

Ask



No qualifications needed



# I AM A METRO NORTH RUOK'ER

## Purpose

I create social connection and value meaningful relationships with my peers that provide opportunities to discuss their feelings and offer a place where they feel safe and supported.

## Sound like you?

No qualifications needed! Join the network of Metro North **RUOK'ers**.

## Strength

I am kind to others and myself

## Passion

I value meaningful relationships



## Contribution

I contribute to creating an organisation where we all feel connected and supported



Metro North Health



Queensland Government