

Summary:

- Delivering preventative oral health lessons to kids
- Less than one week left to nominate COH Staff Excellence Awards
- Connecting the community to health services
- Compassionate Care Principles
- New staff bulletin board
- Final shout out COH volunteer Nancy

Message feedback



Audience: All staff



Read time: 3 min



For: Information

Dear team,

Our School Dental Service staff were out and about again last week visiting prep students to show that cleaning your teeth can be a very fun experience.

The team visited a number of primary schools, including the Strathpine State School as part of Dental Health Week.

With their great smiles on show, Leo and Rigel (left) were part of a large group of 'prepsters' who enjoyed our demonstrations.

Dental Health Week is the Australian Dental Association's major annual oral health campaign.

This year's theme focuses on the importance of children's oral health milestones, and educating parents and caregivers about what they need to do to help their kids 'reach every S-milestone'.

Good oral healthcare is always about:

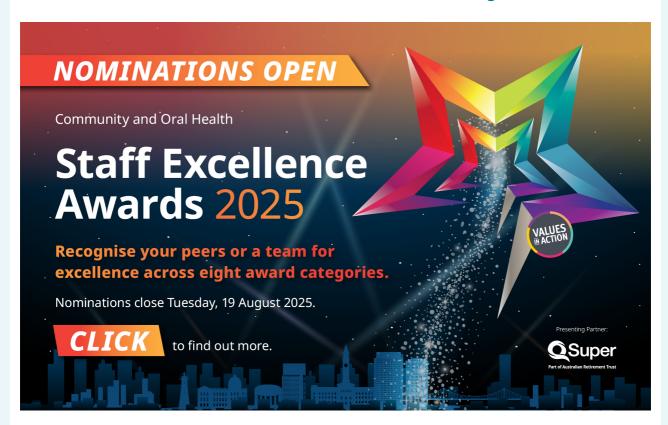


- Brushing twice per day with a fluoride toothpaste.
- Cleaning in between teeth daily using floss or interdental brushes.
- Eating a nutritious diet, low in sugar.
- Seeing your dentist regularly.



Cahit Ozbeyazli, Larishna Ramasamy and Gen Lewis at Strathpine State School.

COH Staff Excellence Awards - Less than one week remaining to nominate!



Connecting the community to health services

The COH Engagement Team recently held their first **Connect with Health Forum** at the Brighton Wellness Hub recently.

The aim of this forum was to help our consumers in the community understand how to:

- Access care without going to Emergency Departments
- Access My Aged Care
- Understand and connect to Telehealth and Virtual Care Service.

Visiting stall holders and presenters were from:

- Rapid Access to Community Care
- PHN Team Care Coordination
- Brisbane City Nurse-Led Walk-in Clinic
- My Aged Care
- Virtual Health Care and Videocall (Telehealth).



I encourage staff to familiarise themselves with the <u>Metro North Compassionate Care Principles</u> These principles outline the type of care we should aim to deliver to our patients each day.

The <u>Metro North Compassionate Care Principles</u> aim to promote engagement and inclusion with our patients, families and carers in decision making and communication leading to improved satisfaction.

The Principles align with the <u>National Safety and Quality Health Service Standards</u> and the <u>Metro North Values in Action</u> providing a consistent message about the level of care and behaviours that consumers can expect from Metro North Health staff.

New Community and Oral Health Facility Bulletin Board

The new <u>Community and Oral Health Facility Bulletin Board</u> replaces the existing bulletin boards, located on the local network drive for your facility.

The new COH Facility Bulletin Board offers a more user friendly and accessible way to stay informed about site specific updates, key information and important links to key information across all COH Facilities.

If you find you do not have access, please link with your facility management team who will be able to assist.

Final shout out - COH volunteer Nancy

A quick yarn with Brighton Wellness Hub volunteer Nancy revealed that she is a founding member of the knitting club, having created winter woollies for residents for over 23 years.

Alongside her fellow knitters, Nancy and the team create beanies for babies through to capes and blankets for those who call Gannet House home.



Read more ...

Glynis Schultz Executive Director



Metro North Health













We uphold our commitment to health equity through our Values in Action Respect | Integrity | Compassion | High Performance | Teamwork



Metro North Health acknowledges the Traditional Custodians of the Land upon which we live, work and walk, and pay our respects to Elders both past and present.

Metro North Health's vision

Creating healthier futures together—where innovation and research meets compassionate care and community voices shape our services.



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