

Metro North Health message from the

## Chief Executive and ED Aboriginal and Torres Strait Islander Health

Nick Steele | Adj.Prof. Sherry Holzapfel



### Summary:

- Acknowledging National Aboriginal and Torres Strait Islander Children's Day

Message feedback



Audience: All staff



Read: 3 min



For: Information

Dear colleagues,

Today, we proudly acknowledge [National Aboriginal and Torres Strait Islander Children's Day](#), celebrated each year on 4 August. This day acknowledges the strength, culture, identity and voices of Aboriginal and Torres Strait Islander children and recognises their important place within families, communities and our future.

This year's theme, *Living Our Truth*, highlights the importance of truth-telling in strengthening identity, belonging and connection to culture. It also acknowledges the vital role of families, Elders and communities in passing on stories, knowledge and culture to future generations.

National Aboriginal and Torres Strait Islander Children's Day reminds us of the importance of listening to children and young people, celebrating their strengths and supporting them to thrive.

At Metro North Health, we know that strong, healthy and supportive beginnings can have a lasting positive impact on children, young people and families. Early intervention, preventative care and culturally responsive services help create the foundations for lifelong health and wellbeing.

Through our commitment to Health Equity, we are working to ensure Aboriginal and Torres Strait Islander children and families have the best possible start to life. This includes delivering culturally safe, family-centred care, improving access to healthcare, addressing the social determinants of health and partnering with communities to achieve better health outcomes for current and future generations.

This commitment is reflected in the services and programs we deliver every day. Through our Ngarrama maternity services, Aboriginal and Torres Strait Islander women and families receive culturally safe, family-centred care throughout pregnancy, birth and early parenthood. Ngarrama Yarns further supports families by providing a welcoming place to connect, share knowledge and access support throughout their parenting journey.

The Connection and Kinship Project is another example of this work in action. In partnership with Elders and community, the project is helping reshape paediatric outpatient care at The Prince Charles Hospital by addressing barriers experienced by Aboriginal and Torres Strait Islander children and families and creating more culturally responsive pathways to care.

Our partnership with Children's Health Queensland continues to strengthen the health journeys of Aboriginal and Torres Strait Islander children, young people and families. Through initiatives such as the Growing Strong Kids: Connecting the Journey Health Equity Community Showcase and ongoing community consultation, we have heard directly from Elders, families, community members, staff and partner organisations about what is working well and where further improvements are needed.

We are also proud to welcome our newest cohort of Deadly Start trainees and apprentices, who are beginning their careers with Metro North Health while completing high school. These young people bring valuable strengths, perspectives and aspirations to our workforce while building skills and pathways for their futures.

Their journey reminds us that Aboriginal and Torres Strait Islander children and young people are not only the leaders of tomorrow—they are contributing to our communities, workplaces and health service today.

As we celebrate this year's theme, we encourage everyone to continue listening to and learning from children, young people, families, Elders and communities, and to reflect on how our work can support every Aboriginal and Torres Strait Islander child to grow up strong in culture, identity, connection and opportunity.

Thank you to our staff, partners and communities for your continued commitment to improving outcomes for Aboriginal and Torres Strait Islander children and families. Together, we can help ensure every child has the opportunity to grow up healthy, connected to culture and supported to reach their full potential.

Happy National Aboriginal and Torres Strait Islander Children's Day.

Regards,  
Nick and Sherry

**Metro North Health**



We uphold our commitment to health equity through our Values in Action  
Respect | Integrity | Compassion | High Performance | Teamwork



Metro North Health acknowledges the Traditional Custodians of the Land upon which we live, work and walk, and pay our respects to Elders both past and present.

**Metro North Health's vision**

Creating healthier futures together—where innovation and research meets compassionate care and community voices shape our services.



**Queensland  
Government**

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