

Executive Director Caboolture, Kilcoy and Woodford Clinical Directorate

Jamie Spencer



Summary:

- Celebrate staff excellence next week
- Kilcoy Hospital Auxiliary Auction and AGM
- Coffee with Council
- Culture and connection - R U OK? Day
- Question of the week - answer
- Pet of the Week

Message feedback



Audience: All staff



Read time: 5+ min



For: Information

Dear CKW team,

I am looking forward to attending my first CKW Staff Excellence Awards event next week. From more than 250 nominations, we have a list of finalists that represents the diversity of fantastic work that is happening right across our directorate. You can view the full list [here](#). The event is happening on Wednesday from 10.30 am in the Caboolture Hospital Auditorium. I hope to see you there as we celebrate the very best from the last 12 months.

Kilcoy Hospital Auxiliary Auction and AGM

This week, I had the opportunity to attend the Kilcoy Hospital Auxiliary AGM and meet the wonderful volunteers who work tirelessly to raise money and support our community.

I'd like to thank Lesley Warren, who recently stepped down as Auxiliary President after 14 years. During her tenure, Lesley organised countless fundraising activities, from raffles to fashion shows, and delivered gifts to inpatients for Mother's Day, Father's Day, Easter, Christmas and other occasions. Thank you for your valuable contribution to the hospital and community, Lesley.



Denise Modistach, who commenced her nursing training at Kilcoy Hospital in 1977 and joined the Auxiliary in 1989, is the new Auxiliary President. She is supported by Joey Walker as Vice President, Shane Williams as Secretary, and Allison Kropp as Treasurer.

At the recent AGM event, I was pleased to present the Auxiliary with a Certificate of Appreciation from the Metro North Health Board in recognition of the many years it has supported and fundraised for Kilcoy Hospital.

The AGM followed the very successful donated goods auction held by the Auxiliary last weekend. More than 100 items were auctioned, raising \$2,500 for the hospital. These funds go towards buying items for patients and their families, such as the new outdoor table and chair set, daily newspapers, and a new coffee vending machine, which will be installed soon.



Coffee with the Council

The CKW Clinical Council recently hosted its second Coffee with the Council event, allowing staff to share ideas, raise concerns and contribute suggestions to support meaningful ward-to-board discussions at Clinical Council meetings. Coffee with Council takes place on the second Tuesday each month and welcomes any ideas to support patients and staff to help create positive change across CKW, all in exchange for a Common Good Coffee Voucher.

The Clinical Council is a staff-led forum, run by staff for staff, ensuring frontline voices are represented in discussions and decision-making across CKW. If you are interested in joining Clinical Council or have an idea to share, email the council [here](#).

Culture and connection - R U OK? Day

Yesterday was R U OK? Day, an annual event, centred around connecting with others to encourage conversations about mental health and wellbeing.

While our jobs in healthcare are rewarding, they can also be demanding. Taking the time to ask a colleague or friend how they're really doing can make a meaningful difference.

It was great to see teams across the directorate, including those pictured below, getting into the spirit of the day and taking time to catch up and connect with their colleagues. I was pleased to be able to attend a special wellbeing-themed Grand Rounds at Caboolture Hospital, where Staff Psychologist Scott Natho provided valuable insights into mental health and wellness. Later in the afternoon, I visited some of our teams and chatted to staff and handed out cupcakes.

Remember, support services are available to help connect people with any assistance they may need. More information is available on [QHEPS](#) and the [R U OK? website](#).

While R U OK? Day is important in highlighting connection and wellbeing; we strive to create a culture where asking 'R U OK?' is something that happens throughout the year.

Do you have something to share in Culture and Connection? [Let me know!](#)



Grand Rounds



Specialist Outpatients Dept

SEPTEMBER

'26

WHAT'S ON

- ★ PROSTATE CANCER AWARENESS WEEK
- ★ WORLD ALZHEIMER'S MONTH
- ★ CHILD PROTECTION WEEK 6-12 SEPT
- ★ WORLD SUICIDE PREVENTION DAY 10 SEPT
- ★ RU OK? DAY 10 SEPT
- ★ WORLD PATIENT SAFETY DAY 17 SEPT
- ★ DEMENTIA ACTION WEEK 21-27 SEPT
- ★ WORLD HEART DAY 29 SEPT

CKW EVENTS

- CKW SET FORUM 3 SEPT
- COFFEE WITH COUNCIL 9 SEPT
- GRAND ROUNDS R U OK DAY? 10 SEPT
- CKW STAFF EXCELLENCE AWARDS 16 SEPT
- CKW STAFF FORUM 22 SEPT
- METRO NORTH BOARD MEETING 29 SEPT
- FOOD TRUCK WEDNESDAYS

Question of the week

Last week's question was: *Which hand hygiene moment occurs before touching a patient?*

Answer: *Moment 1.* Click [here](#) to learn about the five hand hygiene moments.

Congratulations to this week's winner, Caboolture Hospital Registered Nurse Sheeba Daniel. It was great to meet Sheeba and present her with a free coffee voucher earlier this week.



World Sepsis Day

This Sunday is World Sepsis Day, an opportunity to raise awareness of sepsis and the importance of early medical intervention. In Australia, more than 12,000 people lose their lives to sepsis each year, and many survivors face ongoing health problems. To raise awareness and answer questions, Caboolture Hospital Clinical Nurse Consultant Celine Hill will be in the main foyer on Monday morning. I encourage you to stop by and chat to Celine to learn more.

Pet of the Week

This week's pet belongs to CKW Clinical Measurements Scientist – Advanced, Kathryn Treichel.

Name: Rocky (Almost 2yrs)

Breed: Bordoodle (Following careful consideration of bringing another dog into our family life after having Border Collies, we chose a Bordoodle to avoid constant hair loss. Unfortunately, Rocky takes after Mum and not poodle Dad, so there are tumbleweeds of hair EVERYWHERE! Lucky he is cute.)

Likes: Balls, people, balls, cuddles, balls, chewing

Dislikes: Being left alone



Kind regards,
Jamie

FOOD TRUCK WEDNESDAYS

2 SEPTEMBER - HAWKERS EATS

9 SEPTEMBER - FRITZ'S WIENERS

16 SEPTEMBER - THE PIZZA VIKING

23 SEPTEMBER - IT'S A WING THING

30 SEPTEMBER - NONNA MAKES



5-8PM MAIN ENTRANCE, CABOOLTURE HOSPITAL

Metro North Health



We uphold our commitment to health equity through our Values in Action
Respect | Integrity | Compassion | High Performance | Teamwork



Metro North Health acknowledges the Traditional Custodians of the Land upon which we live, work and walk, and pay our respects to Elders both past and present.

Metro North Health's vision

Creating healthier futures together—where innovation and research meets compassionate care and community voices shape our services.



**Queensland
Government**

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