

Message from the  
**Acting ED Caboolture,  
Kilcoy and Woodford**

Dr Ted Chamberlain



**Summary:**

- National Sorry Day and Reconciliation Week
- CKW Star of Service and Values Awards for May
- Metro North Board meeting and Kilcoy Fete
- Email etiquette reminder
- CKW Pet of the Week

[Message feedback](#)



**Audience:** All staff



**Read time:** 4 min



**For:** Information

Dear CKW team,

26 May marked National Sorry Day, also known as the National Day of Healing. It is a time to honour the strength and resilience of the Stolen Generations and acknowledge the lasting impacts of past government policies on Aboriginal and Torres Strait Islander peoples, families and communities.

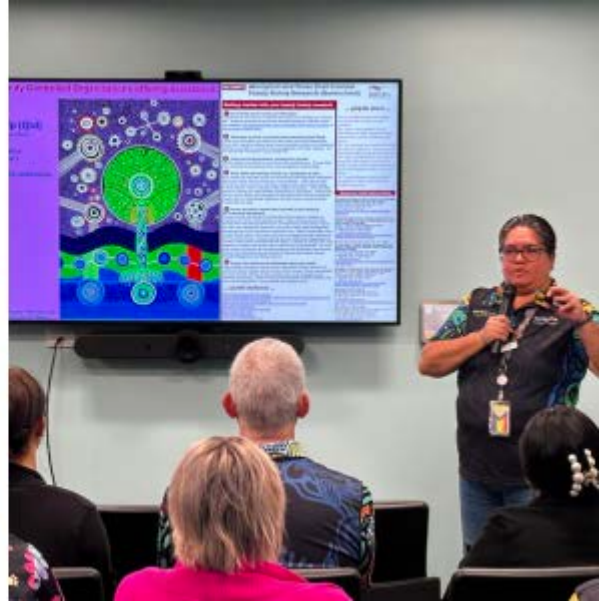
It is also a day for reflection, truth telling and listening to lived experiences, while recognising that healing continues. National Sorry Day reminds us all of the importance of learning from the past and contributing to healing through respect, understanding and meaningful action.

This week also marks the beginning of National Reconciliation Week (27 May – 3 June), a time to reflect on how we can continue building respectful relationships between Aboriginal and Torres Strait Islander peoples and the broader community.

This year's theme, 'All In', highlights that improving health outcomes and advancing equity requires shared commitment and action from all of us. Reconciliation is not passive, and meaningful change cannot rest solely with Aboriginal and Torres Strait Islander peoples.

As a health service, we know there is more work to do to achieve equitable health outcomes. This includes continuing to deliver on our Health Equity Strategy and working in genuine partnership with Aboriginal and Torres Strait Islander Elders and communities in the design and improvement of our services.

Thank you to the CKW Aboriginal and Torres Strait Islander Health services team for putting on such an educational event for our staff and community members.



### CKW Star of Service and Values in Action Awards - May

Thank you to the 93 staff members who tuned in to the CKW May Staff Forum on Thursday where I announced the winners of our monthly staff awards.

Please join me in congratulating the CKW Star of Service Award for May:



**Elizabeth Stevens, SOPD:** Elizabeth consistently demonstrates dedication, initiative and genuine care for staff wellbeing. Over the past month, she went above and beyond by independently coordinating a Health and Wellbeing Month for the team, including wellbeing competitions, exercise challenges, daily affirmations and team-building activities. Her efforts were creative, thoughtful and extremely well received, helping boost morale, connection and positivity during a busy period. Elizabeth managed all of this while continuing to perform her regular duties to a very high standard. She is a hardworking, reliable and valued team member whose commitment to staff wellbeing, team culture and patient-centred care has made a lasting positive impact.

The Values Awards for May went to:

**Integrity award goes to Alison McGahey, Discharge Planner:** Ali quietly goes about her work and never complains. She often works extra shifts to help our team out and that does not go unnoticed. She treats patients and their families with great respect and organises appropriate home services for them accordingly.

**High performance award goes to Leila Gray, Inpatient Psychology:** Leila is nominated in recognition of her exceptional leadership and sustained excellence in delivering inpatient Psychology services at Caboolture Hospital. Her ability to uphold service quality, responsiveness, and patient-centred care despite increased service demand reflects outstanding clinical capability, resilience, and professionalism.

**Respect award goes to Kathie Powter, Heart Failure CNC:** Kathie has a way of making everyone feel welcome, supported and part of the team. She has a gift for bringing people together and encouraging collaboration in a fun and inclusive environment.

**Compassion award goes to George Sneesby, Physiotherapy:** I would like to formally recognise George for his excellent care of a complex patient following surgery. George has demonstrated exceptional compassion, initiative and professionalism throughout the patient's treatment. George's commitment to high-quality, compassionate care is truly

commendable.

### **Teamwork award goes to the Patient Support Service Allocations and Supervisor**

**Team:** This team consistently demonstrates exceptional commitment in a demanding, high-pressure environment, managing around 140 assistance calls every shift while ensuring timely support across the hospital. Their work is vital to maintaining patient flow and supporting frontline clinical teams.

The nominations are now open for the June awards!

Submit your nominations via the online [form](#).

## **EOI - Metro North Clinical Council**

Metro North Clinical Council is calling for nominations for Deputy Chair.

The Deputy Chair will be a practising clinician who demonstrates strong leadership capability, professionalism, and the ability to influence and engage across multidisciplinary teams. Working in partnership with the Chair, Executive, and clinical staff, the Deputy Chair will support the Council in fostering collaboration, clinician engagement, and strategic leadership across Metro North.

To be eligible, you need to hold a permanent position within Metro North Health and actively involved in providing or supporting patient care.

Applications close 5 June 2026. For more information, contact [MetroNorthClinicalCouncil@health.qld.gov.au](mailto:MetroNorthClinicalCouncil@health.qld.gov.au)

## **Metro North Board meeting and Kilcoy Fete**

There has been plenty of action at Kilcoy Hospital of late. The Metro North Board visited Kilcoy Hospital on Tuesday for a day of getting to know local staff and community on the ground.

Board Chair Bernard Curran, Deputy Chair Dr Meg Cairns and Chair of the Consumer and Community Engagement Committee Jane are pictured with just two of the many stakeholders the Board met with, including Kilcoy Hospital Auxiliary Secretary Shane and President Lesley.

The Kilcoy Fete was held on Sunday, and from what I have heard, it was a huge success. With 44 stalls, a record bustling crowd and approximately \$8k raised that will go back to Kilcoy Hospital, all thanks to the hard work of the many volunteers and the Kilcoy Hospital Auxiliary. A big thank you to the staff who represented CKW at the fete, your help and attendance is greatly appreciated.

Also worth noting, Dr Mark Weller was presented as the newest Patron of the Kilcoy Hospital Auxiliary by Hospital Auxiliary President Lesley Warren and Vice President Denise Modistach.





### Email etiquette reminder

Good email etiquette in the workplace is essential for maintaining clear, respectful and professional communication. Using polite language, clear subject lines, and concise messaging helps reduce misunderstandings, improves efficiency, and ensures important information is communicated effectively. Here are some helpful email tips:

**Subject Lines:** Keep them under 50 characters, descriptive, and to the point.

**Tone:** Maintain a professional and polite tone. Avoid humour, sarcasm, all-caps (which feels like yelling), and excessive exclamation points.

**Clarity:** Be concise. Use bullet points for easy scanning, and avoid unnecessary jargon or long paragraphs.

**Double-Check:** Enter the recipient's email last to avoid sending unfinished messages. Proofread for spelling and grammar before hitting send.

**Reply All:** Think about who needs to read your response; no one wants to read an email chain from 20 people that has nothing to do with them.

**Sign-off:** Include a professional signature with your contact details and job title

### Privacy Week: Lock your screen - every time

Recently it was Privacy Awareness Week, and I thought it would be a good time over the next few weeks to refresh everyone's memories with some patient privacy reminders.

Locking your computer screen is a simple action that prevents unauthorised access to sensitive information. Whether you're stepping away for seconds or minutes, **lock your screen every time**—in clinical areas, offices, and shared spaces.

Unattended screens expose patient information and put you and Queensland Health at risk of privacy breaches.

**If you can see it, so can someone else.** Locking your screen protects patients, colleagues, and your professional responsibilities.



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## June What's On

# JUNE

# '26

### WHAT'S ON

- ★ PRIDE MONTH
- ★ BOWEL CANCER AWARENESS MONTH
- ★ NATIONAL BURNS AWARENESS MONTH
- ★ MABO DAY - 3 JUNE
- ★ QUEENSLAND DAY - 6 JUNE
- ★ MENS HEALTH WEEK - 15-21 JUNE
- ★ LIFEBLOOD NATIONAL BLOOD DONOR WEEK 8-14 JUNE
- ★ MND DAY - 21 JUNE
- ★ NATIONAL STOMACH THERAPY WEEK - 22-28 JUNE

### CKW EVENTS

- CRAZY SOCKS 4 DOCS - FRI 5 JUNE 2PM
- YARNING TABLE - WED 24 JUNE
- JUNE STAFF FORUM - TUES 30 JUNE
- WEDNESDAY FOOD TRUCKS FROM 5PM



### CKW Pet of the Week

This week's CKW Pet of the Week belongs to Janene Mathews, OSO ICU.

**Name:** Kensie  
**Age:** Six years old  
**Breed:** Skye Terrier

## About me:

She is six years old and was a rescue three years ago. She loves all her toys and her walks, and I get a huge welcome every day when I come home from work. With such an abundance of long hair she is a regular at the grooming parlour, and she does not mind it at all. Skye Terriers are originally from Scotland and were a hunting breed.

To have your pet featured, please send a photo and the above details [here](#).

## Quote of the day

*"The happiness of your life depends upon the quality of your thoughts."*

— Marcus Aurelius

Kind Regards

**Dr Ted Chamberlain**

Acting Executive Director,  
Caboolture, Kilcoy and Woodford

**Metro North Health**   



We uphold our commitment to health equity through our Values in Action  
Respect | Integrity | Compassion | High Performance | Teamwork



Metro North Health acknowledges the Traditional Custodians of the Land upon which we live, work and walk, and pay our respects to Elders both past and present.

### **Metro North Health's vision**

Creating healthier futures together—where innovation and research meets compassionate care and community voices shape our services.



**Queensland  
Government**

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