Metro North Health

Message from the

### **Executive Director Caboolture**, **Kilcoy and Woodford**

Karlene Willcocks

We respectfully acknowledge the Traditional Owners and Custodians of the land on which our facilities are built. We also pay respect and acknowledge Elders past, present and the future.

Kia Ora CKW team,



Well, I'm back from leave from a very cool Victoria, where I got to see some beautiful scenery and wildlife as I went on my runs. Upon mv return. I was straight back into the hustle and bustle of a very busy hospital! I've heard that last week was especially challenging, so I want to say a huge thank you to everyone for continuing to focus



that covered while I was away, there was a lot of sick leave across our site which saw people stepping in and up to cover. I truly appreciate your hard work and commitment.



#### Metro North Health Equity Strategy

On Tuesday, I had the pleasure of attending the launch of the Metro North Health Equity Strategy 2025-2028 a meaningful step forward in our continued work to improve health outcomes for Aboriginal and Torres Strait Islander peoples.

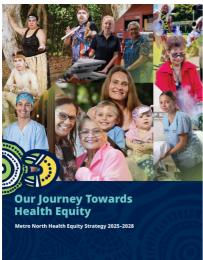
It was a powerful and uplifting event, with more than 300 people in attendance, including our Metro North Chief Executive Jackie Hanson and Executive Director of Aboriginal and Torres Strait Islander Health, Sherry



Holzapfel. We were also joined by members of our workforce and respected Community Elders for the official launch.

The new Health Equity Strategy sets out four clear priorities to guide us:

- Zero tolerance for racism in Metro North Health.
- Culturally safe and welcoming care across all hospital and healthcare services.



Co-designed models of care that reflect and respect culture. Data-driven action to sustain long-term, culturally safe equity.

I encourage you to take some time to read the strategy and think about how you can contribute to making health equity a reality - for everyone, in every part of our care.





#### Stop Racism. It Starts with Me.

At the same forum, Metro North Health launched its new anti-racism campaign *Stop Racism. It Starts with Me* in the lead up to NAIDOC Week celebrations, 6 to 13 July 2025.

The campaign invites all of us to address unconscious bias and institutionalised racism in healthcare for Aboriginal and Torres Strait Islander peoples.

The campaign was co-designed with Aboriginal and Torres Strait Islander staff, patients, and community members, as part of truth-telling and focusing on what racism looks like, sounds like, and feels like.

The campaign is supported by a newly developed <u>Aboriginal and Torres Strait Islander anti-</u><u>racism policy</u> and reporting mechanism for incidents of racism. It is designed to create educational awareness among Metro North's workforce and empower you collectively to see racism, change it and stop it.

The initial focus of the campaign is supporting Aboriginal and Torres Strait Islander peoples, with future phases supporting the culturally and linguistically diverse community and other racially affected communities working in and accessing Metro North Health.

This is an important initiative to affect real change in our health system and I am calling on each and every one of you to get on board and put a stop to racism. A series of films, posters and educational resources have been created and can be accessed <u>here</u>.



#### Wednesday night food truck

The first Wednesday night food truck was a hit, so we have decided to keep it going as a regular weekly occurrence. Unfortunately, this week's food truck had to cancel due to a situation out of our control.



**It's a Wing Thing** will be back next Wednesday 9 July from 5pm-8pm near the main entry drop-off zone. To make it beneficial for the food truck vendor,

please encourage staff, patients (if they are able) and visitors to come down and grab a delicious meal.

### What's On - July



# Queensland Australian Institute of Architecture Awards

We can all acknowledge that our new Clinical Services Building, entry and courtyard are spectacular. So, it is with pleasure I tenure our congratulations to Jacobs Architects who won awards for their work at the recent Queensland Australian Institute of Architecture Awards.



Jacobs won:

- · Social Impact Prize: Caboolture Hospital Clinical Services Building
- The FDG Stanley Award for Public Architecture: Caboolture Hospital Clinical Services
  Building

and received a commendation for:

• Interior Architecture: Caboolture Hospital Clinical Services Building

Read more about the awards here.

It is great for us who work at Caboolture Hospital, broader CKW, and for our community to work in and have access to an award-winning building.

#### Reflection

On return from leave, it is always a bit like being hit by an avalanche of work. So, as I head into my weekend, I am mindful of the need for us all to look after ourselves and each other, to take some time out and to ensure we get ample rest, recovery and time to do activities that fill our

cups, be that reading a book, or running a marathon.

As we hit the peak of winter, we will inevitably have staff off sick with respiratory ailments. Can I encourage you to ensure you look after yourself and your colleagues – ensure you have had your flu vaccine! To book a flu vax please contact Infection Control on <u>CabH-</u><u>Infectioncontrol@health.qld.gov.au</u>

Most of all, please be kind to each other as we continue to see high demand, support your colleagues and continue to respond to the community's needs.

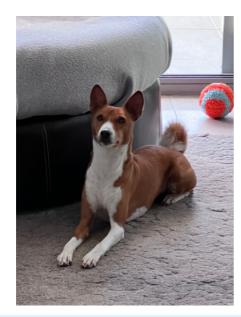
#### Quotes of the day

"In a world where you can be anything, be kind."

**Clare Pooley** 

E. Lockhart

"Be a little kinder than you have to."





# Got a question or suggestion for the CKW Executive Director?

EMAIL ASK KARLENE



Kind regards,

**Karlene Willcocks** 

Executive Director,

Caboolture, Kilcoy and Woodford

