

Metro North Health

Message from the

Acting ED Caboolture, Kilcoy and Woodford

Dr Ted Chamberlain



Summary:

- Executive update
- Child Life Therapist Lucy features in Coles magazine
- Positive social media feedback
- Staff profile - Rachael Ramsay
- Welcome Geoff Grima
- CKW Pet of the Week

Message feedback



Audience: All staff



Read time: 4 min

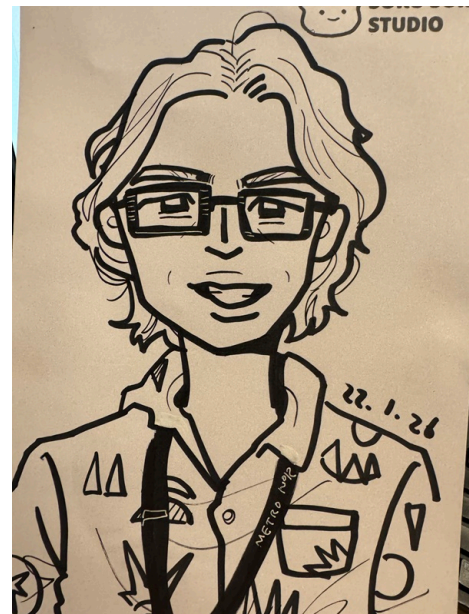


For: Information

Dear CKW team,

I want to take a moment to sincerely thank each of you for your tireless hard work and unwavering professionalism during what continues to be an incredibly demanding period for our hospital. Operating in Tier 3 due to sustained patient demand places enormous pressure on every part of our service, and yet you continue to show up for our patients and for one another with care, resilience and commitment. That does not go unnoticed.

Amid the intensity of the work, I also wanted to share a lighter moment. At last week's Prince Charles Hospital Foundation 40-year milestone launch event, I had the opportunity to have a cartoon drawing done of myself. It was a reminder of the importance of pausing, even briefly, to reflect, connect and find moments of levity in the midst of very serious work.



Thank you again for everything you continue to do for our patients, our community and each other.

Child Life Therapist Lucy features in Coles Magazine

Coles is a proud partner of Hospitals United for Sick Kids, and as part of this partnership, they have included an article featuring Child Life Therapist, Lucy in their March magazine to align with their annual campaign. This collaboration helps raise awareness within the broader community about the vital role hospitals play in caring for children and young people during times of illness.

Importantly, this campaign directly supports The Common Good, enabling the continued funding of the Child Life Therapy program at Caboolture Hospital. Child Life Therapists play a crucial role in supporting children's emotional wellbeing during their hospital stay, helping them understand medical procedures, reduce anxiety and distress, and cope with the challenges of being in a hospital environment. Through this partnership, Coles customers are helping to ensure children and families receive not only excellent clinical care, but also the emotional and psychosocial support that makes a meaningful difference to their hospital experience.



Show your love

DISCOVER HOW COLES, ITS PARTNERS
AND YOU CAN ALL HELP SICK KIDS.

Being in hospital is hard, but having to cope without your family beside you makes it tougher. Coles is proud of its partnership with Hospitals United for Sick Kids, a charity helping sick kids get home to the comfort of their families. This national alliance of children's hospitals, foundations and paediatric services is dedicated to alleviating the strain of childhood illness and injury.

CLOSE TO HOME

Since 2019, Coles has raised more than \$10 million for Hospitals United for Sick Kids, positively impacting up to 437,000 families and supporting 77 projects. These funds have aided research, play therapy programs, vital medical equipment, vaccinations in Indigenous communities and more.

One of the programs benefitting from fundraising this year is the Child Life Therapy program at Caboolture Hospital in Queensland. "Coming to a busy and unfamiliar environment can be an anxious time for children and their families, especially when kids are feeling so unwell. My goal is to make the experience a little easier and more comfortable," says Lucy, Caboolture Hospital's child life therapist.

Hospitals United for Sick Kids CEO, Nicky Bowie, adds, "We're incredibly grateful for the support of Coles and its customers, who've been championing our cause for the past six years." ●

HOW YOU CAN HELP

From 11 March to 24 March 2026, customers can support Hospitals United for Sick Kids by making a donation at the checkout. Plus, year round, Coles donates 50 cents from each Mum's Sause pasta or pizza sauce sold to Hospitals United for Sick Kids. Visit coles.com.au/hospitalsunited for more info.



Words Rachael Wallace

Positive social media feedback

Social media continues to be a platform where members of the public are free to rate,



60 6 comments

Like Comment Share

Most relevant

- Jane Knight
Well done Caboolture hospital ❤️
7h 2
- Janette Millar
Yum 😋 they all look good
11h
- Katelyn Collins
Wow your meals look good
5h

criticise, praise and debate their experiences.

Recently, we were pleased to come across patient feedback shared in a local Facebook group, where a patient praised the quality of food during her stay at Caboolture Hospital. Positive feedback like this is always encouraging to see and reflects the care and effort that goes into every part of the patient experience. Well done to our Food Services team for their continued commitment and great work.



Staff Profile - Rachael Ramsay, Midwife Navigator

Midwife Navigator Rachael supports socially vulnerable pregnant women at Caboolture Hospital and has supported over 1,200 women since her role began in 2019.

When women at the antenatal clinic identify as having vulnerabilities, challenges or complex social circumstances, Rachael can connect them with essential services, including mental health services, social work and community organisations.

"I meet women wherever they feel most comfortable, whether that's in the antenatal clinic, at their home, or even just meeting for a coffee first," Rachael shares.

"It's about getting the most support to women during that short period, when they are often more open to engaging with services that can help them long-term."

Read more about Rachael's role [here](#).

Staff recruitment and movements

I am pleased to advise that Geoff Grima has commenced in the organisation and will be undertaking the role of A/Deputy Executive Director CKW through to the end of June 2026.

We extend our sincere appreciation to Geoff for bringing his extensive expertise, leadership capability, and strategic experience to this position. His contribution will be highly valuable to our organisation, and we look forward to the insight and stability he will provide in the role.

Please join me in welcoming Geoff to the team. We look forward to working collaboratively with him and supporting him as he commences.



CKW Star of the Month and Values Awards

We are excited to invite all staff to nominate a colleague for the Monthly Values Awards. From these nominations, we will select the CKW Star of the Month.

Consider recognising a team member who consistently goes above and beyond, demonstrates exceptional dedication, or has achieved something extraordinary. We want to hear your stories and celebrate the outstanding contributions within our workforce.



Submit your nominations via this simple [form](#), and the winners will be announced at next month's Staff Forum.



Lasting legacy

WARNING: Aboriginal and Torres Strait Islander readers are advised that the below contains the name of an Indigenous person who has died.

I was saddened to learn this week that respected Turrbal Elder, Maroochy Barambah, has passed away after a courageous cancer battle.

Maroochy performed Welcome to Country at many Metro North events and was an acclaimed songwoman who took her culture to stages in Australia and across the world. Notably, she performed at the United Nations in New York during the International Year for the World's Indigenous Peoples and for world leaders at the G20 in Brisbane in 2014.

Maroochy is survived by her daughters, Baringa and Kulkarawa, and her grandson, Dalapai, and leaves a lasting legacy of advocacy for Aboriginal and Torres Strait Islander People.



CKW Pet of the Week

This week's CKW Pet of the Week belongs to Jemma Bruynesteyn, Aboriginal and Torres Strait Islander Senior Health Worker.

Name: Kaos

Age: 7 Months

Breed: Belgium Malinois (crazy dog)

About Me: Kaos joined our crazy family of five in July 2025 after a two-hour plane ride from Sydney. Kaos is a very active dog,

Kaos always wants attention. Kaos has an awesome time with her two little humans playing at the beach and fetch. Kaos loves to sneak in and take your shoes while you're not looking. Kaos loves to nap and eat a WHOLE watermelon.

She has been training and is super smart, even at seven months old. One day, Kaos will be trained as a security dog.

Kaos favourite thing to do is run around the yard with zoomies and eat almost anything she can get her paws on.

Her favourite game to play is soccer with her two little humans.

To have your pet featured, please send a photo and the above details [here.](#)

Quote of the day

"Perfection is not attainable, but if we chase perfection, we can catch excellence."

Vince Lombardi

Kind Regards

Dr Ted Chamberlain

Acting Executive Director,
Caboolture, Kilcoy and Woodford

Metro North Health   



We uphold our commitment to health equity through our Values in Action
Respect | Integrity | Compassion | High Performance | Teamwork



Metro North Health acknowledges the Traditional Custodians of the Land upon which we live, work and walk, and pay our respects to Elders both past and present.

Metro North Health's vision

Creating healthier futures together—where
innovation and research meets compassionate
care and community voices shape our services.



**Queensland
Government**

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