



DOCTORS' WELLBEING SYMPOSIUM

Metro North Hospital and Health Service Putting people first

TPCH 'Healthy Workplace'

Grand Rounds, Thursday 16th August 2018

Education Centre, TPCH

Schedule:

TIME	EVENT ACTIVITY
12:00pm – 12.30pm	Information Booths and canapes
12.30pm – 1:00pm	Mr Shaun Drummond, Chief Executive, MNHHS Dr Elizabeth Rushbrook, EDMS, MNHHS Dr Donna O'Sullivan, EDMS, TPCH Presentation: “Wellbeing, burnout and resilience: striking the right balance” Dr Andrew Teodorczuk, Staff Specialist MNMH-TPCH; Ms Mia Mariani, Clinical Neuropsychologist MNMH-TPCH
1:00pm – 1.15pm	Question time
1:15pm – 2:00pm	Information booths and lunch

Information Booths:

Booths are modified from the 7 categories of the Wellness Wheel

Booth 1: Physical Health <ul style="list-style-type: none"> • Hospital gym • Dietitian • Fatigue 	Booth 2: Occupational Health <ul style="list-style-type: none"> • Medical Executive 	Booth 3: Financial Health <ul style="list-style-type: none"> • QSuper (sponsor) 	Booth 4: Emotional Health <ul style="list-style-type: none"> • Medical Education • RMO Society (Mentors) • Hospital Mentors • DCT/s 	Booth 5: Social Health <ul style="list-style-type: none"> • RMO Society • Doctors' Society • C1
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