



DOCTORS' WELLBEING SYMPOSIUM

Metro North Hospital and Health Service *Putting people first*

Redcliffe 'Medical Journey'

Grand Rounds, Thursday 23rd August 2018

Lecture Rooms 1,2 and 3, Education Centre, Redcliffe Hospital

Schedule:

TIME	EVENT ACTIVITY
11:30am – 12:00pm	Information booths and lunch
12:00pm – 12:15pm	Introduction by Dr Elizabeth Rushbrook, EDMS, MNHHS; and local panel
12.15pm – 12:40pm	<p>5-minute presentations by 5 speakers covering different perspectives of Doctor Wellbeing</p> <p>Junior Medical Officer – Dr Jeremy So Doctor in Training (Registrar/PHO) – Dr Paula Jeffries Early Career Consultant – Dr Karen Lim Senior Consultant – Dr Sue Colen General Practitioner – Dr Paul Angel</p> <p>Speakers and panel members have been asked to reflect on and address the following three questions:</p> <ol style="list-style-type: none"> 1. What are the issues and challenges for doctors at your stage of career (or in General Practice)? 2. What are the potential support mechanisms or other helpful things that can be used by doctors at your stage of career (or in General Practice)? 3. What is one piece of advice regarding Doctors' Wellbeing that you would share with your colleagues? <p>The format is intended as short engaging presentations (e.g. "TED"- talk style) without the use of PowerPoint slides.</p>
12:40pm – 1.00pm	<p>Panel Discussion and Q&A moderated by Dr Catherine Yelland</p> <p>Panel is formed from the 5 speakers and Ms Michelle Cowan, IR Advisor, AMAq</p>
1:00pm – 1:30pm	Information booths and lunch

Information Booths:

<p>Booth 1:</p> <ul style="list-style-type: none"> • BreastScreen (TBC) 	<p>Booth 2:</p> <ul style="list-style-type: none"> • QSuper 	<p>Booth 3:</p> <ul style="list-style-type: none"> • AMAq and QDHP 	<p>Booth 4:</p> <ul style="list-style-type: none"> • Fun Booth 	<p>Booth 5:</p> <ul style="list-style-type: none"> • ETHOS team from MNHHS 	<p>Booth 5:</p> <ul style="list-style-type: none"> • Voting Booth
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Voting Booths:

1. MSA questions: Should we have a Medical Staff Association? What would you want its role to be?
2. Nominations for excellent Junior Doctors and Consultants
3. Anonymously nominate excellent GPs who would be happy to see Medical Officers?



DOCTORS' WELLBEING SYMPOSIUM

Caboolture – Doctors' Wellbeing Symposium Metro South Coast Health Service Pitting people first

Grand Rounds, Thursday 30th August 2018

Education Centre, Caboolture Hospital

Schedule:

TIME	EVENT ACTIVITY		
11:30am – 11.45am	Welcome and introduction to the event by Dr Elizabeth Rushbrook, EDMS, MNHHS		
	Concurrent Sessions		
	Lecture Theatre	Seminar Room 3	Seminar Room 6
	Session 1	Session 2	Session 3
11.45am – 12.00pm	When THAT letter from AHPRA hits your desk! Rachele Mitchell LLB BN MDA	Doctors' Welfare and Wellbeing Dr Paul Alexander MIPS	Lollipop Moments Short TED video on everyday leadership and the impact we can have on others and never know it
12.05pm – 12.25pm	Keynote presentation with introduction by Mr Shaun Drummond, Chief Executive, MNHHS Doctors' Welfare Dr Bruhilde Davis Consultant Psychiatrist		
12:25pm – 12.45pm	Lunch and booths		
12:45pm – 1.00pm	Keeping Doctors' Healthy, Ms Michelle Cowan, AMAq	Topic TBA Queensland Doctors' Health Program	Just culture – restorative not retributive safety culture video Professor Sidney Dekker
1.05pm – 1.25pm	Ask the DDMS Q&A with a coffee (Barista)		
1.25pm – 1.30pm	Wrap up EDMS or DDMS Arrange follow-up Coaching Session by Mindworks and ongoing commitment to Doctors' Wellbeing		

Information Booths:

DOCTORS' WELL-BEING SYMPOSIUM



Booth 1: <ul style="list-style-type: none">• QSuper	Booth 2: <ul style="list-style-type: none">• MIPS and MDA	Booth 3: <ul style="list-style-type: none">• AMAq and QDHP	Booth 4: <ul style="list-style-type: none">• Neck Massages	Booth 5: <ul style="list-style-type: none">• RemServ
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Sponsors:

AMAq
QSuper
MIPS
MDA

Catering and Numbers:

60
Healthy finger food; The Common Good Café

Medical Services MNHHS to bring:

Evaluation cards
Pull-Up Banners
Retractable Card Holders