentoring staff. We thank Annette for her outstanding contribution to TPCH and wish her a happy and healthy retirement.



I also attended Grand Rounds to hear an interesting presentation from Dr Harish Iswariah, General Surgeon on TPCH's SurgiFIT Prehabilitation program which helps prepare patients for surgery to improve outcomes and reduce complications. You can read more about the Prehabilitation program in today's team profile.

Members of the Executive also had the opportunity to view some great information displays in the main Cafe for National Child Protection Week and Wound Awareness Week. Thank you to our

Social Work team and TPCH Tissue Viability Working Group for taking the time to coordinate these displays which support increased awareness and knowledge among our staff, patients and visitors about these important issues.



Child Protection Week display



Wound Awareness Week display



Team profile

Today we will profile the SurgiFIT Prehabilitation Team. This team provides assessment and a range of physical, nutritional and psychosocial interventions for patients preparing for surgery to help improve outcomes.

The team, which commenced in 2019, consists of a physiotherapist, dietitian and social worker who work closely with Blood Management and other members of the wider multidisciplinary team as well as the patient's GP.



With surgeries becoming increasingly complex, and patients being older, frail and having more co-morbidities, prehabilitation can reduce mortality and complications by providing an individual exercise and nutrition program to help improve physical strength and overall health and maximise recovery after surgery. The exercise component of the program gives patients the

option of attending gym at TPCH, tele-rehabilitation classes, local exercise programs or phone monitored home exercise programs.

Shout out

This week's shout out goes to Stephen Conroy from our Building Engineering and Maintenance Service who is retiring after 37 years at TPCH. Stephen, who commenced as a trade qualified refrigeration mechanic, has been the Heating Ventilation and Air Conditioning (HVAC) Trade Manager for the last four years, having been involved in over 16,000 HVAC servicing activities. Stephen, we wish you all the best in your retirement.



The other shout out goes to Security Ambassador, Ben King and the entire Protective Services team whose professionalism was commended by the Queensland Police Service (QPS) during a Code Black incident this week. Ben and the team were able to effectively assist QPS in locating and assisting an individual who was at risk of harm. Well done!

Today's quote

"The professional has learned that success, like happiness, comes as a by-product of work. The professional concentrates on the work and allows rewards to come or not come, whatever they like." – Steven Pressfield

Tami Photinos
Executive Director