

Dear colleagues

Earlier this week, Metro North Chief Executive Jackie Hanson hosted the second strategic plan pop-up session at Redcliffe Hospital. Thanks to everyone who has made it to a session so far. It's been great to see staff from across the hospital getting involved and having their say on the Metro North Strategic Plan. This plan will help guide us through a time of much change for our hospital as we double the size of our workforce and operationalise the expansion and redevelopment program in the coming years.

If you haven't made it to a session yet, you can join me and rest of the hospital leadership team for a final pop-up at 5.30pm on Tuesday 25 February in the Education Centre. This is an opportunity for those who work outside business hours to get involved and have their say. I encourage you to come along, chat to the leadership team and provide your feedback.

If you can't make this session, you have the option to complete a <u>short feedback survey</u> by the end of February.

Indigenous health role advertised

I'm pleased to advise that a Director of Indigenous Health role at Redcliffe Hospital has now been advertised, and is available at NG10, HP6 or AO8 levels. As a member of the Redcliffe Executive Leadership Team, this identified position will play a key role in our journey toward achieving health equity for our Aboriginal and Torres Strait Islander community and will provide strategic advice for executives and clinicians on service planning and workforce management. I encourage Aboriginal and Torres Strait Islander members of our hospital community to review the role description and get in touch with any questions you may have. I'd like to acknowledge and thank all the hospital's service lines for their funding contributions to help establish this important role for Redcliffe Hospital. You can learn more about the role on Smartjobs.

Leader Profile – Associate Professor Sinead Barry

Sinead is a relatively new face at Redcliffe Hospital, having joined us as Director of Obstetrics and Gynaecology (O&G) in June 2024. This is her second director job in O&G having held the role at Goulburn Valley Health in Victoria.

Prior to focusing on a career in women's health, Sinead had a varied medical career in her native Ireland.

"I did my studies at University College Dublin and was a physio before completing a PhD in Physiology," she said.

"Having watched enviously as my friends travelled the world while I was at college, I leapt at the chance to study abroad when it became available."

That travel experience brough Sinead to the Mater Hospital in Brisbane as a resident and it was



here her passion for O&G was born.

"Before the six months was up, I knew women's health was where I wanted to focus my attention and contacted the college in Dublin to get into their O&G course," she said.

Sinead explains that this passion for O&G stems from being able to be an advocate for women and their health outcomes.

"I get great satisfaction from helping and supporting women at their most vulnerable," she said.

"From the joy that comes with childbirth, to helping women navigate the fear and complexities associated with gynaecological cancers, there is a great variety in the work we do."

Of her time at Redcliffe Hospital so far, Sinead cites the camaraderie of the team as among the highlights.

"I don't think there is anything quite like the team environment of a labour ward," she said.

"It's a unique environment where we all work together to support women and their loved ones at one of the most exciting yet daunting times of their lives."

While most of Sinead's work is clinical, she is a passionate advocate for ongoing education and training.

"I want people to enjoy the work they do and no matter what stage of their career they are at, I encourage them to continue learning and investing in their ongoing development," she said.

Away from work, Sinead is a proud parent to two fur babies, Murphy and Molly.

"The dogs and I love the beach, so The Peninsula is the perfect spot for us to call home, I enjoy nothing more than walking Molly and Murphy by the water."

Sinead also enjoys keeping fit and has participated in Ironman triathalon events and has run an incredible 55 marathons.

NRL double passes up for grabs

If you're looking forward to the Dolphins first game of the season, the Raise if for Redcliffe team have the chance for you to win your way into Suncorp Stadium for the game against the Rabbitohs on Friday 7 March.

To enter the draw to win one of 40 double passes, click <u>here</u> by Tuesday 25 February. As an added bonus, you can also express your interest in joining the Guard of Honour on the night.

Good luck to those entering!

A donation for oncology

Over the summer holidays, our oncology team received a special delivery of mastectomy pillows from the art and crafts club at St Benedict's Primary School in Mango Hill. Made up of around 15 Grade 5 and 6 students, the kids wanted to do something that made a difference in their community. With each pillow having a handwritten note from one of the students

attached, the pillows have been warmly embraced by patients as they undergo their treatment. Now back at school, the group are making more pillows this term, with delivery of the next batch due before Easter. Thanks to the kids for their generosity in making the pillows to brighten the day of our patients.

Patient compliment

Sticking with oncology, and a recent patient complination social media. Well done to the team!

"I attended Redcliffe Hospital for chemo treatment. "I attended Redcliffe Hospital for chemo treatment." amazing and I can't thank them enough. From the people at the transit lounge to patient transport and those on the front desk, you all deserve alpaeodistication with Dr Gemma and the mastectomy pillows from St Benedict's school in Mango Hill.



RBWH Foundation celebration

To mark their 40th anniversary, the RBWH Foundation is holding a Hospital Staff Celebration at Victoria Park on Sunday 2 March for all current and former RBWH, STARS and Redcliffe Hospital staff. Tickets are \$55 per person, which includes a drink on arrival, afternoon tea and a commemorative pin. Click here to buy your tickets. The Foundation is also pleased to advise that their Ruby Gala Ball is happening on Saturday 30 August at Brisbane City Hall - mark your calendars for a night to remember.

Wellness workshop

The REDDY Fun and Fitness Team are preparing for a Wellness Workshop on Thursday 27 March. The event will feature keynote speaker Dr Dinesh Palipana OAM and other presentations on resilience and stress management and wellness through movement. Click here to learn more and register.



Friday fun

Finally for today, it's not all accounting and spreadsheets for the Redcliffe Hospital Finance Team, as they recently took some time out for a bit of fun to keep the positive vibes and great energy flowing in the team and across the hospital. Thanks, all for your great work and the positive attitude you bring to your work and the hospital community.

Kind Regards

Cang Dang Executive Director, Redcliffe Hospital We respectfully acknowledge the Traditional Owners and Custodians of the land on which our facilities are built. We also pay respect and acknowledge Elders past, present and the future.





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