

Executive Director Caboolture, Kilcoy and Woodford Clinical Directorate

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Summary:

- Metro North SET forum
- Recognising our staff
- R U OK?
- Become a hand hygiene auditor
- Question of the Week
- Aboriginal and Torres Strait Islander Health
- Culture and Connection
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- September food trucks

Message feedback



Audience: All staff



Read time: 5+ min



For: Information

Dear CKW team,

Yesterday we hosted the Metro North Senior Executive Team (SET) at Caboolture Hospital, including an all-staff forum.

Acting Chief Executive Naomi Hebson thanked staff for your work over the last month which has been particularly busy across CKW. It looks like these activity levels will continue into September with the ongoing impacts of seasonal flu and acute respiratory illnesses.

The forum also included an update on Future Metro North: Reimagining healthcare 2027-2042 which will be released soon. CKW has been actively involved in developing the 15-year roadmap, and planning specifically for our growing region. With significant growth planned for [Waraba](#), Metro North and CKW are looking at what new health services will be needed and the impact on our existing services.

There was discussion at the forum about patients experiencing discharge delay, the impact on acute services and what is happening at the state and national level. You may have seen media coverage this week highlighting the 1400 ready for discharge patients in Queensland hospitals waiting for aged or disability care supports, including many in Metro North hospitals.

Recognising our staff

CKW Staff Excellence Awards will be held on Wednesday 16 September from 10.30am at the Caboolture Hospital Education Centre Auditorium.

This year nominations for local awards can also be submitted into the [Metro North Staff Excellence Awards](#) by ticking a box. Nominations for the Metro North awards close on 9 September.

We are also calling for nominations for our monthly CKW Star of Service and Values Awards which will be announced at our September CKW staff forum. If you have a colleague who goes above and beyond, [give them a shout out](#).

R U OK?

Next Thursday 10 September is R U OK? Day. Join us for a special R U OK? Grand Rounds from 12-1pm at the Education Centre.

Do you feel confident talking to someone how they're feeling? R U OK? training is available for teams all year round to support staff when asking the question - not just once a year.

If you're interested in organising R U OK? training for your team, please reach out to the [Culture and Wellbeing Coordinator](#) team to discuss available options.

You can find out more about R U OK? and access resources on the [extranet](#).

Become a hand hygiene auditor

Are you looking for a new way to contribute to patient safety and quality care across Caboolture, Kilcoy and Woodford? We are encouraging administration staff to consider becoming a hand hygiene auditor.

Hand hygiene auditors play an important role in supporting safe care by monitoring hand hygiene practices and helping to maintain the highest standards of infection prevention across our facilities.

This week we are featuring Emma Cooper, Acting Senior Executive Support Officer, who recently completed the hand hygiene auditor training pathway and is proudly pictured wearing her new blue hand hygiene auditor shirt, awarded to all administration staff upon qualification.

If you're interested in joining our growing team of hand hygiene auditors, please contact [Infection Control](#) for the training pathway and enrolment information.



Question of the week

Which hand hygiene moment occurs before touching a patient?

[Email your answer](#) and you might be rewarded with a coffee voucher for The Common Good Café!

And if you don't know the answer, it might be time to brush up on your [mandatory training](#).

Aboriginal and Torres Strait Islander Health

Reflecting our commitment to health equity and Aboriginal and Torres Strait Islander workforce initiatives, the position of Manager, Aboriginal and Torres Strait Islander Health (CKW) is now Director, Aboriginal and Torres Strait Islander Health.

This change reflects the strategic scope of the role and ensuring leadership roles are recognised and aligned consistently across Metro North Health.

Culture and connection - Bunya or Bonyi Trees and Nuts

Bunya Trees (*Araucaria Bidwillii*) are native to Australia. Mainly found in southeast Queensland, the Bunya Mountains are named after these tall, ancient and sacred trees – with the bunya nut being a seasonal food sustaining Kabi Kabi people for many thousands of millennia.



Cultural significance: In years past, the bunya or bonyi nuts would be harvested by the Kabi Kabi people for gatherings and used for trading, ceremonial and law-making purposes, usually in the Bunya Mountains region. In more recent times there is a Bunya Nut Festival held once a year on the Sunshine Coast bringing community mob together in celebration.

Bunya trees and nuts have been a vital food source for the Kabi Kabi peoples and the many clan groups living on Kabi Kabi country as well as native Australian animals, like possums, wallabies and other marsupials.

However, don't be fooled by the bunya nuts, they can be very dangerous to be underneath the trees when the cones drop! The size of the cones has been likened to large footballs, and some can be as heavy as 10kgs!

The Bunya Tree is featured in our Caboolture Hospital artwork and on the front of the multi-storey carpark facing McKean Street.

Thanks to Janita Adams.

Do you have something to share in Culture and Connection? [Let me know!](#)

SEPTEMBER

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WHAT'S ON

- ★ PROSTATE CANCER AWARENESS WEEK
- ★ WORLD ALZHEIMER'S MONTH
- ★ CHILD PROTECTION WEEK 6-12 SEPT
- ★ WORLD SUICIDE PREVENTION DAY 10 SEPT
- ★ RU OK? DAY 10 SEPT
- ★ WORLD PATIENT SAFETY DAY 17 SEPT
- ★ DEMENTIA ACTION WEEK 21-27 SEPT
- ★ WORLD HEART DAY 29 SEPT

CKW EVENTS

- CKW SET FORUM 3 SEPT
- COFFEE WITH COUNCIL 9 SEPT
- GRAND ROUNDS R U OK DAY? 10 SEPT
- CKW STAFF EXCELLENCE AWARDS 16 SEPT
- CKW STAFF FORUM 22 SEPT
- METRO NORTH BOARD MEETING 29 SEPT
- FOOD TRUCK WEDNESDAYS

I Am Here

The "I Am Here" poster is more than a slogan. It represents my commitment to being present, approachable, and connected with our teams.

"I am here to support our teams that support our community" reflects the immense respect I have for the work you do every day and my commitment to ensuring staff feel heard, valued, and supported across our health service.



CKW Pets of the Week

This week's Pet of the Week submission is from Dr Rob McGrath, Deputy Director of Medical Services, CKW.

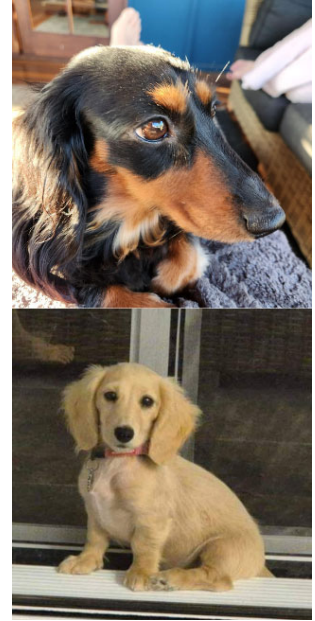
Name: Daisy and Rosie

Breed: Mini dachshund – Rosie 5 (dark) Daisy 1 (light)

Likes: Cuddles on the couch and food, lots of it!

Dislike: Wet grass on their little bellies

Have you got a pet you want to share? To have your pet featured, please send a photo and the above details [here](#).



Kind regards,
Jamie

FOOD TRUCK WEDNESDAYS

2 SEPTEMBER - HAWKERS EATS

9 SEPTEMBER - FRITZ'S WIENERS

16 SEPTEMBER - THE PIZZA VIKING

23 SEPTEMBER - IT'S A WING THING

30 SEPTEMBER - NONNA MAKES



5-8PM MAIN ENTRANCE, CABOOLTURE HOSPITAL

Metro North Health



We uphold our commitment to health equity through our Values in Action
Respect | Integrity | Compassion | High Performance | Teamwork



Metro North Health acknowledges the Traditional Custodians of the Land upon which we live, work and walk, and pay our respects to Elders both past and present.

Metro North Health's vision

Creating healthier futures together—where
innovation and research meets compassionate
care and community voices shape our services.



**Queensland
Government**

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