



Dear team,

At the recent 'Hi 5 in 25' event at North Lakes a question was raised around accommodation and the potential movement of services.

Following on from that conversation, I just wanted to reassure everyone that no decision has been made to relocate services from North Lakes.

If we were considering any changes across any of our facilities we will ensure that an in-depth consultation process occurs with staff.

### **Our new emerging leaders**

Recently, the Metro North Leadership Program was concluded with graduate presentations.

Five of our amazing COH leaders graduated and I would like to congratulate them for their commitment to their own personal leadership development and efforts balancing this program with their current roles.

Our successful graduates include:



1. Maddison Goodwin – Acting Director, Occupational Therapy
2. Michelle Crawford – Nurse Unit Manager, Ebbtide House
3. Amanda Barnett – Senior Dietitian, Halwyn and COH Dietetics Clinical Educator
4. Kim Gabriel – Advanced Social Worker, Brighton Rehabilitation Unit
5. Zoe Johnston, Principal Oral Health Therapist, Metro North Oral Health Service.

The Leadership Program is geared towards first-time managers (clinical and non-clinical), existing leaders looking to develop their skills or emerging leaders.

Find out more at [Metro North Leadership Program](#) | [Developing You](#) | [Metro North Hospital and Health Service](#)

### **Stop Racism. It Starts with Me.**

Metro North Health has launched its new anti-racism campaign *Stop Racism. It Starts with Me* in the lead up to NAIDOC Week celebrations, 6 to 13 July 2025.

The campaign invites all of us to address unconscious bias and institutionalised racism in healthcare for Aboriginal and Torres Strait Islander peoples.

The campaign was co-designed with Aboriginal and Torres Strait Islander staff, patients and

community members, as part of truth-telling and focusing on what racism looks like, sounds like and feels like.

The campaign is supported by a newly developed [Aboriginal and Torres Strait Islander anti-racism policy](#) and reporting mechanism for incidents of racism. It is designed to create educational awareness among Metro North's workforce and empower you collectively to see racism, change it and stop it.

The initial focus of the campaign is supporting Aboriginal and Torres Strait Islander peoples, with future phases supporting the culturally and linguistically diverse community and other racially affected communities working in and accessing Metro North Health.

This is an important initiative to affect real change in our health system and I am calling everyone to get on board and put a stop to racism. A series of films, posters and educational resources have been created and can be accessed [here](#).

### **Metro North Health Equity Strategy 2025-2028**

The new [Metro North Health Equity Strategy 2025 – 2028](#), launched on 1 July, describes our commitment to drive health equity, eliminate institutional racism across Metro North Health and achieve life expectancy parity for Aboriginal peoples and Torres Strait Islander peoples by 2031.

Through the new strategy we are responsible for four key strategic priorities:

1. There is zero experience of racism within Metro North Health.
2. Creating safe hospital and healthcare services for Aboriginal and Torres Strait Islander people.
3. Develop and enhance culturally safe, co-designed innovative care models.
4. Sustain culturally safe, data driven equity.

Our objective is to build and support empowered communities to achieve equity of health outcomes, access and experience for Aboriginal and Torres Strait Islander peoples based on the social, cultural and economic determinants of health.

We are all responsible, from each level and profession across COH. I encourage each staff member to read through the new strategy and learn about our accountable key actions and priorities that will be driven across our directorate and health service.

### **HR Fundamentals education sessions**

One of the key focus areas for People and Culture Services is to support employees with continuous learning and growth. To achieve this, they have developed a series of short online Microsoft Teams sessions aimed at new managers.

Each session focuses on a specific people-management related topic and aims to develop ethical and inspiring leadership, and unlock talent across Metro North Health. HR Fundamentals Training 2025 Calendar: is available [HERE](#)

You can register for any of the sessions via TMS and search "HR Fundamentals".

### **Nominate a COH Connecting Care Champion at North West**

In July, we will be taking FIVE to acknowledge our caring, connected and compassionate champions at our oral health and community sites as part of our 'Hi5 in 25!' visits.

Our visit to North West Community Health Centre will be to acknowledge some of the highlights

that facility staff love about their work, look at opportunities for improvement and crown some Connecting Care Champions:

North West Community Health Centre  
Wednesday, 9 July  
2.00 - 3.00 pm



It only takes FIVE minutes to nominate a person for this new, fun Connecting Care Champion award by sending a short 50-100 word email to [COH-Communications@health.qld.gov.au](mailto:COH-Communications@health.qld.gov.au)

### **A Final Shout Out - Brighton Wellness Hub**

Rebecka is from the Brighton Wellness Hub, and she says the Hub is all about aging in a well way.

"We've got all sorts of activities here! We start our week with line dancing, then there's a community catchup with board games and plenty of cups of tea and coffee."

"We have meditation, chair yoga, walking football, just so many different things to enjoy and stay engaged."

[Read more ...](#)



**Jayne Stevenson**  
**A/Executive Director**  
**Community and Oral Health**

Metro North Health acknowledges the traditional custodians of the land, and pays respect to Elders, past, present and future.