**Shaoulder Dislocations**

2018.2 Clinical Audit of Shoulder Dislocation Presentations

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**The Average Dislocator**

- **Median Age:** 29 (Mean 35.5 ± 17.9 SD)
- **Occupation:** Not Documented (80%)
- **Gender:** Male (83%)
- **Side:** Left (52%) 60% Dominant Limb
- **Dislocation:** Primary (48%) Anterior (90%)
- **Presentation:** Saturday (22%) PM (62%)
- **Mechanism of Injury:** Sport – All Grouped (31%) Mechanical Fall (18%)
- **Clinician Involvement:** Dr – Registrar (Treating 42%) Dr – Registrar (Reducing 44%)
- **Reduction Technique:** ENTNOX® (58%) Not Documented (80%)
- **Neurovascular Documentation:** Pre-reduction Only (44%)
- **X-Ray:** Pre & Post-reduction (75%)
- **Fracture Clinic Referral:** Yes (64%) 30% Non-attendance Rate
- **Average Fracture Clinic Wait Time:** 18 days (Adjusted Mean ±17.0 SD) 9 days (Median)
- **Discharge Advice:** Not Documented (54%)

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**Identified Areas for Improvement**

- Documentation of post-reduction neurovascular status
- Identifying bony injury – Bony Bankart & Hill-Sachs
- Only 1 in 6 were seen by a Physiotherapist
- Standardisation of discharge advice