

Metro North Health

Message from the

Acting Executive Director Mental Health

Dr Hitesh Joshi



Employee Appreciation Day - 6 March 2026

Good morning all,

The first Friday in March marks Employee Appreciation Day.

So my message to you today is a simple but sincere “thank you”!

Thank you for the care and compassion you provide to our consumers, the support you provide to your colleagues and for your efforts in making Metro North Mental Health (MNMH) a better place to come to work.



Whether you're on our frontline or working hard behind the scenes to support our services, clinicians and consumers, your work is noticed and appreciated. Everybody in MNMH has an important role to play and we perform best when we're all pulling in the same direction.

I've always favoured cake rather than flowers as my preferred way of saying thanks, so I'm delighted that our recently formed MNMH Staff Council (Council Chair Amy Duff pictured above right) has organised sweet treats to help celebrate Employee Appreciation Day 2026.

Appreciation day cakes will be cut and shared at the following sites/ approximate times today:

- TPCH – 9.15 am
- Biala – 10.00 am
- Nundah – 10.30 am
- Caboolture 10.30 am
- SHCMHC - (please check local posters/notices)
- RBWH – 11.00 am
- Pine Rivers – 11.00 am.

Please look out for posters at each of these sites for exact times and locations. If you work a later shift or happen to miss out, please email the staff council on mnmh-staffcouncil-secretariat@health.qld.gov.au and some sweet treats will find their way to you.



And smaller sites have not been forgotten and should have received supplies of gummy bears to celebrate today. Appreciation day certificates have also been made available at all sites to ensure leaders and other staff can recognise their teams or teammates.

Aimee McVeigh, the Metro North Health Board member who sits on our Staff Council, will also be visiting TPCH wards and the Chermside Community MH Centre between 9.15 am and 10.30 am today. Please make time to say hello to Aimee as she increases her familiarity with our staff and services.

My final thank you for today is to the MNMH Staff Council. Today would not have been possible without your drive and desire to recognise our staff. You have hit the ground running and I look forward to the other initiatives and outcomes you deliver in your first year.

Kind regards

Dr Hitesh Joshi
Acting Executive Director
Metro North Mental Health

We uphold our commitment to health equity through our Values in Action
Respect | Integrity | Compassion | High Performance | Teamwork



Metro North Health acknowledges the Traditional Custodians of the Land upon which we live, work and walk, and we pay our respects to Elders both past and present.

Metro North Health's vision

Creating healthier futures together—where innovation and research meets compassionate care and community voices shape our services.



Queensland
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