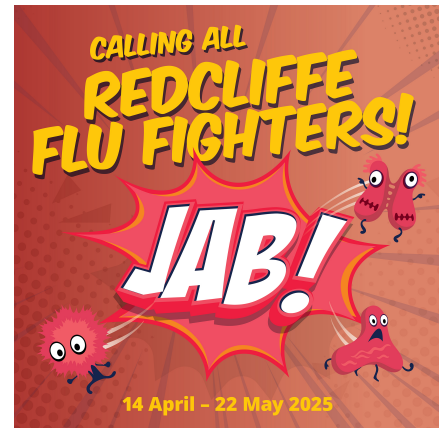




Dear colleagues

As the weather cools down and the days grow shorter, we will start to see more patients present to our hospital with respiratory viruses, including influenza. Flu cases in Queensland are already significantly higher compared with the same time last year, which may be an indicator of a significant flu season to come.

As we prepare to care for the community over winter, we can protect ourselves, our colleagues and our loved ones by getting a flu vaccine as part of the Metro North free staff vaccination program.



The program starts on Monday from 8am in the Education Centre, with clinics then happening across the hospital until late May. You can learn more about dates and locations on the [Staff Extranet](#) or check out the posters around the campus.

Vaccination is the best way to protect ourselves and the community from the risk of flu, I will be rolling up my sleeve to get protected, and encourage you all to do the same in the coming weeks.

Falls Awareness Month

Did you know that April is Falls Awareness Month? This annual campaign raises awareness about the impact of falls and seeks to promote best practice falls prevention strategies. We can all help spread the word about falls and help support our patients to **Get Moving, Get Better, Get Home!**

To mark the month at Redcliffe Hospital, you may have seen staff and patients have posted impact stories in the foyer on how falls have affected their day-to-day life. Teams can also get involved by registering to participate in a falls display competition for their area. Learn more about how to get involved [here](#).

To educate patients on falls prevention, our Allied Health teams are using the month to promote ways to prevent functional decline, including 900 steps education, goal setting boards and patient bingo.



Above: Marking Falls Awareness Month at Redcliffe Hospital



Have Your Say

The next Metro North Have Your Say survey is starting on 12 May. This is your opportunity to let us know what we do well as an employer and areas where we need to improve.

I encourage you to complete the survey and be part of creating meaningful change at Redcliffe Hospital and across Metro North.

Over the last month or so, I've talked about actions that were taken based on your feedback in the 2023 survey. In addition, we have also worked to foster a culture which reflects our organisational values and agreed behaviours. Initiatives include:

- Agreed behaviours revised and relaunched in March 2024
- Senior leader rounding introduced
- Renewed promotion of Health Equity Agenda
- Recognising and celebrating achievements.

Look out for more information in the coming weeks about how you can complete the survey.

Staff Expo

The Metro North Staff Expo series reaches Redcliffe Hospital next Monday, Tuesday and Wednesday. Staff are encouraged to pop in to visit a range of exhibitors each day and learn more about some of the benefits available to Metro North staff across banking, superannuation, salary sacrifice and more. The expo will run from 11am to 2pm each day in the Staff Courtyard. For information about expo exhibitors, click [here](#).

Healthcare Excellence and Innovation Roadshow pop up

One of the exhibitors at the expo next week will be the Healthcare Excellence & Innovation (HEI) team. You can chat with them on Monday about ideas that could transform patient care, help implement a new model of care, or enhance service delivery and systems. They will also be workshopping emergency department flow, and outpatients.

This is a great opportunity to meet the HEI team to see where we can collaborate and accelerate ideas and I encourage you to get involved.

Are you Reddy to run?

It's time to pull on the sneakers and start training for the 5th annual Reddy Fun Run (or walk!). The event is taking place on Sunday 22 June, starting and finishing from Pelican Park in Clontarf. Distances of 21km, 10km or 5km are available to suit all running abilities. Click [here](#) to learn more and to register.

Last year's event raised more than \$33,000, which went toward the recently completed single end of life care room in Palliative Care. The refurbished room provides a more homely and less clinical feeling space for patients to spend precious moments with their loved ones.

The fun run is a joint event of REDDY Fun and Fitness and the Hospital Auxiliary. It is a great opportunity for passionate staff and volunteers to come together with the community for a day of fitness, fun and fundraising.



Above: Funds raised from the 2024 Reddy Fun Run were used to refurbish an end-of-life room.

Defibrillator replacements

To allow time for staff training and education, the change to the new 'Zoll' defibrillators at Redcliffe Hospital will now happen on 29 April. If you haven't yet completed the training, please reach out to your educators or local train the trainer representative. For more information, please contact the Patient Safety Officer on 3883 0738 or by email at Red_PSO@health.qld.gov.au.



Staff Profile: David Bishop

Last year, Nurse Practitioner David Bishop celebrated 25-years working at Redcliffe Hospital. As David explains in this week's staff profile, he's seen his fair share of change on the peninsula and at the hospital during that time.

"I started here in 1999, it feels like a different world now," David said.

"I've seen the hospital grow and am about to see that happen again as our services keep pace with the population growth."

With the quarter-century milestone under his belt, David reflects on what's kept him here for so long.

"It's the people," he says.

"Everyone who works at Redcliffe Hospital, regardless of their role is part of caring for the community."

“It’s no secret that healthcare can be demanding and stressful, but it’s a comfort having colleagues who are always there to support you.”

“Even a small gesture, like a smile as you pass someone walking around the hospital can make a big difference.”

David is well known in the Emergency Department for his empathetic approach to patient care.

“I look after patients the way I’d want my loved ones to be taken care of, it’s as simple as that,” David said.

“Everybody has their own unique story, I help them without judgement and in a way that I hope makes them feel like the individual they are, and not part of a system.”

“I come to work hoping to make a difference. If I can go home feeling like I’ve had a positive impact on someone at a difficult time, I’m happy with that.”

David also maintains that zest for life outside of work.

“My wife Wendy and I have been married for 42-years,” David said.

“I’m a father of five and a grandfather of 10.”

“Away from the hospital, I spent a lot of time with the grandkids, who love hanging out with me in the garden.”

Thanks to David for his commitment to patient care and for the positivity and enthusiasm he brings to our community.

SLT appointment

I’m pleased to announce that following an EOI process, Lynne Ruiz will act as Director of Safety and Quality until 29 June.

Lynne is a Registered Nurse with vast experience in a variety of clinical and leadership roles across clinical governance, quality, and patient safety. She joined the team at Redcliffe Hospital in 2022 after a long career at the Royal. She quickly grew to love our hospital community and is now a proud member of the team.

I am looking forward to working with Lynne as a member of SLT and tapping into her extensive knowledge and experience in safety and quality. Congratulations, Lynne!

Disney day in Paeds

There was a sea of princesses and other characters in the Paediatric Ward yesterday as the team got into the spirit of their Disney dress up day. I think the picture speaks for itself, and I know the effort the team put into their costumes brought smiles and joy to sick kids and their loved ones. Great work, team!



Above: Paediatric Ward staff embraced the Disney theme at work on Thursday.



Friday fun

Finally for today, on my recent travels around the hospital, I happened upon Hospital Coordinator Nicole Sharkey (left) doing a fine job making a rather tasty looking breakfast bruschetta to sustain her for the rest of her shift. While it may not quite be ready for the Masterchef kitchen, it's a great job with the limited kitchen resources we have available in our break rooms! Nice job, Nicole!

Kind Regards

Cang Dang
Executive Director,
Redcliffe Hospital

We respectfully acknowledge the Traditional Owners and Custodians of the land on which our facilities are built. We also pay respect and acknowledge Elders past, present and the future.

**Metro North
Health**



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Government**



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