

national safe work month

October 2025



Health and Safety Services | People and Culture

October is [National Safe Work Month](#), a time for all within Metro North Health to continue to strengthen their commitment to building safe and healthy workplaces for all.

This year's theme, **safety: every job, every day**, encourages all workplaces – regardless of occupation, industry, location, and size – to prioritise safety in their job every day. Practicing **safety: every job, every day** means we can reduce the rate of serious injuries and illnesses in our workplaces and ensure everyone gets home safely from work.

During Safe Work Month, Metro North Health is hosting an exciting schedule of events including: safety pop-up booths, safety engagement walk and talks, SafeTea morning teas and competitions. Recognise National Safety Work Month this October by hosting a [SafeTea](#) event at your workplace. Gather your team, a cuppa and have an important conversation about health and safety at work. All Metro North Health employees are encouraged to register for virtual work, health, safety and wellbeing webinars.

WEEK 1 - Identify Hazards

What is a hazard? A hazard is anything that has the potential to cause harm. This could be a physical condition, a process, a substance, or even a work practice. Refer to [Risk management | Health and safety](#) for common healthcare hazards.

How to identify hazards? Hazards can be identified by conducting walkthroughs, reviewing information, consulting with workers, considering the work environment and inspecting equipment. Work areas can utilise the WASIC tool ([Monitoring & performance | Health and Safety](#)) to proactively identify potential hazards.

WEEK 2 – Assess Risks

What is a risk assessment? A risk assessment is a systematic process to evaluate what could happen if someone is exposed to a hazard and the likelihood of it happening.

You may not need to undertake this step if the hazards, risks, and control measures are well-known.

How to conduct a risk assessment? The Metro North Risk Analysis Matrix must be used to determine the level of consequence and likelihood for all risks. Refer to resources from [Risk Management | Health and safety](#) for the risk assessment template.

WEEK 3 – Control Risks

What is a risk control? A risk control must adequately control the risk, allow workers to work without undue discomfort, not create new risks to health and safety, and protect every person who has any risk of being exposed to the hazard.

How to determine risk controls? If it is not reasonably practicable to eliminate risks, then the 'Hierarchy of Control' should be consulted, and a combination of control measures should be applied. Refer to [Managing risks | WorkSafe.qld.gov.au](#) for the 'Hierarchy of Control.'

WEEK 4 – Review Controls

Why should you review controls? The control measures you put in place should be reviewed regularly to make sure they work as planned. Don't wait until something goes wrong.

How to review controls? You may use the same methods as in the initial hazard identification step to check controls. If you find problems, you should then work through the full risk management process to develop more effective ways to manage risk. A written record of all your business's risk management decisions and activities will make future risk assessments simpler and easier. If an incident occurs, well-kept records will also help you demonstrate that you've met your duty of care for your workers.

Safety Event Schedule every job, every day national safe work month

Week	Event Description	Date	Time	Event Type
Week 1: Identify Hazards	MNH Safe Work Month - Safety every job, every day launch	Wednesday, 1st October		Email Launch
	CABH/Kilcoy/Woodford WHS Noticeboard Competition	Wednesday, 1st October		Email Launch
	North Lakes Health Precinct - Safety Engagement Walk and Talks	Friday, 3rd October	11:00 - 12:00	Facility Walkaround
	RBWH Health and Safety Management Meeting	Tuesday, 7th October	1:00 - 2:30	Facility
	REDH - Safety Engagement Walk and Talks (Exec/SLT Members)	Wednesday, 8th October	All Day	Facility Walkaround
Week 2: Risk Assessment	REDH H&S/OVP Management Committee Meeting	Thursday, 9th October	10:00 - 11:00	TEAMS
	Brighton Health Campus - Safety Engagement Walk and Talks	Thursday, 9th October	11:30 - 12:30	Facility Walkaround
	RBWH - Safety Pop-up Booth - Royal Week Food Trucks	Friday, 10th October	10:00 - 2:00	Education Centre, RBWH
	RBWH Atrium - Safety Pop-up Booth	Monday, 13th - 16th October	All Day	Level 1 Atrium Ned Hanlon Building, RBWH
	TPCH - Safety Pop-up Booth (Patient Handling Focus)	Monday, 13th October	10:00 - 1:00	Breeze Cafe, TPCH
Week 3: Risk Controls	CABH - WHS OVP Management Committee Meeting	Monday, 13th October	12:30 - 2:00	Facility
	STARS - Safety Engagement Walk and Talks	Tuesday, 14th October	11:00 - 13:00	Facility Walkaround
	CABH - Main Hospital Foyer - Safety Pop-up Booth	Wednesday, 15th October	9:30 - 2:00	Main Hospital Foyer, CABH
	REDH - Safety Engagement Walk and Talks (Exec/SLT Members)	Wednesday, 15th October	All Day	Facility Walkaround
	Holwyn Centre - Safety Engagement Walk and Talks	Thursday, 16th October	11:00 - 12:00	Facility Walkaround
Week 4: Review Controls	CABH - Main Hospital Foyer - Safety Pop-up Booth	Thursday, 16th October	9:30 - 2:00	Main Hospital Foyer, CABH
	REDH - Safety Pop-up Booth	Thursday, 16th October	11:00 - 1:00	Staff Courtyard, REDH
	TPCH - HSR Forum	Thursday, 16th October	2:00 - 3:00	Healing Garden, TPCH
	TPCH - Charlie's Staff Wellness Day/BBQ/Manual Handling Focus	Monday, 20th October	10:00 - 1:00	Education Centre Car Park, TPCH
	CABH - HSR SafeTea Morning Tea/Recognition Day	Monday, 20th October	10:00 - 11:30	Facility

The schedule of events can be found on the [Health and Safety](#) intranet site.

Competitions

Exciting prizes on offer during the month of October 2025



- Competitions will run from Wednesday, 1 October to Friday, 31 October 2025.
- How well do you know safety trends in your facility? Pick the top three incident types and you could take home great prizes. Go to our [Health and Safety](#) intranet site and start guessing!



- Recognising our dedicated Health and Safety Representatives and Fire Wardens who contribute to safe systems of work with outstanding nominees receiving a safety prize.
- Metro North Rehab Champions Celebrated – Exciting prizes await to celebrate our Line Managers who continue to recognise, support and drive the benefits of a positive return to work culture in their workplace!

Health & Safety Representatives Assist in Keeping Your Workplace Safe!

Safe Work Month is a time to appreciate the commitment of our Health and Safety Representatives (HSRs). Our Metro North Health workers are healthy and safe through effective worker consultation, representation and participation of our HSRs alongside their other roles and responsibilities.



There are total of **159 HSRs** across all Metro North Health facilities, supported by a large network of **Work Area Safety Champions!** Our work health and safety 'Super Stars' support Metro North Health in keeping our workplaces safe. **Make contact with your local HSR and Work Area Safety Champions today.**

Health and Safety Services collaborates with managers and employees to provide solutions and tools to support injury prevention and to elevate awareness of safety, health and wellbeing — keeping our organisation compliant with the [Health and Safety Management System](#).

Health & Safety Connect: Phone: 3139 4540 or 3646 0738
MNHHShealthandsafety@health.qld.gov.au



Staff Shout Out for Safety!

We encourage you to take the opportunity to acknowledge and thank a colleague/s, HSR/s, work area safety champion/s or team who embody our [Values](#) and positively contributes to building a proactive safety culture. Submit your Staff Shout Out's [here](#).



Discover what's happening for **Mental Health Week 2025**. [WorkSafe Queensland](#) have a number of initiatives dedicated to promoting safe, healthy workplaces and supporting mental health and wellbeing for everyone, while also raising awareness and reducing stigma around mental illness.