

Metro North Health

Message from the

Executive Director Community and Oral Health

Glynis Schultz



Summary:

- Week of Happiness
- Future Metro North consultation
- Brighton 80th Facts - Tubular times in the 80s
- Your Voice, Your Care: Understanding Consumer-Centred Care

[Message feedback](#)



Audience: All staff



Read time: 5 min



For: Information

Dear Team,

It is that fun time of year again! Get ready to bring a little extra connection and happiness to your service line!

COH Week of Happiness will run from Monday 21 to Friday 25 September 2026, with a different activity each day designed to get teams moving, connecting, celebrating and having a bit of fun together.

From Move it Monday and Tastebud Tuesday to Wear it Wednesday, Thankful Thursday and our Friday Scavenger Hunt, there are plenty of ways for everyone to get involved.

Check out the [attached flyer](#) for all the details.

Don't forget to capture the fun! Send in photos of your team participating throughout the week for your chance to take home the COH Week of Happiness Perpetual Trophy.

COH's Week of Happiness
is a fun and uplifting initiative designed to spark joy, boost wellbeing and strengthen connections
21st - 25th September 2026

Each day submit pictures of your service/facility celebrating morning, noon or night for the chance to win the COH Week of Happiness perpetual trophy! Email your pictures to COH-StaffCouncil@health.qld.gov.au

Monday 21st September - Move it Monday
Share a picture of your service showing how they get their body moving. Bonus points for costumes and creativity! This could be through dance, exercise or going for a walk outside. Ever wanted to try a laughing circle? Organise a laughing circle with your service and share the video with COH Staff Council.

Tuesday 22nd September - Tastebud Tuesday
Organise a morning tea/lunch where staff can bring a plate of their culture/favourite culture to share with others. Submit a picture of your morning tea/lunch to enter!

Wednesday 23rd September - Wear it Wednesday
Spread the happiness by wearing the rainbow! Teams are challenged to wear as much colour as possible to spread the joy!

Thursday 24th September - Thankful Thursday
Submit an anonymous compliment via the QR Code. COH Staff Council will collate these and share them with the nominated person or team. If you would like to remain anonymous please specify this in your request.

Friday 25th September - Scavenger Hunt
Create a team of 4-6 and have some fun with this scavenger hunt throughout the week! Scan the QR code to view all the instructions and submit your pictures. All photos need to be submitted together. The winning team will be rewarded with a special prize.

Future Metro North consultation

The **draft** *Future Metro North: Reimagining Healthcare 2027-2042* is now available for broad consultation: [Future Metro North Health - 2027-2042 - Staff Extranet](#).

Metro North are now seeking feedback on the current draft as we move towards finalising *Future Metro North*.



Attached for your reference are:

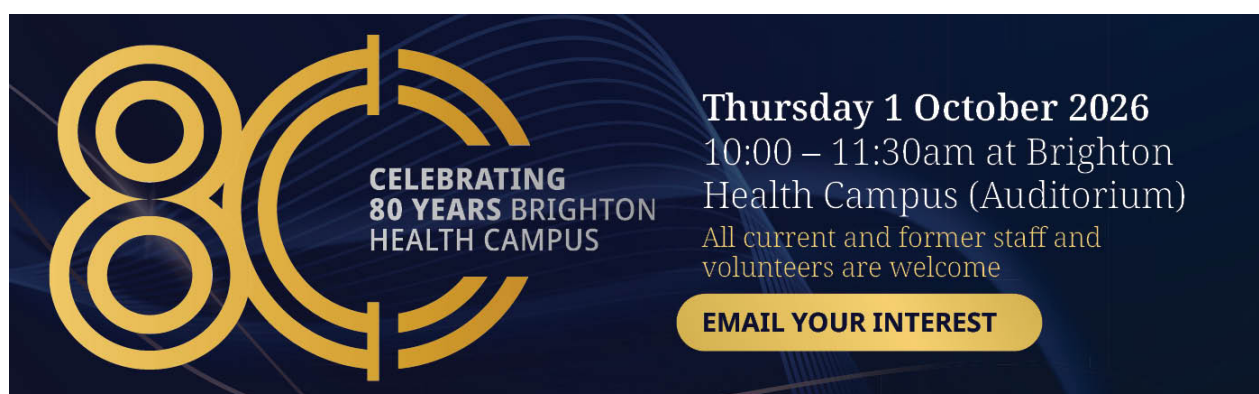
- [the draft *Future Metro North: Reimagining Healthcare 2027-2042* report](#);
- a [consultation flyer with a QR code](#) linking to the survey.

The survey link can also be accessed here: [Future Metro North Health – 2027-2042 – Staff Extranet](#).

Please take the time to review Future Metro North and have your say.

Broad participation will help ensure *Future Metro North* reflects the experiences, priorities and aspirations of the people we serve and provides a strong foundation for the future.

Consultation is open until **Tuesday, 6 October 2026**. There will also be numerous opportunities for staff to provide feedback, including the survey and targeted consultation sessions.



Brighton 80th Facts - Tubular times in the 80s

The 80s marked a significant period in the evolution of the Brighton Health Campus with the completion of the current buildings on site.

In the 1980's, the campus was reborn, with the establishment of the three-storey, bedded facility Dolphin House.

This major facelift was closely followed by the opening of Ebbtide, Flinders and Gannet House, and the continuation of the aged care legacy that has been imprinted on the campus for 80 years.

If we term these upgrades using some of the slang from the 80s it was an awesome, wicked, gnarly, bodacious and tubular time in the history of Brighton Health Campus!

As we continue to reflect on the history of Brighton Health Campus, all staff and volunteers are encouraged to attend the 80th birthday celebrations.



Brighton Health Campus 80th celebrations
Thursday, 1 October 2026
10.00 - 11.30 am
Brighton Health Campus Auditorium



Good healthcare is about more than the treatment you receive. It is also about being listened to, respected, informed and involved in decisions about your care.



Please view the local consumer videos which were developed to support healthcare staff to better understand and respond to the experiences of consumers.

We're sharing them with you because understanding what good consumer-centred care looks like can help you feel more confident to:

- Ask questions about your care
- Share your concerns and what matters to you
- Be listened to and treated with respect
- Be involved in decisions about your healthcare
- Speak up if something doesn't feel right
- Work together with your healthcare team

Your experience matters. Your voice matters. You have a role in your healthcare.

All videos are available on QHEPS at [Partnering with Consumers](#) | [Staff Resources](#) | [Community and Oral Health](#)

Glynis Schultz
Executive Director

Metro North Health



We uphold our commitment to health equity through our Values in Action
Respect | Integrity | Compassion | High Performance | Teamwork



Metro North Health acknowledges the Traditional Custodians of the Land upon which we live, work and walk, and pay our respects to Elders both past and present.

Metro North Health's vision

Creating healthier futures together—where innovation and research meets compassionate care and community voices shape our services.



Queensland
Government

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[Email us](#)