

Metro North Health

Message from the

# Executive Director The Prince Charles Hospital

Tami Photinos



## Summary:

- Staff Excellence Awards nominations
- Executive update
- R U OK? Day events
- Podiatry team compliment
- Shout Out to Rosie

Message feedback



Audience: All staff



Read time: 4 min



For: Information

Dear team,

[Nominations](#) for the TPCH Staff Excellence Awards will close on Monday 15 September, which means we have just over a week to go!

TPCH has a longstanding and proud reputation of being leaders in patient care, education and research. These annual awards provide an opportunity to recognise and celebrate those individuals and teams who make a significant contribution to TPCH and Metro North.

We also celebrate staff who demonstrate a strong commitment to our values: respect, teamwork, compassion, high performance and integrity.

More information including the award guidelines are [available on QHEPS](#).



## Executive update

We had a great turnout (left) for the staff forum with acting Chief Executive Dr Liz Rushbrook discussing the Metro North Have Your Say survey results and Strategic Plan 2024-2028 refresh.



The Have Your Say results highlighted that we have a positive and constructive feedback culture at TPCH, which is a great result.

I will host a TPCH All Staff Forum in the next few weeks to unpack our results, discuss responses to your feedback and outline our next steps. Keep an eye out for more details next week.

I attended the thoracic consultant's meeting which provided a good overview of the work

being done.

It was also great to visit the Kallangur Satellite Health Centre (Kalangoor) with Finance Director, Darren Ransom, yesterday morning.

Director of Aboriginal and Torres Strait Islander Health Services Kieran Costigan, Darren and I met with Facility Manager Melissa White (right), who's back after a period of secondment.



We also visited the Aboriginal and Torres Strait Islander team and spoke with Emma, Braydon and Polash from the Minor Injury and Illness Clinic.

SBARS for Ryan's Rule calls are no longer required but it is important that we continue to enter the information into Riskman for review.

Finally, good luck to TPCH Internal Medicine Team, which is in the running for a 2025 Australian Council on Healthcare Standards (ACHS) Quality Improvement Award. for its post-delirium follow-up service. It's already a big winner for patients!

### Pause and Reflect Yarning Circles

Metro North Health is committed to addressing racism in a meaningful and lasting way. This includes a series of Pause and Reflect Yarning Circles in the TPCH Gathering Garden to reflect on experiences, listen, share, build connections and receive support.

The next Yarning Circle will be held on Wednesday 10 September, starting at 1pm.



### R U OK? Day

Congratulations to our TPCH R U OK? Day ambassadors, who celebrate colleagues and champion the R U OK? message every day.



A conversation could change a life, but you don't need to be an expert to ask R U OK?

Learn how you can proactively check in with colleagues at R U OK? training on Tuesday 9 September from 10am to 11am in the Education Centre. [Enrol here.](#)

Please consider wearing yellow on Thursday to show your support for R U OK? Day.

TPCH has several events planned, which will include:

- a stand in the cafe with posters and merchandise
- jewellery making circle in the Gathering Garden with Rebeckah Mooney
- TPCH Staff Council members and executives visiting areas throughout the hospital between 8am and 4pm with yellow goodies for staff including bananas and chocolates

### What a compliment!

Our podiatry team received a wonderful compliment this week. I have included some of the email below. The team of Emily, Avon, Shaylyn, Ethan, Jacob, Emmaya and Amelia helped the former patient independently manage wound dressings.

"Their wound care was of the highest order, always accompanied by clear explanations and a willingness to share knowledge generously.

"... confidently and competently caring for my own wound has been life changing and I attribute it directly to their commitment to patient education and empowerment.

"The team embodies .... a genuine desire to see their patients thrive."

### Staff Profile - Peta Mitchell

Peta Mitchell has been Metro North Mental Health's Artist in Residence, based at TPCCH, for the past 15 years.

Peta was unwell as a youngster and spent a lot of time staring at blank hospital walls.

She is not an art therapist, instead creating art pack and techniques that peer support workers can use.

"Therapeutic art making is an important part of the consumer's journey. It's about them learning their strengths and the value seen in creativity," Peta said.

She enables abilities that have been a platform to launch further creativity.



### Shout Out - Rosie Rowe

TPCH Operating Theatres nurse Rosie Rowe is retiring after an impressive 55 years of nursing.

Rosie started her career in 1970 at the RBWH as a 17-year-old and started nursing with TPCCH perioperative in 1979.

Rosie told colleagues that nursing had allowed her to make a positive difference in the lives of others. She encouraged nurses to be the best advocates for themselves and their patients.

### Finally,

The TPCCH Staff Council is seeking feedback and suggestions. Provide your thoughts [here](#).

Kind regards,

**Tami Photinos**  
Executive Director  
The Prince Charles Hospital

**Metro North Health**





We uphold our commitment to health equity through our Values in Action  
Respect | Integrity | Compassion | High Performance | Teamwork



Metro North Health acknowledges the Traditional Custodians of the Land upon which we live, work and walk, and pay our respects to Elders both past and present.

**Metro North Health's vision**

Creating healthier futures together—where  
innovation and research meets compassionate  
care and community voices shape our services.



**Queensland  
Government**

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