

Message from the  
**Acting ED Caboolture,  
Kilcoy and Woodford**

Dr Ted Chamberlain



**Summary:**

- Executive update
- Hidden disabilities sunflower colouring competition
- World Optometry Day
- Discharge Delay Tab
- Meet the CKW Manager Aboriginal and Torres Strait Islander Health Services
- CKW Pet of the Week

Message feedback



**Audience:** All staff



**Read time:** 4 min



**For:** Information

Dear CKW team,

Thank you for another fantastic week across CKW. Your continued commitment, teamwork and care for our patients and each other does not go unnoticed, especially as we continue to navigate busy periods together.

With the Easter long weekend just around the corner, I encourage everyone to take a moment to plan ahead, look after yourselves and support one another through what can be a demanding time for our services.

On a lighter note, some of you may have seen my kendama making an appearance recently. For those unfamiliar, it's a traditional Japanese skill toy that dates back centuries, designed to challenge coordination, patience and focus. I've thrown down the challenge to various staff, if you see it around, have a go and see how you fare. You might be surprised how addictive it becomes.



Thank you again for everything you do each day.

**Hidden Disabilities Sunflower colouring competition**

The Hidden Disabilities Sunflower is a simple tool that allows individuals to voluntarily share they have a disability or condition that may not be immediately apparent, and that they may

require additional support or assistance, particularly when accessing healthcare. This initiative forms part of the Metro North Enable program.

The CKW Disability Services Action Plan Implementation Advisory Group is launching a “Sunflower Colouring-In Competition”, open to people of all ages, to promote awareness of the Metro North Enable campaign and encourage consideration in how we interact with staff, patients and visitors who may have a hidden disability.

The competition closes on 19 April 2026, with winners to be announced on 30 April 2026 at 10:30am on the ground floor of Caboolture Hospital. Prizes will be awarded across both children’s and adult categories.

You can find print outs at the volunteer station, located opposite the Common Good Café, or alternatively click [here](#) to print a copy. Please submit entries at the volunteer station before the competition closing date.



## World Optometry Day

World Optometry Day is recognised on 23 March. We acknowledge the vital role optometrists play in supporting eye health and overall wellbeing across our communities.

At Woodford Correctional Centre, Senior Optometrist Suzanne Dunning delivers comprehensive primary eye care within a complex, high-security environment, working closely with multidisciplinary teams to ensure coordinated and effective patient care.

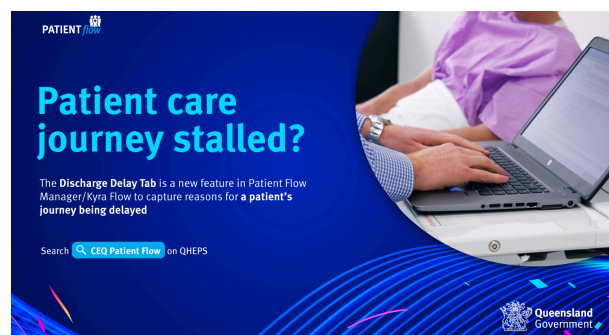
As the sole practitioner on site, Suzanne provides a full scope of services, from routine eye examinations and emergency care to cataract assessment and dispensing. She describes the role as deeply rewarding, with patients showing genuine appreciation for the care they receive, reinforcing the importance of accessible, community-focused healthcare in every setting.

## Review and update the Discharge Delay tab

Clear communication and effective teamwork are essential for patient safety, enhancing patient flow and achieving better health outcomes.

Thank you to those staff who are completing the Discharge Delay Tab in PFM tabs during handovers and MDT meetings.

A reminder that the requirement to complete the Delayed Discharge Tab is mandatory for both:



- Acute reason < 1 day – what is this patient waiting for in this bed?
- Or non-acute – what are the main reasons that this patient has not being discharged?

If your patient is clinically cleared for discharge, but there is a delay, then please complete the Discharge Delay Tab with a reason for the delay.

Please continue completing the tabs during every opportunity. The results we get will be dependent on what we put into this system.

Please direct your questions to Anne Padayachee, Director Allied Health (CKW Standard 6 Lead) or Katrina Kalmar. A sincere thank you to everyone that continues to complete this as BAU.

Read the Discharge Delay Tab quick reference guide for more information [here](#).

### QChat: Your new virtual assistant

QChat is a secure, text-based virtual assistant designed for Queensland Government staff. Using advanced AI, it provides safe access to a large language model that supports government values, standards, and ways of working. Accessed through your web browser, QChat operates independently of Microsoft Office and helps with many everyday tasks.

You can use QChat to draft content, brainstorm ideas, summarise complex documents, or refine your thinking. It can turn lengthy reports into clear insights, supporting faster decision-making. QChat also improves written communication by helping clarify and polish wording.

QChat is **not** a clinical tool. It must not be used for clinical decisions, medical advice, diagnosing patients, discussing patient-specific matters, or uploading any personal or identifiable patient information.

By taking on routine drafting and repetitive tasks, QChat frees staff to focus on higher-value work. It's a practical tool to help Queensland public servants work smarter and more efficiently.

*For more information visit the [QChat QHEPS page](#) or to [request access](#).*

### March What's On

# MARCH

# '26

## WHAT'S ON

- ★ ENDOMETRIOSIS AWARENESS MONTH
- ★ MUSCULAR DYSTROPHY - RED BOW MONTH
- ★ MELANOMA MONTH
- ★ CLEAN UP AUSTRALIA DAY - SUN 1 MAR
- ★ WORLD HEARING DAY - TUES 3 MAR
- ★ INTERNATIONAL WOMEN'S DAY - SUN 8 MAR
- ★ WORLD DELIRIUM AWARENESS DAY - WED 11 MAR
- ★ WORLD KIDNEY DAY - THUR 12 MAR 26
- ★ NATIONAL CLOSING THE GAP DAY - THUR 19 MAR
- ★ HARMONY DAY - SAT 21 MAR
- ★ EARTH HOUR - SAT 28 MAR
- ★ DOCTOR'S DAY - MON 30 MAR
- ★ TRANS DAY OF VISIBILITY - TUE 31 MAR

## CKW EVENTS

- STAFF BBQ - WED 4 MARCH
- MN SET STAFF FORUM - THURS 5 MARCH
- MARCH STAFF FORUM - TUES 31 MARCH
- MN STAFF EXPO - TUES 17 & THURS 19



### Meet the CKW Manager Aboriginal and Torres Strait Islander Health Services - Tracy Grant

Tracy's role is to lead Aboriginal and Torres Strait Islander Health Services across CKW, including both Satellite Health Centres, while providing cultural leadership and support to the workforce. The role delivers strategic and operational oversight to ensure culturally appropriate service delivery and collaborates with Metro North, Queensland Health and community partners to strengthen outcomes.

Tracy is responsible for implementing and monitoring key initiatives, including Safety and Quality Cultural Actions, the Reconciliation Action Plan and the CKW Health Equity Plan 2025–2028. Her role also provides expert cultural advice to inform performance, priorities and change management, while driving continuous improvement aligned with local, state and national strategies to improve health outcomes for Aboriginal and Torres Strait Islander peoples.

Tracy Grant



## Caboolture Medical Hub (124 McKean St) parking reminder

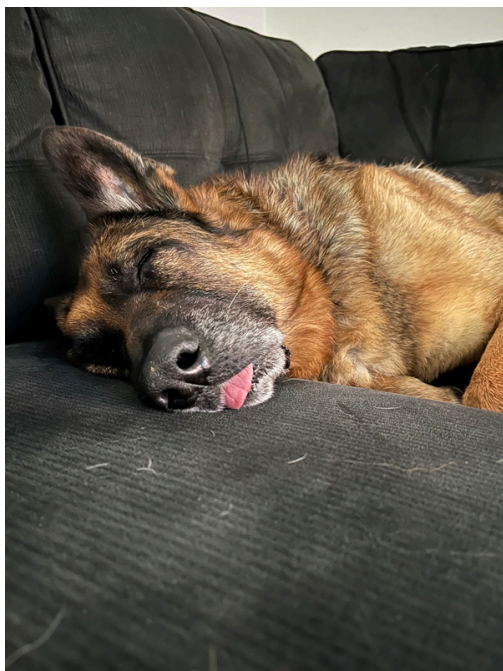
We've had a few (okay... quite a few) reports that Caboolture Hospital staff have been making themselves a little too comfortable parking at the neighbouring Caboolture Medical Hub during the day, nights and even weekends.

While we appreciate everyone's creativity in finding a park, these spaces are privately allocated to tenants and their patients. When we use them, it unfortunately means patients can't access care as easily and local businesses are impacted.

So, a gentle reminder:

- The Caboolture Medical Hub car park is not available for staff parking at any time
- It is a no smoking/vaping site
- It shouldn't be used as a break spot unless you are visiting the café or attending an appointment

We know parking can be a challenge, and we thank you for helping us be respectful neighbours and community partners.



### CKW Pets of the Week

This week's CKW Pets of the Week belongs to Kristin Larkin, Registered Nurse on Ward 4A.

**Name:** Max

**Age:** Nine years old

**Breed:** German Shepherd

#### About Max:

This is Max. He was a rescue back in 2021, no history of where he came from, but he chose the right family with us. He has a sister (Sam) who he plays with every day to keep him active. He is approximately nine years old and a lovely old man.

We need more pets! To have your pet featured, please send a photo and the above details [here](#).

### Quote of the day

"Your present circumstances don't determine where you can go; they merely determine where you start."

Nido Qubein

Kind Regards

Dr Ted Chamberlain

Acting Executive Director,  
Caboolture, Kilcoy and Woodford

**Metro North Health**   



We uphold our commitment to health equity through our Values in Action  
Respect | Integrity | Compassion | High Performance | Teamwork



Metro North Health acknowledges the Traditional Custodians of the Land upon which we live, work and walk, and pay our respects to Elders both past and present.

**Metro North Health's vision**

Creating healthier futures together—where innovation and research meets compassionate care and community voices shape our services.



**Queensland  
Government**

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