

TPCH Staff Council Staff Update

Chair, Dr Lucy Dakin

March 2026

Summary:

- Raising staff issues
- Your overnight coffee fix is here!
- Wellness Wagon rolls out
- Did you know?
- We love feedback

Message feedback



Audience: All staff



Read time: 3 min



For: Information



The TPCH Staff Council creates a workplace where every staff member is heard, supported and empowered — so together we can provide compassionate, exceptional care to our patients.

Right: TPCH Staff Council Chair, Dr Lucy Dakin.



Raising staff issues

TPCH Staff Council meets every month. This provides a forum to raise staff issues with the Metro North Board and Executive.

At the last meeting, the Staff Council discussed how Metro North Executive can respond to the Have Your Say survey feedback on building trust, keeping staff safe and working more cohesively across the organisation.

We were able to provide feedback regarding Metro North's Sustainability Plan, advocating that it should help staff to work smarter (rather than harder) with the resources that we have.

Staff Council will continue to engage our Executive in the development of [Future Metro](#)

[North Reimagining Healthcare 2026-2041](#) as we face the challenge of meeting the needs of our growing population.



TPCH STAFF YOUR OVERNIGHT COFFEE FIX IS HERE!

NIGHT GRIND

Coffee van Night Grind servicing TPCH overnight - 2am Sunday to Friday

OUTSIDE CLINICAL SCIENCES BUILDING (BUILDING 3) - ACROSS FROM EMERGENCY

Check the menu on Instagram @Night_Grind.
Text your order ahead: 0401 101 384.
Include your name and TPCH.

Proudly supported by the TPCH Staff Council

Wellness Wagon rolls out

One of the TPCH Staff Council initiatives is the Wellness Wagon, which is rolling out every Wednesday. Each week, members of Staff Council and the TPCH Executive Team visit a different area of the hospital.

The Wagon is stocked with treats, top-up snacks and positive vibes to bring a bit of cheer to TPCH staff during their busy days.

On the first Wellness Wagon roll out, TPCH Executive Director Tami Photinos and I visited the adult and paediatric Emergency Departments, Paediatric Ward, Yellow Outpatients and the Finance Team.

Each week, the Staff Council also recognises a member of staff in your area who you nominate as a champion for wellbeing. Our inaugural Wellness Winner was Allison Fifoot for fostering an ongoing culture of compassion and peer support.

Some years ago, Allison started an Emergency Department staff Resus Trolley, which was the inspiration for the Wellness Wagon.



Left above: Wellness Winner Allison Fifoot. **Right above:** Emergency Department Resus Trolley from 2017.

Top above: TPCH Staff Council Wellness Wagon fully stocked prior to its inaugural visit. **Below:** visiting Ward 2C.



Next stop was Ward 2C with the Wellness Winner certificate presented to Registered Nurse Annabella Branch (above). She was chosen having recently completed a large quality improvement project to change the total knee replacement (TKR) and total hip replacement (THR) care pathways to reflect the updated TPCH ERAS procedure.



Annabella ensures safe and quality care is delivered to patients and promotes a positive workplace culture and wellness to staff.

Next up was visiting Building 50. The Wellness Winner was Alex Monaghan (left).

Alex's nomination said she genuinely cared about the wellbeing of her colleagues and lead by example and encouraging new approaches.

This includes organising the ward's first Bridge to Brisbane team and championing Environmental Awareness Week. Her enthusiasm, kindness and leadership makes a meaningful difference every day.

The Wellness Wagon then rolled on to ward 1E, 1G, 1F, EMU, RAMS and DUIT.

The Wellness Winner was Faith Barwell (right) for her daily contributions to staff wellness at TPCH.

Would you like the Wellness Wagon to visit your ward or work area?

Send an email to the [TPCH Staff Council](#) which will be in touch.

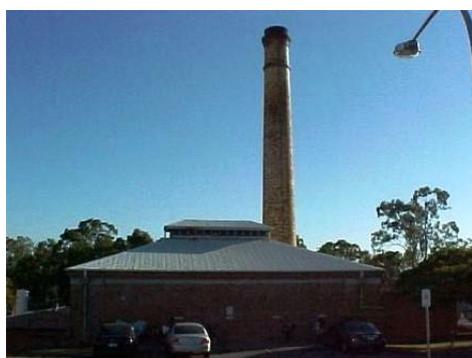


Did you know?

The Prince Charles Hospital was first known as the Chermiside Chest Clinic.

This Clinic, also known as the Chermiside Tuberculosis (TB) Clinic opened in 1954.

It was the first public hospital to be built in Brisbane after World War Two.



The Prince Charles Hospital Boiler House Chimney, constructed in 1959 as part of a new laundry complex, is the only remaining component left from the original Chest Clinic.

We love feedback

The TPCH Staff Council wants to hear about things that could be done to improve the experience of staff and patients.

You can contact us:

- On [QHEPS](#)
- Email to tpch-staffcouncil@health.qld.gov.au

Kind regards,

Dr Lucy Dakin

Chair

The Prince Charles Hospital Staff Council



We uphold our commitment to health equity through our Values in Action
Respect | Integrity | Compassion | High Performance | Teamwork



Metro North Health acknowledges the Traditional Custodians of the Land upon which we live, work and walk, and we pay our respects to Elders both past and present.

Metro North Health's vision

Creating healthier futures together—where innovation and research meets compassionate care and community voices shape our services.



**Queensland
Government**

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[Email us](#)