

# Executive Director Redcliffe Hospital

Cang Dang



## Summary:

- Delirium workshop consumer engagement
- Race to the Roof
- SET Staff Forum
- Future Metro North
- Staff Wellness Workshop and Staff Expo

Message feedback



**Audience:** All staff



**Read time:** 3 min



**For:** Information

Dear colleagues,

We never stop working to improve the care we provide our patients, which is why, as clinically busy as we have been, we invested time and resources in the Delirium and Dementia Workshop on Wednesday.

The workshop involved attendees from across Metro North, including COH, RBWH, Caboolture and TPCH.

One of the workshop's highlights was a presentation by consumers (pictured with workshop attendees) who live with dementia in different ways. We're grateful to Paul and Christine for sharing their personal experiences, insights, and suggestions on how hospitals and clinicians all can do better.



We welcome feedback and partner with consumers because it makes our care safer and better for everyone.

## Redcliffe Hospital Race to the Roof

Race to the Roof to 2026 at Redcliffe has been run and won!

Congratulations to physiotherapist Mitch Robins with a winning time of 22.86 seconds, and to AIN Myah Smallshaw, with a time of 28.11 seconds (pictured lower right).



This is the second time Mitch has won Race to the Roof, having won it the first time in 2019.

The event, organised by the REDDY Fun and Fitness, attracted 20 participants (pictured upper left), and was run with the help of around a dozen volunteers and helpers.

Thanks again to Ollie and Rhonda from REDDY Fun and Fitness for making this event possible.



All hospital staff are encouraged to attend the SET Staff Forum with the Chief Executive Nick Steele and Metro North Executive members. The forum will be on Thursday, 2 April at 11:30am in the Education Centre. An appointment for the forum should be in your Outlook calendar.

## Future Metro North

The *Future Metro North – Reimagining Healthcare 2026–2041* roadmap is Metro North's future-focussed strategy. It sets the organisation's significant 15-year transformation, guiding how Metro North delivers care through to 2041 in line with our growing population and evolving service needs.



Earlier this week, Chief Executive Nick Steele launched the consultation phase for the roadmap, encouraging staff from across the health service to provide feedback to ensure it reflects real-world needs and frontline experience.

Redcliffe Hospital staff can view and provide feedback on the roadmap at the Staff Expo next Monday or via the [Future Metro North QHEPS page](#).

Your participation and support are vital as we work together to shape our future as one Metro North.



## Nursing and Midwifery research update

Redcliffe Hospital has welcomed Dr Ut Bui as our new lead for nursing and midwifery research.

Many of you will remember the great work Amanda Fox did in the role, which is a joint appointment between Redcliffe Hospital and QUT.

Dr Bui (pictured) will continue to advance our hospital's growing culture of research within the nursing and midwifery professions.

Lastly this week, we heard in the Have Your Say Staff Survey how important staff wellness and wellbeing are. I'm pleased to say the Wellness Working Group have arranged a half-day workshop later this month, with sessions that will interest just about everyone.

Thanks again to Seema and the team for making this possible, and I encourage everyone to [look at the program](#) and attend if they can.



A reminder too that next Monday we will be hosting the Metro North Staff Expo in the Staff Courtyard from 11am.

The expo will be an opportunity for everyone to talk to staff benefit suppliers and providers - and to have their say on the Future Metro North roadmap.

Please drop by if you can.

Kind regards,

**Cang Dang**  
Executive Director  
Redcliffe Hospital



We uphold our commitment to health equity through our Values in Action  
Respect | Integrity | Compassion | High Performance | Teamwork



Metro North Health acknowledges the Traditional Custodians of the Land upon which we live, work and walk, and pay our respects to Elders both past and present.

**Metro North Health's vision**

Creating healthier futures together—where innovation and research meets compassionate care and community voices shape our services.



**Queensland  
Government**

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