



Acting Chief Executive email banner



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For: Information

Hi Everyone,

Yesterday's terror attack in Bondi is a stark reminder of the fragility of life and the determination of some to spread hate and fear. While violence of this nature is sadly never far from the international news, for us in Australia it is rare and shocking.

Our thoughts are with the people who have been injured or lost a loved one in this senseless tragedy, and with our healthcare and emergency services colleagues responding to the incident.

At times like this, our instinct is to ask what we can do. In the coming days and weeks there will no doubt be opportunities to donate to support those directly affected. For now, we can channel our sadness and disbelief into caring for ourselves and those around us. I encourage you to talk with your colleagues and friends and to make use of the staff [wellbeing resources available in Metro North](#).

The Australian Red Cross Lifeblood has called for urgent blood donations, particularly type O, to support the response to the tragedy and through the festive season. There is a blood donation van at Herston until Thursday with some availability later in the week. If you haven't been able to get a spot, please consider [making an appointment](#) at your local blood donation centre.

Take care.

Nick

Metro North Health



We uphold our commitment to health equity through our Values in Action
Respect | Integrity | Compassion | High Performance | Teamwork



Metro North Health acknowledges the Traditional Custodians of the Land upon which we live, work and walk, and pay our respects to Elders both past and present.

Metro North Health's vision

Creating healthier futures together—where innovation and research meets compassionate care and community voices shape our services.



**Queensland
Government**

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