



Dear team,

Tomorrow is World Oral Health Day which is themed 'A happy mouth is a happy mind', where prioritising oral health leads to better mental health and quality of life.

For more information about World Oral Health Day: [Resources to spread the word | World Oral Health Day](#)

Good oral health is crucial for overall well-being, impacting on everything from social interactions to systemic health. The mouth is the gateway to the body and oral diseases are a major health concern that negatively impact people throughout their lives.

Oral diseases lead to pain and discomfort, social isolation and loss of self-confidence, and they are often linked to other serious health issues. Maintaining good oral health and treating problems early is important to overall health and well-being.

I would like to acknowledge our oral health staff across our School Dental Service, Children's Specialist Oral Health Service and General Practice Oral Health Services who provide oral health care for well over 120,000 eligible children and adults each year.

This is an amazing effort and from the compliments we receive, the service is provided with professionalism, great care and kindness.



Join us at the 2025 Staff Expo!

Have you been meaning to arrange your salary sacrifice? Need to update details with your super fund?

On Friday, the Metro North Staff Expo will be held at Brighton and provides an opportunity to speak with our staff benefit providers face-to-face.

Metro North 2025 Staff Expo
Friday 21 March
11:00 am - 2:00 pm
Brighton Auditorium



No need to register, just come on down on the day!

New Mentor Program

We're launching Metro North's new [Mentor Program](#), and we need your help to spread the word. This is a unique opportunity for **staff at all levels** - from board members to new graduates - to step forward as mentors and help shape the careers of colleagues across our health service.



We want our **mentor pool to represent every part of Metro North**, so when a staff member looks for a mentor, they not only find the right guidance — they see themselves reflected in the program. Right now, we're aiming for at least **50 mentors**, and we're looking for leaders, specialists, and professionals from **all backgrounds, disciplines, and career stages** to sign up.

Becoming a mentor is simple:

- Fill out the [mentor bio form](#) (linked above)
- We'll build a **Metro North Mentor Bio Bank**, launching in May
- Mentees will be able to **self-select and reach out** to mentors directly.

Please share this with your team and encourage them to sign up. If you're interested yourself, we'd love to have you on board!

Have Your Say survey opens soon

The fourth bi-annual Metro North Have Your Say survey will open in May this year.

This is an opportunity to raise your concerns and continue to introduce new initiatives, training, events and supports such as:

- introducing the Staff Psychology Program
- building a peer support program
- creating the Rainbow Room
- introducing men's business yarns and the yarning circle.
- delivering more wellbeing events and activities
- enhancing training and education to support staff such as Domestic and Family Violence or Psychological First Aid training.



Nominate a Sandgate and Redcliffe Dental Clinic Champion!

Continuing to take the time to engage with, listen and recognise our staff will be a priority in 2025.

In April, we will be taking FIVE to acknowledge our caring, connected and compassionate champions at our oral health and community sites as part of our 'Hi5 in 25!' visits.

Our visit to Sandgate Dental Clinic and Redcliffe Dental Clinic will be to acknowledge some of the highlights you love about your work, look at opportunities for improvement and crown our first FIVE Connecting Care Champions:



Sandgate Dental Clinic
Wednesday, 2 April
2.30 - 3.30 pm

Redcliffe Dental Clinic
Thursday, 3 April
3.00 - 4.00 pm

It only takes FIVE minutes to nominate a person for this new, fun Connecting Care Champions award (which replaces the Shining Star Award).

Please send a short 50-100 word nomination for our COH Connecting Care Champion to COH-Communications@health.qld.gov.au at anytime.

Patient Safety Net

The new Patient Safety Net (PSN) program is launching in Metro North Health on 31 March 2025. This program provides an escalation process designed to strengthen the way we address patient safety concerns and empower all staff to raise their concerns.

PSN provides an easy, confidential way for staff to raise patient safety concerns that they

feel have not been addressed through the standard reporting processes.

It is available to all staff at Metro North including contractors, agency staff, students and volunteers, and can be accessed via [phone, email, or online](#).

As part of our ongoing commitment to the safety and wellbeing of our patients I encourage all staff to familiarise themselves with how Patient Safety Networks, how to raise a concern, and when to take action.

For more information about the program, visit [QHEPS](#) for full details.

Medical Workforce Wellbeing Survey

All COH doctors are invited to participate in a survey to help us understand the work-related issues impacting your wellbeing.

The anonymous survey will be sent via email and will be live from Monday, 17 March to Friday, 2 May 2025. It will take approximately 5 minutes to complete.

We encourage all doctors — from interns to consultants — to share your honest feedback. Your input will have a direct impact on future support for our medical staff.

This survey is part of the Medical Workforce Wellbeing project, commissioned by the Chief Medical Officer.

For more information, please contact CMO_Corro@health.qld.gov.au.

A Final Shoutout

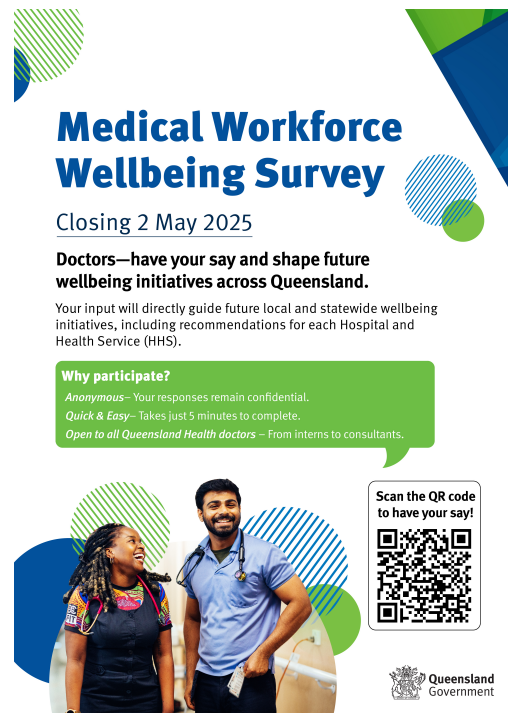
David Webber is retiring from Queensland Health after a credible 24 years of dedicated service as Facility Manager.

Throughout David's tenure with COH, he has been a valued member of the Facility Management team, known for his commitment, expertise, drive for operational outcomes and asset maintenance and dedicated support of staff.

David's knowledge and dedication have made a lasting impact at Chermide Community Health Centre and Northwest Community Health Centre and he will be greatly missed.

We extend our gratitude to David for his hard work and contributions over the years to COH. We wish David all the best for a well-earned and fulfilling retirement.

Glynis Schultz
Executive Director
Community and Oral Health



Medical Workforce Wellbeing Survey

Closing 2 May 2025



Doctors—have your say and shape future wellbeing initiatives across Queensland.

Your input will directly guide future local and statewide wellbeing initiatives, including recommendations for each Hospital and Health Service (HHS).

Why participate?

- Anonymous*— Your responses remain confidential.
- Quick & Easy*— Takes just 5 minutes to complete.
- Open to all Queensland Health doctors* — From interns to consultants.

Scan the QR code to have your say!



Metro North Health acknowledges the traditional custodians of the land, and pays respect to Elders, past, present and future.