



Dear colleagues

As dawn broke this morning, communities across Australia stood together, remembering and reflecting on the sacrifice and spirit of the Anzacs, 110 years ago.



This morning, as Anzac Day marches and parades weave their way through cities and towns, including [here](#) on the Redcliffe Peninsula, Australians everywhere will express their respect and gratitude to all those who have served Australia in times of war, and peace.

At Redcliffe Hospital, we'll be doing the same, with the Ode of Remembrance, Last Post, and a minute silence being observed from 10am.

For this week's Staff Profile, I am pleased to feature Allied Health Assistant and Army Reservist, Cassady Distel-Rose. Cassady is one of many current and former members of the Australian Defence Force within our hospital community.

We're proud of them all.

Staff Profile: Cassady Distel-Rose

As a younger man in 2004, the military came calling for Cassady in an unexpected way.

"I was working as a manager at Domino's and wasn't quite sure of my next steps," Cassady said.

"My dad took me to an Army open day, it seemed like an exciting new experience, and I signed up."

Twenty years later, Cassady's service has included deployment overseas in peacekeeping, and here at home in things like disaster response.



"These days, I mainly instruct on land combat modules and initial employment training. I'm also a small arms instructor."

"Mateship is the best thing about the Army experience. You bond over experiences that most people will never encounter."

"I'll start Anzac Day by attending a dawn service," Cassady said.

"It's a day to pay tribute to those who served before us and allowed us to have the freedoms we

enjoy in Australia today.”

Thank you to Cassady for sharing his experiences and to everyone in the Redcliffe Hospital community who has served.

We'll be continuing our Anzac Day reflections on Monday morning with a Yarning Circle focussing on First Nations people in the armed services. Please join us at 10:30am in the Staff Courtyard.

However you'll be spending Anzac Day, I hope that you'll find time for some thankful reflection on those who have served and sacrificed so much.

Lest We Forget.

Kind Regards

Cang Dang
Executive Director,
Redcliffe Hospital

We respectfully acknowledge the Traditional Owners and Custodians of the land on which our facilities are built. We also pay respect and acknowledge Elders past, present and the future.



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