



Summary:

- Upcoming COH Excellence Awards ceremonies
- In the meantime, just a few shout outs
- Join the fun - Week of Happiness
- Cancer Care Clinical Services Plan
- A final shout out - Brighton Health Campus rehabilitation and support services

Message feedback



Audience: All staff



Read time: 5 min



For: Information

Dear Team

The judges have finished their deliberations and our winners have been identified.

In late September and early October, I will be delivering six award ceremonies across the directorate.

A total of 17 staff members and a few teams will be acknowledged for their inspirational efforts supporting our patients, residents, their families and peers.



Our first COH Staff Excellence Awards ceremony for 2025 will be on Thursday 25 September for our oral health colleagues at the Oral Health Professional Development Day.

As a bit of a prelude and to keep you guessing about who the winners are, other ceremonies will be held at:

- Aspley Community Health Centre
- Kallangur Satellite Community Health Centre
- Zillmere Residential Transition Care Program
- North Lakes Health Precinct
- Brighton Health Campus.

I can't wait to celebrate and acknowledge our deserving winners and share their stories with you over the coming four to six weeks.

Keep an eye out for the special broadcasts for when ceremonies will be held.

In the meantime, just a few shout outs

While we wait for the excellence awards announcements, I have been meaning to share some of the Metro North Staff Shout Outs from recent months.

- **Debbie McGrath, Complex Chronic Disease:** For being a quiet achiever.
- **Leila Meland, Nurse Navigators:** For going above and beyond for her patients.
- **Elizabeth Paton, School Dental Service:** For her enthusiasm and kindness.
- **Itopa Ajayi, Senior HR Business Partner:** For initiative, teamwork and dedication.
- **Jamie Taylor, PACS Chermshire:** For respecting cultural differences.
- **Michelle Crawford, Ebbtide House:** For setting a powerful example of compassion and professionalism.
- **Shannaen Gilbert, Rehabilitation:** For the incredible support to staff.
- **Amanda Loughheed, Hospital in the Home:** For her warm and generous heart, and patience.
- **Paramjit Kaur, Nurse Navigators:** For exemplifying the values of compassion and high performance.
- **Selina Woodbridge, Halwyn Centre:** For delivering care which enhances resident independence.
- **Elaine Tolentino, Halwyn Centre:** For the care, respect and kindness shown to residents.
- **Louise Cummings, Halwyn Centre:** For the care and commitment to our residents.
- **Ebbtide House staff:** For their resilience and adaptability.
- **COH ICT Team:** For being timely and highly efficient.
- **Caboolture Outreach Dental Team:** For keeping projects on track.

Each month, I look forward to seeing all of these Metro North Health Shout Outs which can be submitted via [Staff Shout Out | Values in Action | Metro North HH](#)

Join the fun - Week of Happiness

September and October is always a great part of the year where we acknowledge and support our staff with awards, R U OK? Day celebrations and the Week of Happiness.

COH's Week of Happiness is a fun and uplifting initiative designed to boost wellbeing and strengthen connections.

The Week of Happiness will run from October 6 to 10 and include some daily fun, engaging activities that all staff can get involved in.

- Move it Monday
- Tastebud Tuesday
- Wear it Wednesday
- Thankful Thursday
- Friday's Scavenger Hunt.

Find out more about each day's activity by viewing the [COH Week of Happiness Poster](#).



COH WEEK OF HAPPINESS

COH's Week of Happiness is a fun and uplifting initiative designed to spark joy, boost wellbeing and strengthen connections

6th - 10th October 2025

Each day submit pictures of your service/facility celebrating morning, noon or night for the chance to win the COH Week of Happiness perpetual trophy! Email your pictures to COH-StaffCouncil@health.qld.gov.au

Monday 6th October - Move it Monday
Share a picture of your service showing how they get their body moving. Bonus points for costumes and creativity! This could be through dance, exercise or going for a walk outside. Ever wanted to try a laughing circle? Organise a laughing circle with your service and share the video with COH Staff Council.

Tuesday 7th October - Tastebud Tuesday
Organise a morning tea/lunch where staff can bring a plate of their culture/favourite culture to share with others. Submit a picture of your morning tea/lunch to enter!

Wednesday 8th October - Wear it Wednesday
Have your team come dressed in your favourite colour or wacky socks

Thursday 9th October - Thankful Thursday
Submit an anonymous compliment via the QR Code. COH Staff Council will collate these and share them with the nominated person or team. If you would like to remain anonymous please specify this in your request.

Friday 10th October - Scavenger Hunt
Create a team of 4-6 and have some fun with this scavenger hunt throughout the week! Scan the QR code to view all the instructions and submit your pictures. All photos need to be submitted together. The winning team will be rewarded with a special prize.

Cancer Care Clinical Services Plan

The Metro North Health (MNH) Queensland Cancer Centre (QCC) Project Team in partnership with the RBWH Cancer Care Service and the MNH Service Strategy and Planning Unit, has commenced background planning for the ten-year MNH Cancer Care Clinical Services Plan 2026-2036.

As part of the planning activities, stakeholders are invited to complete a survey and provide feedback on a Service Needs Assessment background paper. This paper describes the unmet cancer services needs across Metro North Health and provides an analysis of current service arrangements, future demand projections and emerging innovations in cancer care.

The survey opens on Monday 22 September 2025 and closes on Friday 3 October 2025. The survey link and background paper will be available via [QHEPS](#) and the RBWH website on Monday 22 September.

Staff are also invited to attend a consultation briefing which will provide additional information about the planning process and how to get involved:

- **Date:** Tuesday 16 September
- **Time:** 11.30 am – 12.30 pm
- **Microsoft Teams:** [Join TEAMS](#)

A final shout out - Brighton Health Campus rehabilitation and support services

Another wonderful compliment about the whole team at the Brighton Health Campus.

The Rehabilitation Unit ward was excellent with food service choices and the quality of food were far superior to hospital food. Dr Bansal was very sincere and compassionate towards me which was very comforting, genuine and she was concerned with my health.

On discharge I was able to walk out of the building and go home. I would like to thank Dr Bansal for the professionalism, concern and care she had shown me during my stay at the rehabilitation unit.

I would also like to thank Julie, one of the physiotherapists. She was very sincere and supportive with my condition as I was unable to walk due to my lack of balance. It is through her efforts that I was able to achieve my goal 'to walk out of the rehab centre' on discharge.

Also, to the delightful occupational therapist Paige, she was also very professional. The pharmacist' department were also very good. I spoke to one of the pharmacists, Erin who was also a delight to deal with.

To Jerry, the orderly who chauffeured me to the rehab unit every day. He was very chatty and friendly. He also took my two luggage bags to my car which was very unexpected. I couldn't ask for better service than that.

Finally, the nurses who were all very good towards me. I learnt that dignity is thrown out the window when you are unable to do things for yourself and have to rely on the nurses to look after all of your needs.

Finally, I have nothing but praise for the Rehabilitation Unit. It's no wonder I recovered in such a short time.

Glynis Schultz
Executive Director

Metro North Health



We uphold our commitment to health equity through our Values in Action
Respect | Integrity | Compassion | High Performance | Teamwork



Metro North Health acknowledges the Traditional Custodians of the Land upon which we live, work and walk, and pay our respects to Elders both past and present.

Metro North Health's vision

Creating healthier futures together—where innovation and research meets compassionate care and community voices shape our services.



**Queensland
Government**

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