

Scar Management – Dermatix™ Silicone

What is Dermatix™?

Dermatix™ is a clear silicone gel. It helps scars to soften, flatten, reduce in colour and mature. It is not yet known exactly how silicone works but research has proven it is very effective.

How to apply Dermatix™?

- Do not apply to open wounds.
- Ensure your skin is clean and dry.
- Gently apply a small amount of Dermatix™ into the scar; it should soak into your skin within 4-5 minutes. If you apply too much, gently wipe away any excess with a tissue. Dermatix™ may stain clothing if excess is left on the skin.
- Apply Dermatix™ twice a day, once in the morning, once in the evening.
- Once dry, Dermatix™ can be covered with make-up if required.

What are the precautions?

Do not apply close to the eyes, or on the moist surfaces of your nose or mouth. Do not apply over other skin treatments.

Sometimes people get a skin irritation from Dermatix™ e.g.:

- redness on or around the scar
- rash on or around the scar
- itching that is beyond normal
- skin maceration (wrinkled and white)

If you experience any skin reactions, wash and dry your skin thoroughly, stop using the Dermatix™ and consult your Occupational Therapist (07 3646 7100).

When do I stop using Dermatix™?

Dermatix™ is for short term use only. When your scar becomes mature or almost mature you will no longer need to apply Dermatix™. Your Occupational Therapist will discuss this with you throughout your treatment.

Please contact your Occupational Therapist if you have any queries or concerns.

Occupational Therapist: _____

Phone: (07) 3646 7100