

Dear team,

As we move through this week, I want to take a moment to reflect on two significant events that touch us in some way, shape or form - Anzac Day and the passing of Pope Francis.

Anzac Day is always a powerful reminder of the courage and sacrifice and service of those who came before us. In healthcare, we understand the weight of service and the strength it takes to show up each day with compassion and purpose.

Tomorrow, let us take a moment to honour the Anzacs and the values they embodied - resilience, mateship and dedication, which continues to inspire us in our work.

At the same time, many people around the world are mourning the loss of Pope Francis, a global figure who led with humility, grace and a deep commitment to human dignity.

Regardless of faith, his legacy of inclusion, kindness and advocacy for the vulnerable resonates with many of us. His passing is a moment to reflect on the kind of leadership that leaves a lasting impact - not through power but through compassion.

During our busy days, I encourage you all to pause, remember and practise these values in the care we provide and the way we treat one another. Thank you for everything you do.

### **Anzac Day**

A short Anzac Day service will be held at TPCH tomorrow morning (25 April). Everyone is welcome to attend - including staff, patients and relatives.

It will be held in the Multi Faith Centre starting at 10.45am, ending with the Last Post and the Ode. Poppies will available. For more details, contact Judy Burt.



Kedron-Wavell RSL Sub Branch will commemorate ANZAC Day at the Chermside Historical Precinct on Kittyhawk Drive. More details are available <a href="https://doi.org/10.2016/nce.2016/n

Lest we forget.

## **TPCH Staff Council update**

I attended TPCH Staff Council meeting this week (Janice Geary and Kwun Fong were on Teams so not in this photo). The meeting covered a range of topics including TPCH Expansion Project and Have Your Say survey.

details are on QHEPS here. Planning for TPCH Charlies Week and how the Staff Council could be involved was also covered.

Metro North Board Chair Bernard Curran and Chief Executive Jackie Hanson also attended via Teams. They provided updates



on the end of financial year, contract negotiations with the Department of Health and priorities across Metro North Health. A very productive meeting.



# TPCH Nursing Excellence Awards

As a former emergency nurse, I have a strong appreciation of the work nurses do each day.

I take my hat off to all of our nurses for their care and commitment to our patients. You all make a difference.

Each year TPCH acknowledges the valuable roles each of our nurses play in providing kind and compassionate care for our patients.

Nominations are now open for TPCH's annual Nursing Excellence Awards in four categories:

- · Leadership and Management
- Education and Research
- Clinical Practice
- Outstanding Collegial Support (Cheryl Burns award)

Email your completed nomination form to <a href="mailto:DON\_TPCH@health.qld.gov.au">DON\_TPCH@health.qld.gov.au</a> by 5pm Wednesday 30 April.

The awards will be presented on Monday 12 May, 2pm - 4pm in the Dr Mark O'Brien Auditorium, Education Centre.

Thanks to QSuper for its ongoing support of our awards. We certainly appreciate it.

Nominate here!

## Eat Walk Engage celebrates Easter

Our Eat Walk Engage team celebrated Easter with patients on Ward 1C with several fun activities.

Patients enjoyed arts and crafts, bingo and an Easter egg hunt.

The Ward 1C staff consistently demonstrate a commitment to enhancing patient care for older adults in hospital by providing meaningful engagement activities and opportunities for social interactions.

You are all superstars!



# New Adult Sepsis Pathway

Sepsis is a time critical and life-threatening condition.

Studies show that Sepsis care is improved when a pathway is utilised.

The Adult Sepsis Pathway - developed by Clinical Excellence Queensland - replaces the Emergency Department Adult Sepsis pathway that has been used for many years.

TPCH Sepsis Working Group will go live with the Adult Sepsis Pathway across all clinical areas on Thursday 1 May 2025.

Any of these symptoms could be sepsis and is a medical emergency! Tachypnoea **Tachycardia** Hypothermia vomiting <35.5°C ≥ 25 ≥ 130 Temperature ≥38.5°C Not passed urine New fatigue. Pain or 'feeling (or≥38°C for for 12-18 hours confusion. worse than ever' maternity patients) drowsiness or change in behaviour

This initiative is part a broader program to improve Sepsis care at TPCH. A Clinical Fact Sheet is available <a href="https://example.com/here">here</a>.

Audits and data collection will occur to inform the Recognising and Responding to Clinical Deterioration Committee.

Early recognition and management of Sepsis can save lives.

For further details, contact TPCH Safety and Quality CNC Angela McGillivray.

### Flu vaccinations continue

Influenza activity is increasing across Queensland. Case counts across the State are 35 per cent higher compared to the same period last year (to date). 85 per cent of notifications were Type A.

Flu vaccinations continue next week at TPCH until early May.

Full details including all clinic times and locations across Metro North Health facilities are available on the <u>Metro North Staff Extranet page</u>.



# **Congratulations**

Congratulations to Metro North Critical Care Research Group (CCRG) Fellow Dr Silver Heinsar, who was recently awarded the 2025 Estonian President's Young Scientist Award.

This is the highest honour a scientist under 35 years of age can receive in the country.

The award acknowledges the work Dr Heinsar did at TPCH on mechanical circulatory support, pushing the global



knowledge of pulsatile ECMO by examining the interaction and consequences of various blood flow conditions in a model of cardiogenic shock.

Dr Heinsar (left) accepted the award from the President of Estonia Alar Karis.

### **Shout out**

A shout out to JHO Dr Thomas Skerlj for his commitment to service improvement and outstanding contribution to the Statewide Eating Disorder Guideline Project.

Dr Thomas Skerlj completed 20 hours of research by participating in the systemic review of *Cardiovascular Risk Factors for Serious Health Events in Individuals with Eating Disorders*.

He is also a Prevocational Education Committee (PEC) member who provides regular feedback to the committee and advocacy for his fellow peers.

Thank you for your work helping colleagues to help our patients.

## Today's quote:

- "The greatest victory is that which requires no battle."
- Sun Tzu 'The Art of War'.

Kind regards,

# Tami Photinos Executive Director

The Prince Charles Hospital

We respectfully acknowledge the Traditional Owners and Custodians of the land on which our facilities are built. We also pay respect and acknowledge Elders past, present and the future.





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