

TPCH Staff Council Staff Update

Chair, Dr Lucy Dakin

Summary:

- From the Chair
- Wellness Wagon visits
- A 'Soup-er Duper' event
- Wellbeing resources
- Get in touch!

Message feedback



Audience: All staff



Read time: 3 min



For: Information

The TPCCH Staff Council creates a workplace where every staff member is heard, supported and empowered — so together we can provide compassionate, exceptional care to our patients.



Update from The Chair, Dr Lucy Dakin

Over the past few months, Staff Council has been busy working on initiatives to promote staff wellbeing, recognition and engagement. We continue to champion positive culture and advocate to Executive leadership to make Charlies a better place to work.

Our Metro North

In May, Staff Council was invited by Metro North Executive to contribute to the development of the Metro North culture plan.

[Our Metro North – Stronger Teams, Better Care](#) focuses on improving the work environment and experience for our staff. This includes reducing unnecessary barriers and low-value work, improving local decision-making and accountability, strengthening collaboration, increasing leadership visibility and follow through, and creating environments where people feel supported, valued and psychologically safe.

Puppy cuddles

As a result of your feedback, Staff Council is sponsoring puppy petting sessions at TPCCH through the year with an upcoming session lined up for September.



After Dark Eats

We have collaborated with [The Common Good](#) on its After Dark Eats Program to improve accessibility to hot meals for staff after hours.

Charlies Week 2026

The Staff Council has been active in planning Charlies Week, as part of the organising committee for 2026. We have been seeking new ideas from staff across the hospital to help ensure that the week includes something for everyone, including those who work outside usual business hours. We are excited for this year's program, which will be announced soon.

Wellness Wagon celebrates our great team at TPCH!

The Wellness Wagon continues to roll out every Wednesday. Each week, members of Staff Council and the TPCH Executive Team visit a different area of the hospital.

The Wagon is stocked with treats, top-up snacks and positive vibes to bring a bit of cheer to TPCH staff during their busy days and celebrate our weekly Wellness Winner award recipient.

Would you like the Wellness Wagon to visit your ward or work area?

Send an email to the [TPCH Staff Council](#).



Above: Assistant in Nursing Bindumol Thomas accepts her Wellness Winner award with Staff Council Chair Dr Lucy Dakin and colleagues.



Above: Emergency Department Acting Clinical Nurse Consultant Kelly Fursdon received her Wellness Winner Certificate from Executive Director Tami Photinos.



Left above: Bella (Krista) Vaisanen accepts the Wellness Award from Director Allied Health Perry Judd. **Right above:** Tahlia Hall receives her Wellness Award from Staff Council member Nicole Cheales. Director Operations Gareth Davies and IMS colleague Lee-Ann Godfrey (far left).



Left above: Wednesday Wellness Winner Molly Colbert, who was recognised for being positive and cheering up her nursing staff. **Right above:** Bianca Sullivan (left) with Staff Council member Janice Geary (right) and Wellness Winner Lexine O'Donnell (centre).



Left above: Visiting Food Services. **Right above:** Visiting Medical Imaging with Wellness Winner Caroline Donoghue.



Left above: RMOs Dr Jessica Clements, Dr Kulunu Guruge, Dr Sorubini Markandayar and Dr Gaindu Gangodagama. **Right above:** Visiting Jana Waldmann and Angela Lamb in TPCH Library Wellness Hub, which includes a quiet space with puzzles,

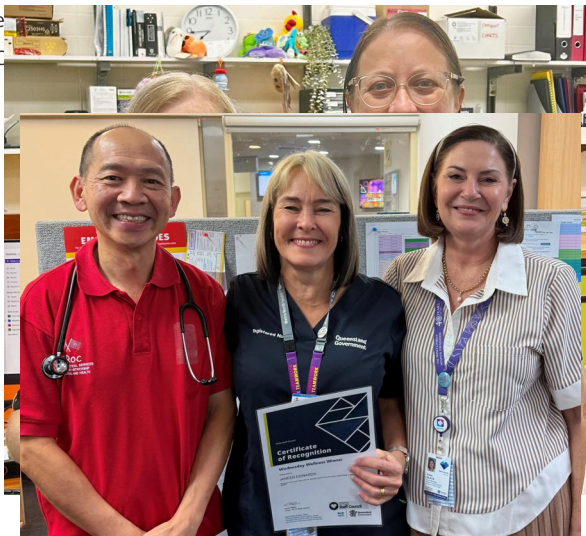
colouring, inspiration and cookbooks.



Left above: Ward 1C/1D Wellness Winner Sue from Eat Walk Engage. **Right above:** Pharmacist Assistant Director Erin Dunn with Wellness Winner Irene Russell.



Above: Visiting Theatres with Wellness Winner Jordan Horswill with Director of Operations Surgery and Critical Care Mel Dubbelde with Psychologist and TPCH Staff Council Member Marília Libera.



Above left: Wellness Winner Brittany Mallon for achieving high standards, being friendly and helpful always. Pictured with Director Strategy and Planning Katie Tully and Heart Lung Outpatients Nurse Unit Manager Anna Black. **Above right:** Dr Kwun Fong and Heart Lung Outpatients Nurse Unit Manager Anna Black with Wellness Winner Clinical Nurse Janeen Edwards, for bringing joy to all staff with her sense of humour and being happy to help anyone.

Supporting a 'Soup-er Duper' event

In late June, The Staff Council joined with TPCHE Executive in sponsoring a free soup lunch for our staff.

The event was a wonderful opportunity for colleagues to take a well-deserved break, enjoy a warm meal and connect with one another.

The delicious soup, cooked by The Common Good cafe and served by Staff Council and Executive members, was well received.



It was great to see so many people come together to share lunch and conversation.

Wellbeing resources now available

To support staff wellbeing and foster a psychologically healthy workplace, TPCHE psychologists recently partnered with the library to curate a collection of high-quality wellbeing resources for staff.

This initiative was supported by the TPCHE Staff Council.

Providing access to trusted, research-informed resources supports staff in developing practical skills for wellbeing, self-care and resilience.

It reinforces our commitment to creating a workplace where staff wellbeing is valued and actively supported.

All hospital staff can borrow from this collection after [registering with the library](#).



Did you know?

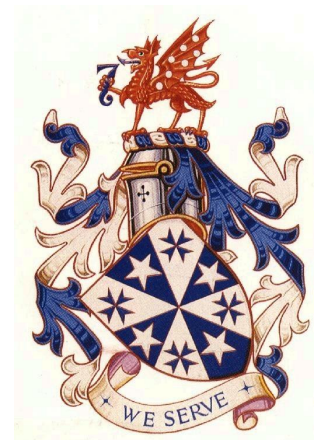
You may have seen The Prince Charles Hospital crest around the hospital but have you ever taken a closer look?

Designed in 1979, it consists of a red dragon as reference to the then His Royal Highness (HRH), Prince Charles, whose badge, as Prince of Wales, had a red dragon.

The dragon holds in its claw a fleem which is a medieval surgical instrument.

The wings are scattered with white discs which resemble pills so that in this crest there is a reference to both surgery and medicine.

The motto "We Serve" is inspired by the personal motto of HRH "ich dien ... I Serve".



Get in touch!

The TPCCH Staff Council wants to hear about things that could be done to improve the experience of staff and patients.

You can contact us:

- On [QHEPS](#).
- Send an [e-mail](#).

Kind regards,

Dr Lucy Dakin

Chair

The Prince Charles Hospital Staff Council

We uphold our commitment to health equity through our Values in Action
Respect | Integrity | Compassion | High Performance | Teamwork



Metro North Health acknowledges the Traditional Custodians of the Land upon which we live, work and walk, and we pay our respects to Elders both past and present.

Metro North Health's vision

Creating healthier futures together—where
innovation and research meets compassionate
care and community voices shape our services.



**Queensland
Government**

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