



Dear colleagues,

Wednesday this week marked RBWH Foundation Giving Day for 2025. The biggest event on the Foundation's calendar, Giving Day shines a spotlight on the remarkable work that happens at RBWH every day and encourages Queenslanders to donate to support patient care innovation and world-leading research.

This year, more than \$1,000,000 was raised. An incredible fundraising effort that speaks to recognition of the critical role RBWH plays in our community.

I was pleased to be able to join an enthusiastic group of supporters for the early Sunrise broadcast, which featured live crosses to various parts of the hospital showcasing inspiring patient stories about how RBWH saves lives and the impact donations to the foundation have.

Later in the day, sports stars and Foundation Ambassadors from the Brisbane Lions, Queensland Reds and Queensland Bulls joined rugby league icons Wally Lewis and Trevor Gilmeister in touring wards to meet and chat with patients and staff.

This year's Giving Day also highlighted the long and enduring relationship between RBWH and the Australian Defence Force (ADF), with many staff visiting the Bushmaster vehicle outside the hospital and the field operating theatre in the atrium on the day. We are privileged to have exceptional shared staff who work across RBWH and the ADF. One of those is Intensive Care Consultant and Navy Reservist, Commodore Anthony Holley, who was interviewed on Sunrise and spoke about some of the benefits of the ongoing partnership between the two organisations.

Thank you to everyone who got involved in Giving Day activities and to those who donated to support the foundation to continue their important work.





Among the many benefits the RBWH Foundation provides to our hospital is funding for a Staff Wellbeing Officer role. Liz has held the position for almost 5-years.

With a career as a paediatric intensive care social worker before starting with us, Liz explains more about her work.

"There is a reactive component to the job, where I support teams and staff after critical incidents. This is part of my focus to create a debriefing culture at RBWH," Liz said.

"In a more proactive space, I conduct coaching and training delivering more than 150 talks each year and am researching all aspects of staff wellbeing."

Liz is driven and motivated in her work by a passion for public health.



"Like all of our roles, this one has it's challenges, but I'm humbled to be part of a broad and diverse team that does extraordinary things every day." she said.

Liz leads a walking group every Monday and Thursday at 5pm and runs a book club every six weeks. She will shortly be launching the 2025 Wellbeing Challenge, which will include daily activities that focus on wellbeing initiatives and habits. Stay tuned for more information coming soon!

## **Congratulations, Joel!**

As you may have seen in the Acting CE's message earlier today, it's been a busy week for RBWH Director of Research, Joel Dulhunty.

I was delighted to be in attendance last week when Joel was awarded as Emerging Philanthropist of the Year at the Queensland Gives awards. The award was recognition of his work as the driving force behind Raise it for Redcliffe Hospital, which has raised more than \$1 million in 4-years for patient care, staff wellbeing and vital research.

On Giving Day, Joel set off live on Sunrise from RBWH at 6.35am to cycle to Redcliffe Hospital on his penny-farthing as part of the fundraising efforts. He was met by supporters at Redcliffe Hospital around 9am.



Joel received recognition for his Raise it for Redcliffe Hospital work at the Queensland Gives Awards.



Joel cycled from RBWH to Redcliffe Hospital on his penny-farthing as part of Giving Day.

## Metro North Mentoring Program

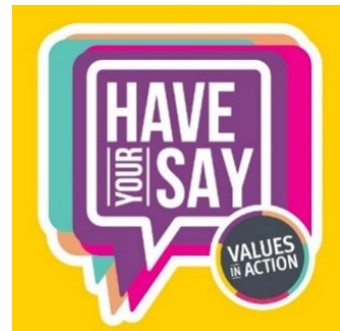
access to valuable insights to aid career development and personal growth.

I am pleased to let you know about the new Metro North Mentoring Program, which is now available for all staff to access. Mentoring relationships are a great way to receive support and

The Metro North program is a structured, yet flexible initiative designed to foster meaningful mentoring relationships—empowering mentees to take the lead in choosing their mentor through a ‘self-service’ approach but offering support and resources for both parties to get the most out of the experience.

## Thanks for having your say

The Have Your Survey for 2025 is now closed. Thanks to the more than 3,200 RBWH staff who completed it. This represents a 40 per cent completion rate, similar to the 2023 survey. I would like to congratulate the Speech Pathology team as RBWH's top performers, with 81 per cent of the team completing the survey. We will be in touch soon regarding your prize!



Kind regards,

We respectfully acknowledge the Traditional Owners and Custodians of the land on which our facilities are built. We also pay respect and acknowledge Elders past, present and the future.

