



Dear colleagues,

Well here we are, 5 May 2025, International Day of the Midwife! The theme for this year is ***Midwives – Critical in Every Crisis***. How very apt, and when I reflect on the midwives in Metro North, there are no truer words. I am so exceptionally proud of the care, compassion, consideration, collegiality and outstanding expertise displayed by the midwives across Metro North every single day.

Midwifery in 2025 is a very different landscape to when I undertook my midwifery training and education in 1987. When I completed my training, there were simply no roles available, so I returned to general nursing. I certainly do not regret any of my career decisions but in 1993, I delivered my own set of premature twins. While the road was not a rocky one for any of us (they were exceptionally healthy 32/40 weeks), having the boys and the exceptional care I received from the midwives and neonatology nurses, made me realise I would have loved a midwifery career. I am so grateful for the great care that I and the boys received. Now as a 'Nanny,' I have the wonderful experience of the next generation of my family, and I can proudly say that three of my grandchildren were the recipients of the wonderful care they, their mums and dads received in our Metro North facilities.

As you celebrate today and acknowledge your special day, remember that you **are** "Critical in Every Crisis." You are greatly valued not only today but every day! On behalf of the families you assist, your multidisciplinary colleagues, the communities you serve and the Metro North Executive team - **Thank you** for all you do.

Warm regards,
Alanna



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